

# Soundings

THE NEWSLETTER FOR SHORELINE UNITARIAN UNIVERSALIST CHURCH, SHORELINE, WASHINGTON



**September 2011**

**Worship Services Sunday 10:30 a.m.**

**The Rev. Heather Lynn Hanson, Interim Minister** except where noted

Sept 4

**“Nose to the Grindstone, Shoulder to the Wheel”**

A recognition and appreciation? of the hardest jobs we’ve tackled, and what they have done to our mind, body and soul. Think back to one of the toughest (for you at that time) jobs you ever did. The scariest? What did you learn about yourself from it? What did you learn about that kind of work? We’ll talk about all kinds of labor, easy, hard, lone, unionized, and cooperative. **This is a family service**; children can talk about their chores; grandparents can talk about pre-automated work (or maybe learning to use electronics was scary?) No Children’s Religious Education today. We’ll sing a few old work songs along with our UU songs.

Sept 11

**“Seared into History”**

A decade has passed since the world watched repeated videos of the airplane attacks of September 11, 2001. Where were you? What did it mean then, to you? How have you changed since then? What do we understand about ourselves, our nation, the changing faces of war? hope? reconciliation? This service will give you time to reflect, to light candles, and to share. The children’s story will be about how kids deal with their frightening and sad feelings (but we won’t go into the 9/11 story with them). Spirit Hand will sing.

Sept 18

**“A Hopeful Journey”**

**By Guest Speaker Eddy Carroll**

**Sponsored by the Ministerial Search Committee**

“I will be inviting people to celebrate our Universalist forbears’ focus on hope. Sharing how I have always been able to turn to that focus on hope as a gay man living with AIDS.” The Choir will sing. Children’s story by Rocci Hildum. (See more on Eddy Carroll on page 3.)

This Sunday we have another milestone in the search process. As recommended by the UUA, we are hosting the service followed by a workshop called **“Beyond Categorical Thinking”** for all SUUC members and friends. This event will give us an opportunity to think deeply about our hidden assumptions and biases as we seek to call a minister. It should be enlightening and challenge us to deep reflection. Please come to the service and workshop – and lunch will be provided!

Sept 25

**“UU Revival”**

An uplifting, joyful service of music and brief homilies to affirm our UU tradition and the things we treasure about our liberal heritage. Music by Julia Black and several SUUC members. Also possibly a report from our Ministerial Search Committee which will be fascinating.

## MINISTER'S REPORT

**THE REV. HEATHER LYNN HANSON**

### *The Interim Passage ~ Diving In*



From the leisurely pace of summer we all dive into the activities of the fall: school begins for kids and instructors, choir begins rehearsals, RE teachers meet their children, the Board of Trustees goes on retreat to plan and set priorities for the year, the Stewardship Committee makes plans for the upcoming Stewardship Drive in October, and members wonder with eager interest in the outcome of the Search Committee Survey. September and October will be full of important and fun events: new Adult Education classes will launch; you will set priorities for the year's Plate Share offerings; the congregation will participate in the Beyond Categorical Thinking workshop, and then celebrate with a UU-style "Revival." We'll invite our returning visitors to attend a membership orientation series. We'll kick off the Stewardship Drive with a guest speaker, Rev. Bruce Bode. There will be programs both enjoyable and moving to help us understand mental health issues in our congregation and to hear wonderful music. Be watching for more opportunities to get acquainted with fellow SUUC members and friends over food, games, and other activities.

Together you are building a community of open-minded religious liberals— deepening friendships, enlarging your understanding of religious thinking, shouldering the responsibilities that help the community continue to thrive and flourish. September may be a perfect time for you to consider volunteering for something you've never done before — both to expand your skills and to meet different folks. (One easy way to lend a hand is to volunteer for the Membership Committee and help out with one of the New Member Orientations.) Talk to President Ben Tompkins, or to Krista Tenney, Membership Activities Coordinator, or to me to find out where your mind and heart could make a helpful difference here.

Warmly,

*Heather Lynn*

### **We'd Like to Welcome YOU as a Member of SUUC!**

You've been visiting with us for a while, maybe even attended some of our activities. You know it is a great place, with fun, interesting people, sermons, and programs. We'd love for you to help us make it even more meaningful!

We offer you a chance get to know us better at our New Member Orientations gatherings on Wednesday, September 28th and October 5th, 6:30-8:30 p.m. We will have snacks and conversation – and child care! Find out more about the Unitarian Universalist faith, learn more about SUUC, and get acquainted with other new folks and current members. You can ask the questions you've been contemplating! Sign up at the Welcome Table in the sanctuary, or call Jennifer Brock (206-708-7346) or the church office (206-363-7994) if you would like to attend these or any future orientation session.

