

Soundings

THE NEWSLETTER FOR SHORELINE UNITARIAN UNIVERSALIST CHURCH, SHORELINE, WASHINGTON



April 2011 Worship Services

Sundays at 10:30 a.m.

APRIL
3

April 3: "Into the Woods"

The Rev. Heather Lynn Hanson, Interim Minister

When the characters in the Sondheim musical went into the woods, they were looking for solutions to the longings of their lives. But they discovered that magic doesn't make life happily ever after. Wishing for magic never does; life has a way of throwing us curves, unexpected surprises. And we have to figure out what's next.

APRIL
10

April 10: "Following Thoreau's Advice: Building Foundations"

The Rev. Heather Lynn Hanson, Interim Minister

Some houses are built on concrete slabs, some on stonework, some on stilts above the high water mark. A houseboat "foundation" must be able to float and, potentially, to relocate. Any foundation should support its building for anticipated uses under expected and possible unexpected conditions.

Spirit Hand will sing. The plate will be shared with Cocoon House (*see page 11*)

APRIL
17

April 17: "Hope and Healing for Earth and Community"

The Rev. Katherine Jesch

Our personal lives, community resilience, and the health and well-being of all life on Earth are intertwined. How are we to put our religious values to work for a broader understanding of justice that includes all of life on Earth? This sermon considers the possibilities.

Workshop with Rev. Jesch at 4:30 p.m. "An Earth Day Workshop on Spirit and Action." (*see page 6*)

APRIL
24

April 24: "How Our Spirits Soar and Sing!" Easter for All Ages

The Rev. Heather Lynn Hanson, Interim Minister

Excerpts from Vivaldi's GLORIA cantata; featuring SUUC Choir and a string ensemble. Featuring soloists from our own choir: Shirley Beresford, mezzo-soprano; Joyce Allison, soprano; and Tori Manzer, soprano. This exquisite Baroque masterpiece continues to delight listeners to this day.

Easter Egg Hunt after the service!

MINISTER'S REPORT

THE REV. HEATHER LYNN HANSON

The Interim Passage ~ Be Here Now?



“Where ever you go, there you are,” says the pundit. Except, of course, if you are not mentally there. I get so absorbed in thinking about the next thing that needs my attention that often I am not “here”. Who was that who said hello as I strode past? When did the new plantings around the SUUC front door get added? (Thank you for the lovely spring flowers.) It is the challenge of our often over-programmed lives, that we sometimes don’t let ourselves see, feel, experience “here”. Trying to control all the cards we are dealt reminds me of being a kid playing canasta (11 cards in the deal) dropping the slick cards my little hands could scarcely hold. “Multitasking” is sometimes a necessity in life, but it often means that we objectify the people around us so we can control what we must do next.

I want to slow down enough to let “here” touch me. My spiritual practice this year has been to be increasingly mindful of where I am, who is here with me, how I am feeling physically and emotionally, and letting “now” touch me and be enough. This is for me a significant adjustment, and I have a long path of mindfulness to tread. There are stories from both Buddhism and Sufism that illustrate that the most important place to be is where you are; the most important person to be with is the person with you now, and the most important task to do is the task in front of you—to do with mindfulness. My Western culture mindset of get-things-done, check-things-off, go-achieve-something, has a hard time with be-here-now. But I have discovered that giving myself time, several times a day to mindfully Be Here Now helps to calm and center me and to refocus more clearly when I move back into “Western” mode.

As spring bursts with beauty, brightens the skies, and invites you to stop and smell the flowers, may you find the balance between getting things done and just being quietly present to this extraordinary world.

Warmly,
Heather Lynn

Imaginal Cells and Collective Intelligence: What provocative phrases. I urge you to Google “imaginal cells” — they are cells in caterpillars that take over the body of the creature within its chrysalis and eventually transform the crawling larva into a totally different form, a winged butterfly. How they do it is both amazing and inspiring. (If you are not Google-adept, I will make some copies of this information to leave on the welcome table). They carry on the transformation and re-creation of the insect apparently without being coded to be come a specific part of a wing or an antenna or a thorax (perhaps like stem cells can take on different specific characteristics under certain conditions). Together, in the “ooze” of the transforming caterpillar, messages between imaginal cells are conveyed back and forth without having to be definitive too soon.

