

# Soundings

THE NEWSLETTER FOR SHORELINE UNITARIAN UNIVERSALIST CHURCH, SHORELINE, WASHINGTON



## October 2011

### Worship Services Sunday 10:30 a.m.

Oct 2

#### “What’s a Church For?”

**The Rev. Bruce Bode, Guest Speaker**

This sermon will explore some fundamental questions about the role and value of religious institutions, and, in particular, liberal religious institutions, such as Shoreline Unitarian Universalist Church. This will be Rev. Bode’s second time in the pulpit at Shoreline. His first visit was in 2004.

🎵 Spirit Hand plays.

Oct 9

#### “Glimpses Through the Fog”

**The Rev. Heather Lynn Hanson, Interim Minister**

Human’s perceptions are limited by their physical abilities, but our thoughts, our imaginations and memories fill in the gestalt of uncertain glimpses. If you believe in Sasquatch because of what you have seen, and I have only seen bears, we are likely to disagree. Dare we open our minds to another’s incredible experience? How can we even talk to each other?

Oct 16

#### “The Most Radical Experiment”

**The Rev. Heather Lynn Hanson, Interim Minister**

Is it a religion that has outlived its relevance? How is it possible that this UU religion survives into the 21st Century? Can it survive another 50 years? Some say this IS the religion for our time. How so? Your thoughts are invited. This is also United Nations Sunday. A nod to another radical experiment. 🎵 Our Choir sings. New Member Recognition will be held during the service.

Oct 23

#### “Deeply Religious: Love is a Verb”

**Keith Kron, Guest Speaker**

Being a Unitarian Universalist in 2011 is not uncomplicated, no matter how life-saving and worthwhile it is. We’ll explore what it means to be a UU in today’s time and why our faith matters. Rev Keith Kron is the Director of the Transitions Office for the UUA, the office that helps congregations in ministerial search. A former resident of Blaine, WA, he returns to the Pacific Northwest to meet with district ministers and visit our congregation.

Oct 30

#### “Masks – for Fun and Survival” Intergenerational Service

**The Rev. Heather Lynn Hanson, Interim Minister**

**Chris Pollina, Director of Religious Education**

Children will join us for the first half of the service, as we talk about why we hide, how we hide, when the idea of costumes became connected to Halloween. Then the children will have time with Chris in Chrysalis while Rev. Heather Lynn speaks of “Masks, Illusions and Integrity” and conclude with the pulpit sermon on the election. If you have masks or picture of a mask you would like to bring, we will display them as part of the sanctuary décor.

## MINISTER'S REPORT

**THE REV. HEATHER LYNN HANSON**

### *The Interim Passage*



October Greetings, friends.

As the leaves turn red and gold, and days turn cold and gray, I'm reminded of a poem from grade school: "The Mist and All" by Dixie Willson:

I like the fall / The mist and all.  
I like the night owl's lonely call  
And wailing sound / Of wind around.

I like the gray / November day  
And dead, bare boughs that coldly sway  
Against my pane. / I like the rain.

I like to sit / And laugh at it  
And tend my cozy fire a bit.  
I like the fall / The mist and all.

When I can sit and laugh at it, it feels different from when I must walk through torrential rain or constant drizzle. But even that, I remind myself, is not unpleasant when I take time to prepare with boots and rain gear. After all, I was born in Oregon and I chose to return to the Northwest. I am reminded (as I pay a speeding ticket) that having time for doing things with intention means saying "no" to some activities so I can say "yes" to others. I am often seduced by an illusion of necessity to do everything I can possibly fit into the time I've allowed. Which means, of course, that the slightest miscalculation or delay causes me to be late, to rush, to not savor the gifts of the day that are there if I would just notice.

Which reminds me of a limerick my dad used to recite: There was a young bard from Japan, / whose poetry no one could scan. / When told this was so, he replied, "Yes, I know. But I always try to get as many words into the very last line as I possibly can."

I don't meditate as a discipline; "no time" I say. But I have come to realize that claiming moments of serenity and balance takes intention, but not a lot of time. Thich Nhat Hahn reminds us to "breathe and smile, breathe and smile." I can do that while I wait at a stop light, while I wait for my computer to boot or download, while I wait for someone to answer my phone call, or the tea water to boil. Breathe and smile. Maybe I need a poem to recall.

Wishing you time to sit and laugh at "it."

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### **Come to Hear The Rev. Bruce Bode, Guest Speaker**

The Rev. Bruce A. Bode kicks off our 2012 Stewardship Pledge drive October 2nd, with a sermon about the role and value of liberal religious institutions in our lives. Rev. Bode, a native of Lynden, Washington, has served congregations in the Midwest and South before coming to beautiful Port Townsend, where the UU members built their own sanctuary. Now, with his leadership, they have built a second sanctuary to accommodate their growing congregation.