*What's happening in October?*

As of July, 2011, SUUC again has a Vice President-Finance. During our first board meeting after the election at the Congregational Meeting in June, the board members elected officers. Ben Tompkins remains as Board President. Karen Tompkins and Julie Houff are co-Vice Presidents. Eliza Sutton remains as Board Secretary. I have moved from Vice President to Vice President of Finance. I'm excited and a little bit daunted as no one has held this position for a while. However, with such good board support, and with our new Treasurer, Cindy Lyons, I hope to be able to meet the congregation's expectations in fulfilling the obligations laid out in our bylaws: "The Vice President/Finance shall be responsible for all financial affairs of the church. He or she will present a written monthly financial report to the Board, and an annual report to the congregation at the Annual Meeting. He or she will be responsible for preparing an annual budget for Board approval. He or she may be bonded at the expense of SUUC. The Vice President/Finance may be assisted by a Treasurer and/or bookkeeper, recruited by the VP/Finance and approved by the Board. Article 8 Section 1."



The first financial task which we are undertaking is developing the budget for the 2012 calendar year. Unfortunately, just as Cindy and I were beginning to review our finances, the office computer which houses our Quickbooks financial data experienced a hard drive crash. Laurie is working with an external computer repair company to attempt to recover our files. If worse comes to worst, we have paper backups of all of our data and would be able to recreate our financial information — though doing it just now as we need information for Stewardship is less than ideal. I will keep you up to date on where we stand in recovering or recreating our financial information via Soundings and weekly e-bulletins. *[Editor's note: we successfully recovered all files after this was written.]*

It is really vital that the committees and anyone else in the congregation with a budget expense line item submit their budget request for 2012 to Cindy Lyons and to me by 8/31/11. The request should include the requested amount along with a narrative which explains how the money is to be used. If you have not yet submitted a budget, please do so as soon as possible.

After developing a budget for review with the board, my next task will be to flesh out a Policy on Financial Responsibility for SUUC. This would include items like a matrix showing who is authorized to incur expenses on behalf of the church and a description of roles and responsibilities of the various individuals with financial authority at SUUC, among other topics. I will be drafting this policy for review with the board during the September board meeting. If you have any input/feedback, please let me know at ldmccarty at q dot com.

I look forward to sharing information about our financial health in the coming months so that we can continue to move toward our vision of becoming a leading voice of liberal religion in the Northwest.

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### **Background on Sunday Guest Speaker**

Eddy Carroll, our guest speaker on September 18, is a self-declared UU Evangelist, always willing to share "our good news" with others. He has been an active member of three UU congregations, serving in every level of leadership at each of them. He is presently a member of First Unitarian Denver where he co-chairs the RE Committee, is a High School Advisor, coordinates the Leap of Faith Team and is on the Connections Ministry Group. He is a former Board Member of Continental Interweave and has been a Beyond Categorical Thinking Facilitator for the UUA since 2001. He lives in Denver with his partner of 24 years, Glenn, and their three dogs, a toy poodle, a "schnoodle" and a "toodle."

## BOARD NEWS

**BEN TOMPKINS, PRESIDENT**

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### Board Notes

The annual Board of Trustees retreat is set for Saturday, September 24, and this year it will be a full day meeting. One of the activities at the retreat will be to compare how your Board does business with board and board member evaluation material from other churches. Discussing the “provocative propositions” is one of the other topics on the retreat agenda.

We are fairly on track for our budget. We are now set up with CompuPay Payroll Services. Laura and Cindy continue to work out accounting and payroll issues.

There were two financial requests approved. The first involved shifting Worship Planning money from a service where the guest speaker is not asking a fee to a workshop of the Addictions and Recovery Ministries where we will share the workshop presenter’s travel expenses with another church. The Board also authorized up to \$2,500 from the church emergency fund to cover three unbudgeted maintenance expenses including repainting the parking lot stripes, cleaning and treating the sanctuary roof, and replacing some of the dead parking lot light fixtures.

The board thanks Cal Spangler and Joe O’Malley for their work on the parking lot lights.

Sunday, September 18, after church the Ministerial Search Committee will be hosting a workshop on our attitudes on ministerial candidates from marginalized populations.

## MEMBERSHIP

**KRISTA TENNEY — MEMBER ACTIVITIES COORDINATOR**

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Welcome back! As summer comes to an end, and fall begins, we are pleased to announce the initiation of the SUUC Program for Lifelong Learning & Enrichment Experiences (LLEE). Primary times will be on Sundays, from 9 to 10:15 a.m. and/or 12:15 to 1:30 p.m. Sessions could be scheduled at other times if space is available at the requested times. SUUC members who volunteer to organize and facilitate learning/enrichment experiences will facilitate the LLEE sessions. Potential facilitators can initiate sessions by describing the expected learning experience in less than 50 words, and submitting the description to the LLEE Committee by the 15th of the month prior to month when the sessions will be offered. These descriptions will be included in the next month’s *Soundings*, along with the time and location for the sessions.