This image reminds me of what SUUC is doing — individual members reporting your own stories, hopes, and preferences; then having your ideas shared and looked at for themes and directions and shared wishes. As we hear each other in our workshops and other conversations, we begin to develop a collective intelligence about this religious community and each person’s contributions to its shape and strength. A group of seven members has been working together to imagine what all your stories and strengths and wishes suggest about future directions, and to prepare a proposal which will be presented to the members April 10. The congregation will be encouraged to reflect on and respond to the material. Eventually we will be able to describe this congregation and its direction to the Board of Trustees and to the Ministerial Search Committee for them to use in planning and in conveying to potential ministers just what kind of butterfly you are becoming.

Be sure to attend April 10 to take a peek at it all.

Highlights from the Board Meeting on March 9, 2011

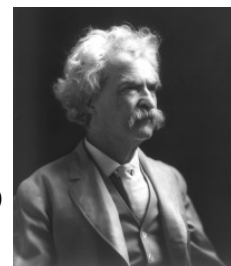
Present: Ben Tompkins, Laura McCarty, Heidi Henriksen, Julie Houff, Eliza Sutton, Karen Thompson, Heather Lynn Hanson

- 1) Ministerial Search Committee (MSC): A slate of 7 willing candidates was identified by the Augmented Nominating Committee; no petitions for candidates were received outside this process. The slate will be presented to the congregation and voted upon at the special Congregation Meeting on March 20, 2011. (That vote carried unanimously at the meeting.) We discussed the first expenses which will come from the Search Committee budget.
- 2) Banking. By consensus, the Board feels it's important for the church to move its banking within the next few months to an institution which reflects our principles and values of social responsibility. We discussed Community 1st Credit Union and Watermark Credit Union, which both offer the banking features the church needs, are well-rated, and are close to the church.
- 3) Policies in preparation. The Board reviewed a draft of proposed revisions to the Ministry Fund Policy and a draft of a new Temporary Postings Policy. We also discussed some possible Bylaws change proposals for the May 2011 Congregational Meeting, which we'll work on further before then: (a) Requiring a contribution of record (not just a pledge) for membership, and (b) Extending the term of each Nominating Committee member from 1 to 2 years and specify a rotating election of 2 members one year and 3 members the next, in order to assure overlap and thus continuity for the Committee. These will be addressed again at the next meeting.
- 4) Music Director's contract. Board unanimously approved revising the Music Director's contract to restore the prior salary per annum, rewording it as needed to accomplish this.
- 5) Interim Ministry Contract. By consensus, the Board's intent is to retain Heather Lynn Hanson for the second year of an interim ministry at SUUC. We will determine at a later date who will be involved with renegotiating her contract for the coming year. Heather Lynn feels this congregation needs exposure to different ministerial styles, but pulpit swaps have been difficult to arrange; therefore, Heather Lynn will be arranging to bring other ministers in on some Sundays she would have otherwise been in our pulpit.
- 6) The Board voted unanimously to waive the rental fee for a proposed fundraising event in June for one of our members.
- 7) Thanks to the organizers and participants in the Nickelsville event, particularly Chris Pollina, Barbara Cornell, Frog Uding, and Peggy Williams Scott.
- 8) The next Board meeting will be held on April 13, 2011.

Respectfully submitted,
Eliza Sutton, Board Secretary

Full Moon Concert Changed from April to May

The last Full Moon Concert for 2011 features the City Cantabile Choir, directed by Fred West. The Choir will commemorate the life and literature of Mark Twain through songs and tales for this 101st anniversary of his death. The City Cantabile always creates memorable presentations that are SUUC favorites. Please Note: The date has been changed from April 30 to May 21. 7:30 p.m. in the Dome. Invite your friends and family! Tickets \$15 adults; \$10 seniors.



RELIGIOUS EDUCATION

CHRIS POLLINA – DIRECTOR OF RELIGIOUS EDUCATION



As April begins and spring returns, SUUC's Church Pals program is coming to a close. It's been a great success this year with 28 kids and adults participating. Even if you didn't join in the Church Pals fun this year, feel free to come for the potluck on April 3rd when everyone will find out the identities of their secret pals – it just might make you want to join in next year!