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**PLEASE NOTE:** Rev. Hanson will be out of the office October 24-26 to attend the fall meeting of Pacific NW District Ministers. She can be reached in emergency, but otherwise will return calls and emails Wednesday evening, October 26.

**SUUC Annual Budget Process**



Each year at SUUC we go through the process of funding our mission. Whether you attend SUUC for the spirit of community, for the music, for the spiritual insight or for the chance to make a change in our community, our church’s life comes from our lives, and **each year** we pledge again to support its vision.

I thought I would take up my “corner” of the newsletter to briefly review the budget process for SUUC. If you have any questions or suggestions, please feel free to email me at ldmccarty at q dot com.

Best regards,

Laura

Activity	Date	Responsibility
<b>Issue request for budget input —</b> Committees estimate how much funding they will need to carry out their goals for the following year	<b>Early fall —</b>	<b>VP - Finance and Treasurer</b>
<b>Budget requests due from Committee chairs and staff</b>	<b>Approximately one month prior to the annual Stewardship Drive</b>	<b>VP - Finance, Treasurer, Committee Chairs, Staff with Budget Line Items</b>
<b>Annual Stewardship Drive</b>	<b>Varies — but usually October of the calendar year prior to the budget year</b>	<b>Stewardship Committee</b>
<b>Board reviews Stewardship Pledges</b>	<b>Usually November of the year prior to the budget year</b>	<b>SUUC Board of Trustees, Treasurer</b>
<b>Board adjusts Budget to be in line with Stewardship Pledges and votes on adjusted budget —</b> If the pledge drive goal is not met, the Board meets to make adjustments in the proposed budget. Other members and friends are welcome to participate.	<b>By December Board meeting</b>	<b>SUUC Board of Trustees, Treasurer</b>
<b>Presentation of Budget to Congregation for review and vote at the January Congregational Meeting —</b> If you are a voting member of the church, your input helps direct how our income is spent.	<b>January of the Budget Year</b>	<b>SUUC Board of Trustees, Treasurer, Voting Members</b>

## BOARD NEWS

**ELIZA SUTTON, BOARD SECRETARY**

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### Highlights of September 13, 2011 Board Meeting

Present: Karen Thompson, Laura McCarty, Peggy Williams Scott, Julie Houff, Eliza Sutton, Heather Lynn Hanson. Absent: Ben Tompkins (sick)

We planned the Board retreat, to be held 9 a.m.-5 p.m. on Saturday, September 24, which will include reviewing the Provocative Propositions which the congregation felt were most important, with plan to develop goals for the Board and the congregation to move forward on these; also reviewing the purpose, function, and goals of the Board, and reviewing committees at SUUC.

Financial report. Cindy and Laura have put together a preliminary budget and relayed it to the Stewardship Committee for setting pledge drive goals. Requests for 2012 were included without revision; revision might need to occur when the actual budget is put together in January. Cindy and Laura are putting all of the payroll information into Quickbooks and are reorganizing some budget line item groupings. Laura presented a draft of financial policies and roles and responsibilities.

We discussed the Stewardship Ambassador training session that was held on Friday September 16 at 7 p.m. Board members are all serving as Stewardship Ambassadors, along with the Stewardship Committee and several others from the congregation.

We want to express thanks to so many people who help out in so many ways. We appreciate hearing the Worship Companion briefly thank specific people who are helping that day.

The next Board meeting will be held on Tuesday October 11, at 7 p.m. in the Conference Room.

Respectfully submitted,  
Eliza Sutton  
Board Secretary

## MEMBERSHIP

**KRISTA TENNEY — MEMBER ACTIVITIES COORDINATOR**

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Fall is officially here. Leaves are changing color, the weather is turning cool and wet and activities at SUUC are heating up! The Fall New Membership Orientation classes are scheduled for Wednesdays, September 28 and October 5, 6:30 – 8:30 p.m. “The Liberals Guide to the Bible” and “Developing Dependable Strengths” sessions are Sunday mornings 9-10 a.m. before the service and, if you are interested, please know that you are welcome to attend. Beginning Wednesday evenings 7 -9 p.m., October 12 through November 16, Heather Lynn will be leading “A Chosen Faith” coursework. Space for these will be limited, however, and there will be a charge for the book. The registration form will be in an upcoming Order of Service insert and in the SUUC eBulletin. The Reader’s Theatre Group has been planning a Mystery

Theatre event scheduled for the end of the month, and more information will be coming soon!

Other events can be found on our website and by joining our SUUC Facebook page; we can keep you up to date and in the loop. The SUUC 2012 Stewardship Drive will commence on October 2 and every Sunday during the month long drive, there will a different musical offering to delight AND inspire you! Take a moment to stop by the SUUC Information Bulletin Board and see the photo of the Stewardship Ambassadors. They are eager to talk with you as you can tell by their smiles!