New topics and extensions of the learning/enrichment sessions will be listed in the *Soundings* each month. The Pilot Program for LLEE starts September 11, 2011.

1. Rev. Bill Main: Topic: The Bible for Liberals; 9 to 10 a.m.; meets in the Conference Room. This is an on-going program. See description on page 10.

2. Jerald Forster: Topic: Sharing your Best Memories and Developing Strengths-Focused-Relationships; 9 to 10:15 a.m.; meets in the North Portable. See description on page 6.

Contact Krista or Jerald Forster (206 -523-2931) for more information. We look forward to hearing from you.

I would also like to draw your attention to an upcoming Volunteer Fair that FAITH, (Faithful Action in Transforming Homelessness) will be hosting on Saturday, Sept. 24th from 10 a.m. – 2 p.m. at the Shoreline Covenant Church, 1330 N. 185th St., Shoreline. This is an opportunity to network with other North King County Agencies that work alongside the homeless community, share with other churches about work they are doing and take part in a mini-advocacy workshop. More information can be found on their website: [www.faihadvocacy.org](http://www.faihadvocacy.org). I am planning on attending; if you would like to do so, please let me know!

—Krista Tenney, Membership Activities Coordinator [tenney@shorelineuu.org](mailto:tenney@shorelineuu.org)

Hello everyone! As you read this, the RE year is just about to get started. As I mentioned in my Soundings article last month, a lot will be different this year. There'll be changes in age groupings, when the youth group meets, additional opportunities for family events during the year, and much more, too much in fact for me to write about here – a letter should have reached all of you by now with more details about what to expect for the 2011-12 RE year. If you haven't received it, please let me know so I can get one to you. Please check out the calendar below as there are many things to keep in mind for this month.



As you may have noticed, our RE classes are not bursting at the seams. Last year there were many days when there would only be two children in a given class. This can be a real problem – it's often less fun for the kids and discouraging for teachers who have spent time planning activities that won't work with so few children. It's also far from an ideal use of our church's collective resources to have 20 teachers in charge of an RE program of 20 kids when the same number of volunteers could easily teach twice this number. When considering ways to address this problem, the idea of **Bring-A-Friend day** arose.

In the next few weeks, I encourage you to invite someone (or some-*ones*) you know to SUUC with you on September 25th. The reason many UUs don't invite folks to our church is for fear of being perceived as pushing our religion on other people. We don't want to come off as evangelizing zealots and with good reason. Also, for those who have been here a long time, it becomes easier to take it for granted and for it to seem completely normal. But instead of looking at it from this angle, I invite you to try this practice sometime in the next week: spend five minutes reflecting on ways your involvement in the UU church has made your life better. There's a lot to consider – sermons, music, friendship, having a place for children to grow and learn, potlucks, chalice circles, and on and on.

When I ask myself this question, I think, first and foremost, of my time in the RE program and youth group in my home church of Nashua, NH. Being able to listen to and be heard by people in a real and open way is something that didn't happen anywhere else in my life. Also, though it seems normal to me, hearing that all the world's religions had value from an early age is of inestimable importance in my life as well, and is something many people have to struggle to learn after their childhood. Many people don't understand this principle for their whole lives. If I hadn't gone through those experiences, I don't know where I would be today, but I'm sure my life would be a lot less rich.

So, are there times when church has been great for you? I sure hope so, and I hope that there's someone you'd like to share that greatness with...preferably on September 25. See you all on a Sunday soon!

### Upcoming dates:

Sunday, September 4 – Labor Day Intergenerational Worship

Tuesday, September 6 – Teacher Orientation, 6:30 - 8:30 p.m., Chrysalis

Sunday, September 11 – RE year kick off – all kids together in Chrysalis

RE Committee Meeting, noon – 1:30 p.m. in the East Portable

Sunday, September 18 – First day of RE classes

Sunday, September 25 – Bring-A-Friend Day

—Chris Pollina, Director of Religious Education, [shorelinedre@gmail.com](mailto:shorelinedre@gmail.com), 206-240-5500

*Watch your snail-mail the week of September 26*

### SUUC Needs Your Plate

#### Share Recommendations

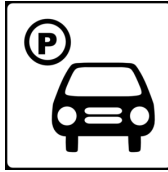
Several times during the year SUUC offers the opportunity for Sunday attendees to share monetary gifts with other nonprofit organizations dedicated to healing our world in some way. However, there are sooooooo many to choose from. How do we decide? After a meeting was held in August, we decided that we wanted to begin to narrow down using the preferences/criteria below.