There's plenty of other fun stuff coming up for kids and families in the next few weeks – on April 17th, we'll be having a special Earth Day themed Children's Church Service where kids of all ages will explore themes similar to those talked about in the adult's service. Rev.

Katherine Jesch, the Director of Environmental Ministry for the UUA, will be the speaker in the regular adult service. After the April 24th Easter service ends we will have our traditional egg hunt – all the kids under the age of 12 will get to search SUUC's dry and sunny (fingers crossed!) backyard area for Easter eggs filled with special treats.

There's also a plan for a Child Dedication ceremony coming up in May – for any of you who are unfamiliar with this, it is a brief ceremony during church where the entire congregation covenants to care for the spiritual and emotional well being of a child in our congregation. There will be a small celebration afterwards for the children who are part of the Dedication ceremony as well – if you are a parent who'd like to have your child be a part of this ceremony, please call, email, or talk to me on a Sunday soon.

Upcoming dates:

Sunday, Apr 3 – Last day of Church Pals – Potluck @ noon

Sunday, Apr 10 – RE Committee meeting, Chrysalis @ noon

Sunday, Apr 17 – Children's Church day (Earth Day themed activity)

Sunday, Apr 24 – Easter service (Easter egg hunt afterwards!)

—Chris Pollina, shorelinedre@gmail.com, 206-240-5500

Ministerial Search Committee Report



This is the first report to the congregation and friends of SUUC as we begin our exciting task of searching for our new minister. We are all excited to be serving as your representatives and look forward to working with you all as we go through this process.

We will be asking for your help at several stages over this next year and a half. We'll be calling on people with all kinds of talents and skills — among them: interviewing, web designing, editing, surveying, and picture-taking — to help us create a picture of SUUC to present to prospective candidates.

Finding the best candidate for us will be a challenging task, but one we will all find to be very fruitful. Please do not hesitate to contact any one of us with your ideas, concerns, and comments. We will do our best work with your involvement, understanding, and excitement!

— *Your Search Committee: Catherine Crain, Lauren Harris, Tom Beeler, Nancy Macdonald, Noel Bain, Paul Borrmann, and Rick Wilson*

“To forget how to dig in the earth and to tend the soil is to forget ourselves.” — Mohandas K. Gandhi

How do you know that spring is here? For me, it is the first bumblebee zooming about the heliobore, bergenia, osmanthus, camellia, Pieris Japonica, forsythia, currents, and yes, dandelions and clover that are in bloom right now in my yard. We don't use pesticides on our lawn or plants, and by adding a second bird bath last summer, we have had an amazing increase in the number of winged creatures in our yard. Our bird feeders seem to be emptying at a dazzling pace and the number and varieties that appear seem to increase on a daily, in fact almost an hourly basis. One Saturday morning I noted flickers, chickadees, nuthatches, bush tits, juncos, robins, varied thrush, towhees, pine siskins, several types of sparrows, downy and hairy woodpeckers, crows, blue jays, and a starling and two plump, ring-necked pigeons.



If you have not already had the opportunity to find your “niche” or are looking for something new to try, the Reader's Theater group has begun meeting, and has several ideas percolating! With the recent events in Japan, the need for Emergency Preparedness has been keenly felt, and a group has begun meeting to explore ways that we can prepare ourselves, families and SUUC members in the case of a disaster. What about joining a Chalice Circle, or forming a new one? If you are a new member, serving coffee, greeting or ushering is a wonderful way to meet other members. If you have a social action or environmental passion, there are members who quite likely share it and would be delighted to get to know you. At the Tropical Frolic Auction coming up on April 8, there will be a large array of events and services to bid on, and attending this event is your chance to get to know your fellow SUUC members outside the Sunday service. Don't be shy! Bring a friend or two and come; enjoy the evening, support SUUC and enjoy the talents and interests of your fellow UU's in the coming months.

— Krista Tenney, Membership Activity Coordinator, tenney@shorelineuu.org





Tropical Frolic 2011

Tropical Frolic Gala Auction, is April 8, at 7 p.m. SUUC's biggest event of the year is nearly upon us, there will be amazing events to sign up for, fabulous food, and items that will be auctioned off in our live auction. Members have truly stepped up and outdone themselves this year to provide an array of auction events and services to choose from. No pre-sale of events and services will be offered, so it is important to be there and sign up for your favorite event before it fills up! There will be a drawing for our cash raffle worth \$100, and entertainment too! Pick up raffle tickets after the Sunday service, April 3, and make your reservation NOW! Tropical attire is encouraged.