— Krista Tenney, Membership Activities Coordinator, [tenney@shorelineuu.org](mailto:tenney@shorelineuu.org)

The Religious Education program is up and running once again and it's off to a great start, with a full teaching roster that includes three brand new enthusiastic teachers, and even substitutes (!). Thanks to everyone who was able to volunteer this year; please let me know what I can do to help you be successful throughout your time teaching and I will do my best to make it happen! For those of you with children in our program, **please remember to fill out a registration form for your child or children** if you haven't yet done so and either hand it to me on a Sunday morning or put it in my mailbox in the Conference Room (just to your left as you come through the doors).



This month the RE Committee is putting on the first of our **monthly family potlucks!** On Friday, October 7th 6-8 p.m., all families are invited to Chrysalis for food, fun, and conversation. There will be a mask-making activity with the kids, board games, and anything else you'd like to bring – if the weather is still good (not likely, but here's hoping!) we can migrate outside for soccer/four square/hide and seek/whatever else people are in the mood for. Please bring a fall-themed dish (however you define that) and any musical instruments you'd like to play or share. Folks without kids are of course welcome – we just wanted to have a social night centered around kids and parents so that the children could have something more to do than simply wait for adults to stop talking about boring adult stuff! I'd like to set the date for these monthly potlucks as either the first or second Friday of the month. If either one of these doesn't work for you on a regular basis, please let me know so that we can have a date that works for the most people.

I hope everyone is having a smooth transition from summer into fall, vacation back to school, and being outdoors to staying in. May your soups be hearty and your upcoming holidays be meaningful and memorable.

### **Upcoming Events**

#### **Sunday, October 2 – Children's Church**

*Kids age 4-13 will join together in Chrysalis for stewardship-themed activities to mark the beginning of our church's stewardship drive.*

#### **Friday, October 7 – Family Potluck, 6-8 p.m. in Chrysalis**

*See details above.*

#### **Sunday, October 9 – RE Committee Meeting, 12-1:30 p.m., East Portable (2nd Sundays)**

*Stop in to learn about what's going on in RE now and in the future, to let us know what you'd like to see happen in the future of the RE program. Teachers and parents are especially encouraged to attend one or more meetings a year. Childcare is available – please contact me a week or more in advance if you plan on attending with children in tow.*

#### **Friday, October 21-23 – CONtinUUity: Fall Youth Conference in Randle, WA**

*"For many youth, our time at Con is sacred and precious: cuddle puddles, worship, respect, radical inclusiveness, and love. How did this community come to be? How do we improve? How do we bring this culture out of Con into the rest of our world? CONtinUUity will explore these questions and give us tools to create the future of our hopes and dreams."*

#### **Sunday, October 30 – Children's Church**

*Kids age 4-13 will join together in Chrysalis for Halloween-themed activities.*

— Chris Pollina, [shorelinedre@gmail.com](mailto:shorelinedre@gmail.com) / 206-240-5500

### Ministerial Search Committee Update for October

Thanks to all of you who attended the Beyond Categorical Thinking Workshop, facilitated by Eddy Carroll and Rocci Hildum on September 18. There were 42 people in attendance. At the workshop we learned some fascinating information about the search process. We learned that in the US and Canada, there are 110 congregations in search this year. We learned that of the approximately 140 Unitarian ministers seeking new positions, it is estimated that 15 are people of color; 25 are gay, lesbian, bisexual, or transgendered, and several have disabilities of various sorts. There are more females than males in search (although historically, males are more likely to receive interviews), and the age of the ministerial candidates ranges from the 20s to the 70s.

During the workshop, we experienced thought-provoking exercises and examined some of our own reactions and possible concerns about calling a minister from various categories as we opened our hearts and minds to the variety of ministers who might apply to be our next settled minister.

Also at the workshop, there were many questions asked and answered about the search process itself. To give you an overview of our timeline: In October, we will be finishing a description of our congregation (the congregational record and packet) to share with prospective candidates. Next, in November and December, we will begin hearing from prospective ministers and receiving their packets. This part of the search process is confidential for many reasons, among these, the ministers may not have told their congregations that they are searching. Eventually the search committee will narrow down the pool and interview several candidates and hear them preach – this part of the process takes place in February or March. The Search Committee will then select the person they feel is the best match for our congregation and will invite that person to come meet our congregation for a “candidate week.” Candidating week provides many opportunities for interaction between the congregation and the candidate, including various informal events, receptions, and of course worship services led by the candidate. The week culminates in a congregational vote on whether or not to call this individual. For a minister to come, the vote must be very positive – practically unanimous.

A question that came up during the workshop – which is an important question, is “Why can’t the congregation meet all of the top candidates for minister and hear them preach? Wouldn’t that give us more of a choice?” The reason why such a practice is not recommended by the UUA is that it often becomes destructive to both the candidates and the congregation. Suppose one group prefers Candidate A and lobbies for that candidate, while another faction prefers Candidate B, etc. The congregation would be split apart before the process is completed and it is unlikely that any candidate would receive the vote of confidence needed for a successful ministry.