- 1) Must be a registered 501(c)3 organization;
- 2) mission/work must align with our UU values;
- 3) focus on local groups preferred: locally funded and working to help with local needs;
- 4) known for, and can be verified as having a high percentage of funds going toward its mission/work.

We need your specific organization recommendations. If you have information that can be used to narrow down prospects, such as, financial/budget statements/mission statement, success stories, website address, or other pertinent reports, please get them to the Plate Share Social Action Subcommittee. You may call or email Julie Houff (in the directory), or contact in person: Julie, Barbara Cornell, Heather Lynn, or Marge Burgy at church. Or place information into the Social Action mail box. There will be a sheet on the Welcome Table to list basic information.

*What is a step?*

### Our Parking Lot Turns Green!!!!



Actually, SUUC, through the Rental Committee (Laurie and Rick), has entered into an agreement with The Evergreen School to have them rent most of our parking lot for their teachers and staff during the school day (7 a.m. to 5 p.m.) for the next year. So, **if you visit our church weekdays during the daytime, please use the parking spaces in the part closest to the building**, which are reserved for us. The school personnel will be parking in all the other spaces.

It's a real win-win-win! SUUC earns some rental income, the Evergreen School gets off-street and away from neighbors parking, and our parking lot gets used much more efficiently. Yea!

### How About a Local Interfaith Partner?

#### from the SUUC Partner Church Committee

Last month SUUC had a guest speaker whose topic was "Why are Americans so frosty about the 'Arab Spring?'" Reference was made to the Unitarian Universalist Service Committee's (UUSC) Building Bridges program. This program assists UU congregations in exploring links to faith communities of other faiths in their local communities. For more info, see the UUSC website at [www.uusc.org/buildingbridges/toolkit](http://www.uusc.org/buildingbridges/toolkit). East Shore UU in Bellevue hosted a Building Bridges workshop last May organized by their Peace Ministry Team. For more info on what East Shore is doing, see their website at [esuc@eastshoreunitarian.org](mailto:esuc@eastshoreunitarian.org).

For SUUC, Building Bridges could be an opportunity to develop an intercultural partnership while focusing on our local community.

For more information about the SUUC Partner Church Committee contact Will Main at [revwdmain@aol.com](mailto:revwdmain@aol.com) or Bill Norton at 206-632-7177.

### Sharing Positive Experiences & Developing Strengths-Focused Relationships

Jerald Forster will facilitate the exchange of stories about good experiences, which will encourage the articulation of strengths and passions possibly not previously expressed. Participants will have opportunities to talk with others in pairs and/or quads about the best parts of their lives.

The group will meet from 9 to 10:15 a.m., Sunday morning, September 11, in the North Portable. Participants will be invited to continue Sundays, September 18 & 25 at 9 a.m. Call Jerald, 206-523-2931, for more information.

## Ministerial Search Committee Update for September

During the summer, we have been gathering data in order to accurately describe our congregation to potential ministers. We collected your input with a survey, to which over 100 of you responded. Thank you for your participation! In mid-August, we had a wonderful Search Committee Retreat at Camp Casey on Whidbey Island, facilitated by Rev. Dana Worsnop, of Atkinson Memorial Church in Oregon City. The retreat focused on team building and laying out the rest of our work plan for the year.



Now our work becomes more intense! We will use the survey responses, as well as the data that Heather Lynn and the congregation has compiled over the last year (and possibly more interviews or focus groups) to construct our Congregational Record – i.e. a description of who we are and where we’re headed. Once complete, this will be posted on a website hosted by the UUA – this website allows searching congregations and ministers to find appropriate matches. After posting our congregational record, we will hear from interested ministers and if they seem like a good match, we will send them a fuller packet describing our church. So the next big piece of our work is to create the congregational record and packet. This is something that we can definitely use your help on – researching and compiling a great deal of information in the next few weeks. We will be creating a link to put our church packet online for prospective ministers.

Coming on September 18, we have another milestone of the search process. As recommended by the UUA, we are hosting a service followed by a workshop called “Beyond Categorical Thinking.” This event will give us an opportunity to think deeply about our hidden assumptions and biases as we seek to call a minister. It should be enlightening and challenge us to deep reflection. Please come to the service and workshop – and lunch will be provided!

At any time during this search process, we encourage you to speak with us (by phone, fax, text, email or in person) to share your ideas or concerns. Each of you has valuable opinions about who we are, where we want to go, and what kind of ministerial presence will be most fulfilling. We want to hear from each of you!!