April Women's Circle

April 2, 2011, 10 a.m. to 12:00 p.m. in Chrysalis.

Our Women's Circle on the first Saturday in April will be a space to discuss what the circle and women friendships have added to your life, what would you like to explore and experience during the circles this year? This is a time to talk and plan.

Bring some small food item to share if you would like. Your friends, sisters, moms and daughters are all invited.

In addition, the Women's Circle will hold a circle at Seabeck during the week-end of April 29-May 1. What skills did women share as they spent time working together to make their home beautiful? Come and be surprised.

If you have questions, call Sharon Maynard at 425-774-1142.

We Care!!

Are you going through a tough time in your life when a little help could ease your burden? You are part of our caring community, so don't hesitate to ask for help! Our Care Team is ready to provide support services, including transportation, brief respite care, support for caregivers, light housecleaning, and meals during a crisis. If you need assistance, call the monthly Care Team Coordinator directly or contact the church: 206-363-7994 / office@shorelineuu.org. Your request is confidential. The Care Team Contact for April is Fran Campbell, 206-417-0663.

Greening News and Updates

Brought to you by SUUC Green Justice

Wherever you are on your Greening journey, you are very welcome to join us for a Green Community Workshop presented by noted UU Green Leader from Portland: Reverend Katherine Jesch.

Sunday April 17, 4:30 p.m. in the Sanctuary An Earth Day Workshop on Spirit and Action

Life on the brink of change requires new ways of living in a world where the future is literally at risk. By integrating both spirit and activism in our approach to the work, we can be more effective and find more joy at the same time. This workshop invites us into a time of reflection and creativity to breathe new life into our healing work for a planet in crisis. Ritual and reflection activities will allow us to how our faith helps us create a different path to a beautiful and healthy planet.

If you would like to stay to dine with other Green company to discuss the workshop topics, please bring food to share for a 6:30 p.m. meal. If you can, carpool with a friend or two. Entry is by donation so anyone can attend.

*** Thinking Local * Reducing Carbon Production * Saving Time * Saving Energy * Saving Money ***

Shoreline residents: Have you ever considered getting a whole house energy audit, but thought it was out of your budget limits?

See the link below for information on the opportunity to receive a complete, but very low cost energy audit for your home. All services offered through this non-profit company are provided by local businesses.

If you live in the City of Shoreline, you may have seen previous announcements in your local news about a HUGE practical greening program that is being organized by a local non-profit.

A federal grant has been given to upgrade the carbon footprint of middle income homes in Washington State. A non-profit serves in the role of general contractor by doing energy audits and then helps home owners learn what upgrades will give the highest returns. If your home is as green as it should be, your audit is totally free. They provide family wage jobs and take advantage of quantity buying to keep costs down along with low/no interest loans. Follow these links to get details on this special carbon decreasing program. Also refer to the flyer on the church bulletin board opposite the name tag wall. <http://ofparamount.blogspot.com/2011/03/sustainable-works-project-is-here.html>; and <http://www.shorelineareanews.com/2011/03/shoreline-residents-invited-to-learn.html>

ANOTHER GREENING LINK: <http://www.shorelineareanews.com/2011/03/lake-forest-park-8th-annual-earth-smart.html>

SUUC Service Project at Food Lifeline

Lukas Illas, Kristina Selset, Vicki Brodine and I helped repack 2,485 lbs. of frozen carrots on March 15! We missed many of our regulars and hope to see you again next month and new people also.

Lukas and I (and another boy from Neviya's Kitchen) "reorged" the conveyor belt and slid the 3 lb. bags of carrots down the belt to each other to pack 30 lbs. in each banana box. Great fun and Lukas was my best partner.

Shoreline UUC members have packed tens of thousands of pounds of food for Food Lifeline and we should be proud! Food Lifeline provided over 32 million pounds of food last year and hope to provide at least 40 million this year. Keep up those donations and hard work!

April Date: Tuesday, April 19. The project begins promptly at 6 p.m. and ends at 8 p.m. (Please don't arrive after 6:05 because the doors lock and we won't be able to hear you knock.) Everyone welcome, please remember to wear close-toed shoes.