It is important to remember that the process of calling a minister is more like asking someone to marry you than it is like searching for an employee. In order for a ministry to be successful, the whole congregation must bond with this one person. That’s why the UUA recommends that the congregation carefully choose a search committee and entrust them with the responsibility to choose which candidate to present to the congregation. History shows that the process works well.

We really value your questions and concerns, so don’t hesitate to share them with us. At any time during this search process, we encourage you to speak with us (by mail, phone, fax, text, email or in person) to share your ideas or concerns. Each of you has valuable opinions about who we are, where we want to go, and what kind of ministerial presence will be most fulfilling. We want to hear from each of you!!

Search Committee Members:

*Rick Wilson*, [rickwilson7863@msn.com](mailto:rickwilson7863@msn.com)

*Lauren Harris*, [lbhrosie@comcast.net](mailto:lbhrosie@comcast.net)

*Catherine Crain*, [catherine\\_crain@comcast.net](mailto:catherine_crain@comcast.net)

*Nancy Macdonald*, [cdnbvr76@aol.com](mailto:cdnbvr76@aol.com)

*Tom Beeler*, [thomas.e.beeler@gmail.com](mailto:thomas.e.beeler@gmail.com)

*Noel Bain*, [nbain@u.washington.edu](mailto:nbain@u.washington.edu)

*Paul Borrmann*, [kdonn55@comcast.net](mailto:kdonn55@comcast.net)

## Stewardship Drive

### What's happening in October?

Columbus Day? Yom Kippur? Oktoberfest? Halloween? Yes, all of those, but more to the point, SUUC's annual Stewardship Drive. The Stewardship Committee, along with Heather Lynn and a cast of... well, dozens, anyway... will offer special presentations, announcements, musical events during services all through the month, highlighting the drive. This year's drive is particularly important, occurring as it does in the midst of our search for a new minister.

### What is the church fiscal year?

As most of you know, the fiscal year of any organization represents the period for which a budget is constructed, and during which expenses are accrued against revenue received. In SUUC's case, the fiscal year coincides with the calendar year. The Stewardship Drive during the month of October will be for pledges to be collected during the fiscal year beginning January 2012, and our budget for that year will be based in large part on the total amount pledged during October. After examining our needs for the coming year, the Stewardship Committee, in concert with the Board of Trustees, believes we must raise almost 17% more this year than last.

### Urgent Snail Mail!

By the time you read this, you will probably have received the packet the Stewardship Committee is sending to each member of the congregation, with information about this year's drive. It includes information about where the church is now, financially, and where we hope to be both in order to maintain ourselves as an active, welcoming congregation and to enable us to become the church we wish to be.

### What is a Church Ambassador?

Over the past several weeks, the Stewardship Committee has approached many of you to help with this Drive, and some thirty church members have agreed to become Ambassadors. Each of these will be assigned three or four other members of the congregation with whom to talk personally about the church and our relationship to it, the direction in which we are going as a congregation, and importance of this year's Stewardship Drive. At the end of these conversations, Ambassadors will collect a pledge card to return to the Committee. In no case, of course, will members be asked to reveal the amount of their pledge to the Ambassador.

### What is a Step?

Among the materials included in the packet you will receive you will find a "Step Chart." This chart demonstrates graphically the shape of giving in our congregation. It divides last year's monthly pledges into a number of levels, and indicates how many pledges were made at each level. I think each church member will find it as interesting as did the members of the Committee. We ask each of you at this time to look deeply into your hearts and your finances. If each of us can move up one or two steps, we will easily make our goal for this drive. With a strong financial grounding, Shoreline Unitarian Universalist Church will truly be ready to Step Up to a New Day.

**Shoreline Ambassadors** (In alphabetical order): Laura Banks, Nola Beeler, Shirley Beresford, Paul Borrmann, Marge Burgy, Bruce Campbell, Todd Crandall, Bernice Ege-Zavala, Homer Henderson, Julie Houff, Judy Kalitzki, Joe Knight, Roseanne London, Cindy Lyons, Ann Maxwell, Sharon Maynard, David Mc Carty, Laura McCarty, Jo Moore, Chris Poole, Jan Soderling, Ann Skutt, Eliza Sutton, Karen Thompson-Lowe, Ben Tompkins, Cheryl, Udd, Lex Voorhoeve, Peggy Williams Scott, Laura Westbrook, Rick Wilson.



### Membership

If you missed the first session of our New Member Orientation in September you may still attend the second part Wednesday, October 5, 6:30-8:30. Child care is available. Please call the office to let us know you plan to come.

If you have been a UU member of another congregation, the October 5 session is still important for membership at SUUC. If you missed Session One in September, but want to become a member in October, call Heather Lynn right away for a “make up” meeting.

We will welcome new members in the service October 16<sup>th</sup>.