Search Committee Members:

Rick Wilson, [rickwilson7863@msn.com](mailto:rickwilson7863@msn.com)

Lauren Harris, [lbhrosie@comcast.net](mailto:lbhrosie@comcast.net)

Catherine Crain, [catherine\\_crain@comcast.net](mailto:catherine_crain@comcast.net)

Nancy Macdonald, [cdnbvr76@aol.com](mailto:cdnbvr76@aol.com)

Tom Beeler, [thomas.e.beeler@gmail.com](mailto:thomas.e.beeler@gmail.com)

Noel Bain, [nbain@u.washington.edu](mailto:nbain@u.washington.edu)

Paul Borrmann, [kdonn55@comcast.net](mailto:kdonn55@comcast.net)

## SUUC Women’s Circle News

The September SUUC Women’s Circle will be hosting Patty Zeitlin as she facilitates, **Translating “Hard to Hear” Messages.**

Patty has taught Compassionate, Non-violent Communication to hundreds and will begin our focus to learn new skills in building relationships. Join us to discover what this information can bring to your life and relationships.

We will begin the day with our circle of sharing that offers so much to those who attend.

Saturday, September 10, 10 a.m. to 12 noon, in Chrysalis.

If you have questions, call Sharon Maynard at 425-774-1142.

## We Care!!

Are you going through a tough time in your life when a little help could ease your burden? You are part of our caring community, so don’t hesitate to ask for help! Our Care Team is ready to provide support services, including transportation, brief respite care, support for caregivers, light housecleaning, and meals during a crisis. If you need assistance, you may call the monthly Care Team Coordinator directly or contact the church: 206-363-7994 / [office@shorelineuu.org](mailto:office@shorelineuu.org). You will be referred to a Care Team Coordinator who will listen to you and match your needs to someone who will provide the appropriate help. Your request is confidential. The Care Team Contact for September is Sue Schiller, 818-7679; Clint McMahan is her backup, 363-1226.



### A Few of My Favorite Things Joyce Allison and Friends in Concert October 8, 2011 7:30 p.m.

Please join us for a benefit concert for SUUC General Fund. Repertoire will include dramatic works from opera, classical, and musical theater.

Suggested good will donation \$10. In the Dome.

### Stories of Your Experience of Grace

**Fall Equinox, September 23, Chrysalis Hall, 7 to 8:30 p.m.**

Please join our community as we tell each other our stories of a rare and precious experience of grace. Please bring a story of when you felt communion with the sacred or a moment of profound connection with life. As you create the story you intend to tell, you might reflect on what stood out for you in your experience. What qualities were most alive for you? What inner or outer factors seemed to make you receptive to this sublime moment of grace? How has that timeless moment lived on and/or influenced your life? How has it affected your relationship to other people or creatures? In telling these stories of grace we are creating a community centered on our shared experiences. We will begin and end the evening of stories with rituals connected to our theme of grace and spirit.

For more information contact Bill Norton at 206-632-7177 or Cynthia Westby at [cynthia@cynthiawestby.com](mailto:cynthia@cynthiawestby.com).

### Scrabble Party!



Plenty of places are still available at the Scrabble tables

Saturday, September 24, 7 p.m. Chrysalis Hall  
*Boards provided, plus snacks, drinks and prizes*

If you have already signed up as part of the Auction,  
just show up!

If not, you can pay at the door, \$5 per person  
*All proceeds benefit the church operating fund*

Children welcome

Questions?

Contact Sue Leisy, 206-313-7721, [suell85@comcast.net](mailto:suell85@comcast.net)  
or Cindy Lyons, 206-282-5623, [lyonscindy@gmail.com](mailto:lyonscindy@gmail.com)

### Food Lifeline Service Project

September is Hunger Action Month all over the United States. Food Lifeline has developed a calendar and activities for children and families to take action around helping end hunger (<http://foodlifeline.org/news/calendar/HAM.html>).

At our church, we help out every month on the third Tuesday of the month from 6 to 8 pm. (This means, if you are like me, it is helpful to mark all the Food Lifeline Tuesdays on your calendar for the rest of the year and next year.) For those of us who attend (and there are lots of SUUCers who have attended and do attend regularly), it is an opportunity to deal with an important issue in our community and we get to hang out with people from church in a way that Sunday morning doesn't allow for. Please come join us.

In August, Kristina Selsset, Lukas Illa, Frank, Jennifer, Lucas, and Anna Kleyn and I helped pack breaded frozen pollock for 300 food banks all over western Washington served by Food Lifeline.

**This month's date: September 20, 6 - 8 p.m.,** at Food Lifeline, 1702 NE 150th St., Shoreline. Directions below:

Turn east off NE 15th St. on to NE 150th and take the first left into the parking area. Go beyond the state labs on the left and Food Lifeline is directly in front of you. It is important to be there by 6 p.m. because the front door is locked at 6:05 and sometimes cell phones don't work very well inside the facility. Be sure to wear closed-toe shoes.