### UN Sunday 2011: Empowering Women for a Better World from the SUUC Partner Church Committee

Each year the Unitarian Universalist United Nations Office (UU-UNO) invites congregations and individual UUs to reaffirm—particularly during the month of October—the connections between our UU principles and the vital issues dealt with at the UN.

The United Nations was founded in 1945, following the Second World War. The UN is a global association of governments that facilitates cooperation in international law, security, economic development and social equality, aiming to protect human rights and achieve world peace.

As believers in social justice, we Unitarian Universalists need to be mindful of and work on local, national and international issues. We need to be global citizens. The United Nations is a link to the world, and the UU-UNO is a link to the UN. The UU-UNO has chosen “Empower Women for a Better World” as the 2011 focus theme.

SUUC will highlight United Nations on October 16th.

### SUUC Service Project at Food Lifeline

By the time you receive this, Hunger Action Month (September) will have ended. It is unfortunate that hunger won't have ended as well. Thanks to everyone who contributes to this project by bringing food for the box, making contributions when the Plateshare is Food Lifeline, and working at the warehouse repacking food for the food banks.

#### October Date: Tuesday, October 18.

The project begins promptly at 6 p.m. and ends at 8 (Please don't arrive after 6:05 because the doors lock and we won't be able to hear you knock.) Everyone is welcome. Please remember to wear closed-toe shoes.

**Address:** Food Lifeline at 1702 NE 150th Street (near the former Fircrest School area). Turn east on NE 150th off 15th Avenue NE in Shoreline. Drive a short distance and watch for the driveway into the Food Lifeline parking lot and warehouse on the left. There's a small Food Lifeline sign to mark the turn.

**Next month's date is Tuesday, November 15, 2011.**

*Please sign up at the Welcome Table or by contacting Laura “FoodBanks” ([laurabanks1@comcast.net](mailto:laurabanks1@comcast.net) or 206-235-3611).*

*Watch for information in upcoming weekly eBulletins about our October Plateshare.*

## **SUUC Program for Lifelong Learning & Enrichment Experiences (LLEE)**

During the month of September, a pilot program was initiated to hold LLEE sessions before and after Sunday services. Bill Main and Jerald Forster each offered sessions during September, and plan to continue during the month of October.

Jerald will continue to have sessions during the 2<sup>nd</sup> (10/9/11), 3<sup>rd</sup> (10/16/11), and 4<sup>th</sup> (10/23/11) Sundays of October, taking place in the North Portable from 9 to 10 a.m. These sessions will continue with participants telling others participants short stories about their best experiences, followed by explorations of possible strengths and passions that were identified by others who were hearing the stories. Participants in September sessions found these interactions to be interesting and satisfying. New participants can start on any of the Sundays, since the format is flexible and can be adapted for the people attending. It is hoped that these types of interactions will result in more relationships among SUUC members that can be characterized as STRENGTHS-FOCUSED-RELATIONSHIPS, which will eventually result in a congregation that can be called a STRENGTHS-FOCUSED-CONGREGATION.

The Bible for Liberals, led by Will Main, continues Sundays in October. They will discuss Chronicles and Kings and spend the rest of the time on the book of Psalms. This class is held in the Conference Room, 9-10 a.m.



### **A Few of My Favorite Things Joyce Allison and Friends in Concert Saturday, October 8, 7:30 p.m.**

Please join us for a benefit concert for SUUC's General Fund. Repertoire will include dramatic works from opera, classical, and musical theater.

Suggested goodwill donation \$10. In the Dome.

Questions? call Joyce at 425-424-8711, or see her at church.



## **SUUC Women's Circle**

Our regular Women's Circle is on the first Saturday of each month. On October 1, there is an amazing day planned by others on various aspects of Mental Health.

I am canceling our October circle with the suggestion that you check out what this day focused on Mental Health has to offer. There will be lectures in the morning, a great soup luncheon and mini-workshops in the afternoon.

We will be back as a circle of women on November 5th.

Join us as often as you can!

Sharon Maynard, 425-774-1142

## **WA UU Voices for Justice Legislative Conference**

Join UUs from across the state at WA State UU Voices for Justice's 6th Legislative Conference Saturday, November 12th, 9:30 a.m.-3 p.m., at East Shore Unitarian Church, Bellevue.

Driven by the state's budget crisis, this year's agenda will focus on the need to preserve critical state services through equitable revenue policies. Speakers will address important social and environmental issues that will come before the 2012 Legislature, and offer ideas for effective ways to bring UU values of justice and equity to our legislators.

For Legislative Conference updates and other information on bringing our values into the public square, subscribe to the WA UU Voices newsletter at [www.uuvoiceswa.org](http://www.uuvoiceswa.org) or contact UU Voices Coordinator Carol McKinley, [coordinator@uuvoiceswa.org](mailto:coordinator@uuvoiceswa.org).