Next month's date: October 18.

Sign up at the Welcome Table (FL likes to have an idea of how many of us are coming) and feel free to call Laura FoodBanks at 206-235-3611 or email at [laura-banks1@comcast.net](mailto:laura-banks1@comcast.net) with any questions.

## SUUC Green/Social Justice Project: SUUC/UU Resolution on the Rights of Indigenous Peoples

This project was introduced at church on July 31. If you weren't there, you can begin to catch up here — the rest of the information will be at the Green/Social Justice table. You may also contact Julie Houff for assistance.

### IMPORTANCE OF THE ISSUE

By discussing this issue, and adopting the resolution, the congregation of this church will participate in actions directly related to the seven UU Principles. We will send a strong message of support to Indigenous Peoples nationally, and clearly establish our position to the leaders of our country and our denomination.

### SUMMARY OF THE PROJECT

Launched at the 2010 UU General Assembly, the project's goal is to encourage churches throughout the United States to pass a resolution. The goals of the resolution are to: 1) implement the UN Declaration on the Rights of Indigenous Peoples, which has the support of all UN countries: <http://www.un.org/esa/socdev/unpfi/en/drip.html> ; 2) repudiate the Doctrine of Discovery, which gave license to "Christian" explorers to dominate Native "non-Christian Peoples," and which set a precedent that continues, to this day, to cause harm to Indigenous communities around the world; and, 3) appoint a congressional commission, which will include Indigenous community representatives and non-indigenous representatives, to determine how to incorporate the UN Declaration into, and remove an unjust doctrine from our laws and judicial system.

This UU project answers the call from Indigenous Peoples around the world asking all faith traditions/people of conscience to support their efforts to realize their basic human rights, obtain fair justice in our courts, and be granted the freedom of self-determination. You may want to visit the "Unitarian Universalists Working Together To Repudiate the Doctrine & Endorse the Declaration" web site, [www.rd-ad.org](http://www.rd-ad.org), to read additional background information and current commentary on the issue.

### THE RESOLUTION

The resolution is written in the accepted style used for proclamations and resolutions presented to or by governing bodies. It contains one BECAUSE statement which establishes the congregation's interest in the issue. It contains twelve WHEREAS statements which detail the history and importance of the issue. And finally, it contains five RESOLVE statements, which declare the actions being requested. You may sign up to be emailed copies of the resolution. There will also be a few copies on the Green/Social Justice and Welcome tables if you don't have email handy.

Examples of dominion-related issues near and far:

Western Washington-Documentary information: [http://marchpointmovie.com/?page\\_id=13](http://marchpointmovie.com/?page_id=13)

Australia: <http://www.abc.net.au/local/photos/2011/07/13/3268747>.

Palestine (now almost entirely Israel): <http://whatreallyhappened.com/WRHARTICLES/mapstellstory.html>  
<http://www.aidtoisrael.org/section.php?id=379>

Documentary: (shown at Edmonds UU three years ago) <http://topdocumentaryfilms.com/the-iron-wall/>

Canada: <http://forestethics.org/enbridge-pipeline>

<http://www.indigenousportal.com/Mining-and-Extractive-Industries/Tar-Sands-Environmental-Justice-Treaty-Rights-and-Indigenous-Peoples.html>

<http://www.petropolis-film.com/#/videos/slideshows/>

<http://www.tarsandsaction.org/scientists-keystone-xl-obama/>

Green Link: Progressive salmon run protection and rehabilitation:

<https://secure2.convio.net/sierra/site/Advocacy?>

[pagename=homepage&page=UserAction&id=6725&autologin=true&311Z1100A1&JServSessionIdr004=n5mcfp7ka1.app225a](https://secure2.convio.net/sierra/site/Advocacy?pagename=homepage&page=UserAction&id=6725&autologin=true&311Z1100A1&JServSessionIdr004=n5mcfp7ka1.app225a)

## COMMUNITY PAGES

### The Bible for Liberals

New class beginning Sunday, September 11. For adults and teens. Facilitated by the Rev. Will Main. 9-10 a.m. in the Conference Room, every Sunday. This is an opportunity for us to have an informed opinion on the basic documents of our Judeo-Christian heritage, and to sift and sort out the metaphors, the history, and the development of Monotheism. Welcome to a world of inquiry! Bring a bible, NRSV if you have one. Register with the church office, [office@shorelineuu.org](mailto:office@shorelineuu.org). Drop-ins welcome, too.

### Sunday Dream Group

Meets second Sunday of the month; facilitated by Tricia Davis. We will be meeting Sunday, September 11 right after the service, 12 to 2 p.m. in the East Chrysalis Room. New members are welcome. Please come to share your own dreams or simply participate in the group, searching cooperatively for the meanings in the dreams shared by others. Sharing dreams in a group this way strengthens the fabric of community and helps to meet our desire for belonging and connection. For information please contact Tricia at [pmdavis500@aol.com](mailto:pmdavis500@aol.com).

*What is the church fiscal year?*

### September Schedule of Sunday Volunteers

	<b>Greeters:</b>	<b>Ushers:</b>	<b>Coffee Servers:</b>
Sept. 4:	Sallianne Davis & Jan Soderling	Marge Hampton & Molly Holmes	Joe Knight & LaJuana Swilley
Sept. 11:	Barbara Stilson & Lex Voorhoeve	Paul Borrmann & Christina Horst	Teresa & Noel Bain
Sept. 18:	Anne Martin & Marilyn Grevstad	Barbara Stilson & Jennifer Brock	Sallianne Davis & Ellen Henderson
Sept. 25:	Jennifer & Sarah Brock & Barbara Cornell	Homer Henderson & Tracy Monaghan	Vickie Brodine & Kristina Selset

### Shoreline Unitarian Universalist Church

14724 First Avenue NE, Shoreline, WA 98155-6806 206-363-7994 [www.shorelineuu.org](http://www.shorelineuu.org) [office@shorelineuu.org](mailto:office@shorelineuu.org)

#### *Soundings*

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Submission deadline for **Soundings** is usually the 20th of the preceding month by 10 a.m. Include your name with submitted materials. Articles are accepted in any readable format, but PC-compatible electronic copies are appreciated. Email articles to [office@shorelineuu.org](mailto:office@shorelineuu.org) OR place hard copy in the Administrator's mailbox inside the conference room.

# September 2011

## Thursday, September 1

9:30-11 a.m..... Food for Soul, Forster Residence  
7:30-9 p.m..... Sine Nomine Chalice Circle, North Portable  
7:30-9 p.m..... Connector's Chalice Circle, Conference Rm.

## Friday, September 2

10:15-11:30 a.m..... Meditation, Nursery

## Sunday, September 4

10:30-11:30 a.m..... Worship Service, Sanctuary

## Tuesday, September 6

6:30-9 p.m..... Teacher Training, Chrysalis

## Wednesday, September 7

7:30-9 p.m..... IMST Meeting, Conference Room

## Friday, September 9

10:15-11:30 a.m..... Friday Meditation, Nursery

## Saturday, September 10

10 a.m.-12:15 p.m... Women's Circle, Chrysalis

## Sunday, September 11

9-10 a.m..... The Bible for Liberals, Conference Room  
9-10:15 a.m..... Sharing Positive Experiences, North Port.  
10:30-11:30 a.m..... Worship Service, Sanctuary  
12-2 p.m..... Dream Group, East Chrysalis Room  
12-1:30 p.m..... RE Committee, Chrysalis

## Monday, September 12

1:30 - 3 p.m..... Monday Chalice Circle, Nursery

## Tuesday, September 13

9:30-11:30 a.m..... Worship Planning Committee, Conference Room  
7-9 p.m..... Board Meeting, Conference Room  
7-9 pm..... Women's Group, East Chrysalis Portable

## Wednesday, September 14

11 a.m.-12:30 p.m... Music Committee, Conference Room

## Thursday, September 15

9:30-11 a.m..... Food for Soul, Forster Residence  
6:30-7:30 p.m..... Choir Practice, Sanctuary  
7:30-9 p.m..... Sine Nomine Chalice Circle, North Portable  
7:30-9 p.m..... Connector's Chalice Circle, Conference Room

## Friday, September 16

10:15-11:30 a.m..... Meditation, Nursery  
12-1 p.m..... Senior Brown Bag Lunch, Conference Room  
1:30-2:30 p.m..... Membership Committee, Conference Room  
5-7 p.m..... Stewardship Meeting-Training, Sanctuary

## Sunday, September 18

9-10 a.m..... The Bible for Liberals, Conference Room  
9-10:15 a.m..... Sharing Positive Experiences, North Port.  
10:30-11:30 a.m..... Worship Service, Sanctuary  
12-2 p.m..... Beyond Categorical Thinking Workshop, Sanctuary

## Tuesday, September 20

10 a.m..... SOUNDINGS Deadline

## Thursday, September 22

6-7:30 p.m..... Choir Practice, Sanctuary

## Friday, September 23

10:15-11:30 a.m..... Meditation, Nursery  
7-8:30 p.m..... Equinox Storytelling Event, Chrysalis