### Why Tell Stories: Family Storytelling

There are many good reasons to tell stories. Storytelling is the least costly yet most effective means of entertainment available to any family. It creates an intimate, from-me-to-you feeling that is extremely satisfying for both tellers and listeners.

For centuries, stories have been a highly effective way to explain and pass on the ethical and moral values of the family. They have been known to be therapeutic and healing. Most of all—telling stories is fun.

While reading aloud to children is important in preparing them to be good readers, through oral storytelling we experience verbal playfulness and the imaginative responses that can be called forth from us all.

Some years ago veteran storytellers Ellin Greene and Laura Simms conducted an extensive survey. Children, when asked in this survey, “What would happen if there were no stories in the world?”, gave some surprisingly perceptive answers:

One child replied: “People would die of seriousness.”

Another: “There wouldn’t be a world, because stories made the world.”

—from *The Family Storytelling Handbook* by Anne Pellowski, pp.1-3

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### We Care!!

Are you going through a tough time in your life when a little help could ease your burden? You are part of our caring community, so don’t hesitate to ask for help! Our Care Team is ready to provide support services, including transportation, brief respite care, support for caregivers, light housecleaning, and meals during a crisis. If you need assistance, you may call the monthly Care Team Coordinator directly or contact the church: 206-363-7994 / [office@shorelineuu.org](mailto:office@shorelineuu.org). You will be referred to a Care Team Coordinator who will listen to you and match your needs to someone who will provide the appropriate help. Your request is confidential. The Care Team Contact for October is Eliza Sutton, 206-351-9763.

### Grounds Work Party & Plant Amnesty

Plant Amnesty will be holding a Spanish speaker’s pruning workshop on the grounds of Shoreline Unitarian Universalist Church on Friday, October 7th, 8:30 a.m. to 4 p.m. All pruned branches will be chipped, and we will have a MOUND of chips to spread at our work party (which will be Saturday, October 8th, 9 a.m. - 2 p.m.). If you are dying to get into the dirt before then, just pull weeds. Thanks!

Plant Amnesty will hold a classroom portion in Chrysalis for a few hours in the morning. In the afternoon, multiple teachers will be around the grounds, and students will learn hands-on skills for different plants. Anyone interested in viewing Cass Turnbull’s CD (in English) on pruning, contact me. Interested church members who understand Spanish may attend the classroom portion of the workshop free, as part of Plant Amnesty using our grounds for the workshop. If you do not understand Spanish, but wish to attend the hands-on portion, you can select an English-speaking instructor to “shadow.”

That is my segue into the work party on Saturday! October 8th, 9 a.m. to 2 p.m. I will be there to help direct. We will have LOTS of chip mulch to spread. If you cannot attend to work, anything you can contribute, food- or drink-wise, will be greatly appreciated. If you would like to work alone, earlier or later than the actually scheduled work party, just contact me.

Here are other things I’d like to accomplish on Saturday: cut back the lemon balm and St. John’s wort to the ground, hard prune the lavender, and plant some winter vegetables on bare ground spots.

Thanks, and happy gardening,  
*Laura Westbrook*

## The Green Space by SUUC Green Justice

Recommended articles:

### Green Actions:

\* **Featuring a UU Hero**— <http://www.alternet.org/environment/151803/environmental-activist-tim-dechristopher-sentenced-to-prison-tells-the-court-%22this-is-what-hope-looks-like%22/?page=1>

\* **Featuring events or causes SUUC Greens directly involved with**— <http://www.forbes.com/sites/amywestervelt/2011/08/17/the-big-pr-lesson-companies-still-need-to-learn-about-facebook/>

<http://understory.ran.org/2011/08/30/ran-founder-randy-hayes-on-why-he-was-arrested-at-the-white-house-today/>

<http://www.tarsandsaction.org/day-14-author-naomi-klein-indigenous-leaders-join-keystone-tar-sands-pipeline-protest/>

### Raising the bar for everyday greening—

<http://www.yesmagazine.org/planet/10-tips-for-a-zero-waste-household>

Please refer to the September Soundings for complete information on the current SUUC project on adopting a Resolution on the Right of Indigenous Peoples. If you support SUUC endorsing it, please sign our petition. The petition will be at the Welcome and/or Green/Social Justice tables, at the back of the Sanctuary, after church and on the Social Action Bulletin Board. The three goals of the Resolution are to: 1) appoint a congressional commission, which will include Indigenous community representatives and non-indigenous representatives, to determine how to incorporate the United Nations Declaration into, and remove an unjust Doctrine from our laws and judicial system, which will likely be a time intensive process. It took over 25 years for several groups to create the UN Declaration, so all the more reason to get this started, now; 2) implement the UN Declaration on the Rights of Indigenous Peoples; and, 3) repudiate the Doctrine of Discovery, which gave license to “Christian” explorers to dominate Native non-Christian Peoples, and which set a precedent that continues, to this day, to cause harm to Indigenous communities around the world, as well as to our environment, in general.

—Julie Houff

## Addictions and Recovery Ministries

Persons with mental illness and their families often turn to faith communities for help. It requires preparation and education to be the Caring Congregations that can best be of help.

We draw your attention to two upcoming events we are hosting to bring the attention of our congregation and others to mental health ministry:

**On Saturday, October 1, 2011, we welcome Rev. Barbara F. Meyers Chair of the Unitarian Universalist Mental Health Caucus** who will present a lecture from 10 - 12 p.m., and workshop, from 1 - 4 p.m., light lunch provided. Barbara Meyers, a national leader in mental health ministry, leads the Mental Health Ministry at the Mission Peak UU Congregation in Fremont, CA. She is host of the public access TV show “Mental Health Matters.”

**On Sunday, November 6 at 10:30 a.m. when SUUC will welcome as our pulpit guest, Rev. Craig Rennebohm of the Mental Health Chaplaincy** (an outreach mission of the Prospect Congregational United Church of Christ in Seattle). His 25-year ministry with the homeless and mentally ill on the streets of Seattle inspired his book, *Souls in the Hands of a Tender God*.

We are very excited to bring you these exceptional leaders in Mental Health Ministry.

—Submitted by Chris Poole, Bill Norton, and Barbara Cornell

## COMMUNITY PAGES

### Parking During the Week

Please remember that if you visit our church weekdays during the daytime, use the parking spaces in the part closest to the building, which are reserved for us. The Evergreen School has rented all the other spaces and will be parking in them.

### Sunday Dream Group

Meets second Sunday of the month; facilitated by Tricia Davis. We will be meeting Sunday, October 9th right after the service, 12 to 2 p.m. in the East Chrysalis Room. New members are welcome. Please come to share your own dreams or simply participate in the group, searching cooperatively for the meanings in the dreams shared by others. Sharing dreams in a group this way strengthens the fabric of community and helps to meet our desire for belonging and connection. For information please contact Tricia at [pmdavis500@aol.com](mailto:pmdavis500@aol.com).

### October Schedule of Sunday Volunteers

	<b>Greeters:</b>	<b>Ushers:</b>	<b>Coffee Servers:</b>
Oct 2:	Sallianne Davis & Jan Soderling	Marge Hampton & Christina Horst	Joe Knight & Kristina Selset
Oct 9:	Barbara Stilson & Kevin & Sara Brock	Paul Borrmann & Tracy Monaghan	Teresa & Noel Bain
Oct 16:	Marilyn Thompson & Lex Voorhoeve	Paul Borrmann & Tracy Monaghan	Sallianne Davis & Ellen Henderson
Oct 23:	Eliza Sutton & John Sahr & Linda Merriam	Homer Henderson & Barbara Stilson	Vickie Brodine & Kristina Selset
Oct 30:	Barbara Cornell, Julie & Trevor Houff	Christina Horst & Homer Henderson	Cal Spangler & Bruce Adair

### Shoreline Unitarian Universalist Church

14724 First Avenue NE, Shoreline, WA 98155-6806 206-363-7994 [www.shorelineuu.org](http://www.shorelineuu.org) [office@shorelineuu.org](mailto:office@shorelineuu.org)

#### *Soundings*

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 Laurie Radin

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Submission deadline for **Soundings** is usually the 20th of the preceding month by 10 a.m. Include your name with submitted materials. Articles are accepted in any readable format, but PC-compatible electronic copies are appreciated. Email articles to [office@shorelineuu.org](mailto:office@shorelineuu.org) OR place hard copy in the Administrator's mailbox inside the conference room.

# October 2011

## **Saturday, October 1**

10 a.m.-4 p.m..... Mental Health Ministry Program, Sanctuary

## **Sunday, October 2**

9-10 a.m..... The Bible for Liberals, Conference Room

10:30-11:30 a.m..... Worship Service, Sanctuary

2-5 p.m..... Memorial Service for Mim Collins

## **Wednesday, October 5**

6:30-8:30 p.m..... Membership Orientation, Chrysalis

6:30-8 p.m..... Care Team Meeting, Conference Room

6:30-7:30 p.m..... Potluck Picnic, Orchard

## **Thursday, October 6**

6-7:30 p.m..... Choir Practice, Sanctuary

7:30-9 p.m..... Connector's Chalice Circle, Conf. Room

7:30-9 p.m..... Sine Nomine Chalice Circle, N. Portable

## **Friday, October 7**

8:30 a.m.-3:30 p.m.. Plant Amnesty Training, Chrysalis

10:15-11:30 a.m..... Friday Meditation, Nursery

5-9:30 p.m..... Family Potluck, Chrysalis

## **Saturday, October 8**

9 a.m.-2 p.m..... Grounds Work Party, Outside

7:30-9 p.m..... Joyce Allison & Friends Concert, Sanctuary

## **Sunday, October 9**

9-10 a.m..... The Bible for Liberals, Conference Room

9-10:15 a.m..... Sharing Positive Experiences, North Port.