## Saturday, September 24

7-9 p.m..... Scrabble Party (Auction Event), Chrysalis

## Sunday, September 25

9-10 a.m..... The Bible for Liberals, Conference Room  
9-10:15 a.m..... Sharing Positive Experiences, North Port.  
10:30-11:30 a.m..... Worship Service, Sanctuary

## Monday, September 26

1:30-3 p.m..... Monday Chalice Circle, Nursery

## Tuesday, September 27

7-8:30 p.m..... Stewardship Meeting, Conference Room

## Wednesday, September 28

6:30-8:45 p.m..... New Members Orientation, Chrysalis

## Thursday, September 29

9:30-11 a.m..... Food for Soul, Forster Residence  
6-7:30 p.m..... Choir Practice, Sanctuary

## Friday, September 30

10:15-11:30 a.m..... Meditation, Nursery

*What is a church ambassador?  
Find out in October!*

Join us for an opportunity to learn more about

# Mental Health Ministry

Childhood  
mental  
disorders



Trauma and  
PTSD



Mental  
illnesses and  
mental  
disorders of  
the aged.



Persons with mental disorders and their families often turn to faith communities for help. It requires preparation and education to be the Caring Congregation that can best be of help. The Mental Health Ministry team of Shoreline Unitarian Universalist Church welcomes you to the **FREE** program offered by:

Rev. Barbara F. Meyers

Chair of the Unitarian Universalist Mental Health  
Caucus of Equal Access ([equalaccess.org](http://equalaccess.org))\*

October 1, 2011

Lecture 10 AM to Noon

Topics covered will be a Mental Health overview and an examination of the Congregation's Role; Common Disorders: Anxiety, Mood, Psychotic, Personality Disorders; Problem Solving for Specific Situations in your community; Suicide in the congregation and the importance of Pastoral Care for persons with mental illness and their families.

Workshop 1 to 4 PM

The workshop will include Personal Stories of living with mental disorders, Spirituality and Mental Illness, Treatment and Recovery, the Congregation's role, Role plays, and a discussion about Building a Mental Health Ministry in your congregation.

Come for the morning lecture, come for the afternoon workshop or come for whole day.

Light lunch available. Donations welcomed.

Barbara Meyers, a national leader

in mental health ministry leads the Mental Health

Ministry (<http://www.mpuuc.org/mentalhealth/mentalintro.html>) at the Mission Peak UU Congregation in Fremont, CA. She is host of the public access TV show *Mental Health Matters* (<http://www.mpuuc.org/mentalhealth/mentalTVshow.html>).

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Contact Barbara Cornell at [uubcornell@gmail.com](mailto:uubcornell@gmail.com) or 206.367.9485 for more information.

\**Equal Access* is a UU organization that promotes equality and access for UU's with disabilities.

We also invite you to join us on November 6 at 10:30 AM when SUUC will welcome as our pulpit guest, Rev. Craig Rennebohm ([http://www.mentalhealthchaplain.org/MHC\\_chaplain.htm](http://www.mentalhealthchaplain.org/MHC_chaplain.htm)) of the Mental Health Chaplaincy (an outreach mission of the Prospect Congregational United Church of Christ in Seattle). His 25 year ministry with the homeless and mentally ill on the streets of Seattle inspired his book, *Souls in the Hands of a Tender God*. (<http://www.tendergod.com/>)



**SHORELINE UNITARIAN  
UNIVERSALIST CHURCH**

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Laurie Radin, *Administrator*

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*Board of Trustees:*

Ben Tompkins, President; Karen  
Thompson and Julie Houff, Co-Vice  
Presidents; Laura McCarty, Vice Presi-  
dent Finance; Eliza Sutton, Secretary;  
Peggy Williams Scott

***Vision:***

*To become a leading voice of liberal religion in  
the Northwest,  
by continuing to act locally, while thinking  
regionally, nationally, and globally.*

***Mission:***

***SUUC is a caring community  
that celebrates the growth of mind  
and spirit and inspires us to create a  
more just world.***

***Values:***

*Affirm and promote the UU Principles.  
To grow our human and financial resources in  
service of our mission and vision.*

**SHORELINE UNITARIAN  
UNIVERSALIST CHURCH**

has declared its buildings  
and grounds a  
**Weapons-Free Zone**

SUUC is a UUA-certified  
**Welcoming Congregation.** We  
welcome diversity of ability, age, class,  
culture, ethnicity, gender, race, reli-  
gious and nonreligious backgrounds,  
and sexual orientation.



**OUR CONGREGATION** is a member of the Unitarian Universalist Association

## Soundings

**Shoreline Unitarian  
Universalist Church**

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Shoreline, WA 98155-6806