10:30-11:30 a.m..... Worship Service, Sanctuary

12-2 p.m..... Dream Group, East Chrysalis Room

12-1:30 p.m..... RE Committee, Chrysalis

## **Monday, October 10**

1:30 - 3 p.m..... Monday Chalice Circle, Nursery

## **Tuesday, October 11**

9:30-11:30 a.m..... Worship Planning Committee, Conference Room

7-9 p.m..... Board Meeting, Conference Room

7-9 pm..... Women's Group, East Chrysalis Room

## **Wednesday, October 12**

11 a.m.-12:30 p.m... Music Committee, Conference Room

6:30-7:30 p.m..... Potluck Picnic, Orchard

## **Thursday, October 13**

9:30-11 a.m..... Food for Soul, Forster Residence

6:30-7:30 p.m..... Choir Practice, Sanctuary

## **Friday, October 14**

10:15-11:30 a.m..... Meditation, Nursery

1:45-3:45 p.m..... Reader's Theatre, Sanctuary

## **Sunday, October 16**

9-10 a.m..... The Bible for Liberals, Conference Room

9-10:15 a.m..... Sharing Positive Experiences, North Port.

10:30-11:30 a.m..... Worship Service, Sanctuary

## **Wednesday, October 19**

6:30-7:30 p.m..... Potluck Picnic, Orchard

## **Thursday, October 20**

10 a.m..... Soundings copy deadline, Office

6-7:30 p.m..... Choir Practice, Sanctuary

7:30-9 p.m..... Sine Nomine Chalice Circle, N. Portable

## **Friday, October 21**

10:15-11:30 a.m..... Meditation, Nursery

12-1 p.m..... Senior Brown Bag Lunch, Conference Room

1:30-2:30 p.m..... Membership Committee, Conference Room

## **Sunday, October 23**

9-10 a.m..... The Bible for Liberals, Conference Room

9-10:15 a.m..... Sharing Positive Experiences, North Port.

10:30-11:30 a.m..... Worship Service, Sanctuary

## **Monday, October 24**

1:30-3 p.m..... Monday Chalice Circle, Nursery

## **Tuesday, October 25**

7-8:30 p.m..... Stewardship Meeting, Conference Room

## **Wednesday, October 26**

6:30-7:30 p.m..... Potluck Picnic, Orchard

## **Thursday, October 27**

9:30-11 a.m..... Food for Soul, Forster Residence

6-7:30 p.m..... Choir Practice, Sanctuary

## **Friday, October 28**

10:15-11:30 a.m..... Meditation, Nursery

5-10 p.m..... Dress Rehearsal for Mystery Theatre, Sanctuary & Chrysalis

## **Saturday, October 29**

1-3 p.m..... Memorial Service for Joan Kerns, Sanctuary

6-9 p.m..... Mystery Theatre Production, Sanctuary

## **Sunday, October 30**

9-10 a.m..... The Bible for Liberals, Conference Room

9-10:15 a.m..... Sharing Positive Experiences, North Port.

10:30-11:30 a.m..... Worship Service, Sanctuary

**SHORELINE UNITARIAN  
UNIVERSALIST CHURCH**

14724 First Avenue NE  
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206-363-7994

Email: [office@shorelineuu.org](mailto:office@shorelineuu.org)  
Website: [www.shorelineuu.org](http://www.shorelineuu.org)

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Rev. Heather Lynn Hanson, *Interim Minister*  
Chris Pollina, *Director of Religious Education*  
Frederick N. West, *Music Director*  
Krista Tenney, *Member Activities Coordinator*  
Laurie Radin, *Administrator*

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*Board of Trustees:*

Ben Tompkins, President; Karen  
Thompson and Julie Houff, Co-Vice  
Presidents; Laura McCarty, Vice Presi-  
dent Finance; Eliza Sutton, Secretary;  
Peggy Williams Scott

***Vision:***

*To become a leading voice of liberal religion in  
the Northwest,  
by continuing to act locally, while thinking  
regionally, nationally, and globally.*

***Mission:***

***SUUC is a caring community  
that celebrates the growth of mind  
and spirit and inspires us to create a  
more just world.***

***Values:***

*Affirm and promote the UU Principles.  
To grow our human and financial resources in  
service of our mission and vision.*

**SHORELINE UNITARIAN  
UNIVERSALIST CHURCH**

has declared its buildings  
and grounds a  
**Weapons-Free Zone**

SUUC is a UUA-certified  
**Welcoming Congregation.** We  
welcome diversity of ability, age, class,  
culture, ethnicity, gender, race, reli-  
gious and nonreligious backgrounds,  
and sexual orientation.



**OUR CONGREGATION** is a member of the Unitarian Universalist Association

## Soundings

**Shoreline Unitarian  
Universalist Church**

14724 First Avenue NE  
Shoreline, WA 98155-6806