Address: Food Lifeline at 1702 NE 150th Street (near the former Fircrest School area). Turn east on NE 150th off 15th Avenue NE in Shoreline. Drive a short distance and watch for the driveway into the Food Lifeline parking lot and warehouse on the left. There's a small Food Lifeline sign to mark the turn.

Next month's date is May 17, 2011.

Please sign up at the Welcome Table or by contacting Laura Banks (laurabanks1@comcast.net or 206-235-3611).

New Adult/Senior Youth Sunday School Class

Will Main is looking for a co-facilitator to teach a class called, "The Bible for Religious Liberals." It would run Sunday mornings 9-10 a.m. Please contact the church office if you would like to be a co-facilitator or for more information, 206-363-7994 or office@shorelineuu.org.



Spring Yard Spiff-Up

Saturday, April 23, 9 a.m. to 12 p.m.

Bring your gloves and tools. If you can't help with the weeding and pruning, bring treats for the others!

UU Principles and Recovery

In April and going forward, the Connectors' Chalice Circle will be continuing their discussions of the UU Principles in relation to, and as a resource for recovery from physical, mental or addiction challenges.

The Connectors' Chalice Circle is facilitated by the SUUC Addictions and Recovery Ministries Team, members of which also participate in the Pacific Northwest District's Addictions Ministry Project.

Through this Project, Chalice Circle session plans can be downloaded from <https://sites.google.com/site/addictionschalicecircles/>

For more information on the SUUC Addictions and Recovery Ministries, contact Chris Poole at 206-542-9271 or Bill Norton at wknorton@aol.com or 206-632-7177.

The Connectors' Chalice Circle meets first and third Thursdays, 7:45 to 9 p.m. in the Conference Room at church.

How to Reach Rev. Hanson

Heather Lynn is in her office most Tuesdays and Wednesdays after 11 a.m. until mid-afternoon. She will be at church other days for meetings and appointments. Saturday is reserved for meetings and workshops. Monday is her day off; please no calls except for dire emergencies. You may call her directly to make an appointment. Her cell phone number is 425-275-7583. Or you may leave messages on the church phone: 206- 363 7994 ext 1. Church email: minister@shorelineuu.org

Thank you for the Upholstery Cleaning!

A big thank you to the church members who helped Dawn Darlington in the non-toxic cleaning of all the Sanctuary chairs on February 20th: Marge Burgy, Sue Schiller, Ben Tompkins, Nola Beeler, and Carolyn Threadgill. Thanks also to Carolyn, Dawn and Kim Hayes for lending their upholstery cleaner machines. If anyone got left out of this list, we apologize; we appreciate everyone who took the time to stay after church to get this job done. It saved the church quite a bit of money!

Concert April 23

On April 23, at 7:30 p.m. we are fortunate to have Martha Gallagher, a special guest singer/songwriter/harper performing for us in the Dome. Tickets will be available at the door, \$10 (no discounts). A portion of the money will be going to SUUC and another part to aid in the Japanese disaster relief.

According to her press information, her performances go “beyond concert and orbit in the realm of a one-woman show. Martha’s harp is BOLD and BEAUTIFUL. She draws on a lifetime of musical adventures, from blues/jazz chanteuse to classical flautist, from folk singer to rock n’ roller to Celtic harper. She is an imaginative poet, a mesmerizing storyteller and a versatile actress, as well.”

Don’t miss the exciting evening!

FOR MY WIFE:

An evening spent standing on the side of love



Please join the SUUC Welcoming Committee and all who Stand on the Side of Love for a screening of the documentary “for my wife...” Friday, May 6, 2011, 6-8 p.m., in the Sanctuary, followed by an impromptu conversation period. (*Documentary is 60 minutes in length.*) Event will be “pay-what-you-can,” accepted at the door.

In December 2006, a torrential rainstorm hit Seattle. Tragic circumstances found Kate Fleming, a celebrated recording artist, trapped in her basement studio. Her spouse of nine years, Charlene Strong, returned home to find Kate sealed behind the studio door as the waters rose. Charlene’s efforts to free Kate ended when the water reached the ceiling level...

“for my wife...” chronicles the making of an activist for Marriage Equality. Charlene Strong was thrust into the spotlight after the tragic death of her wife, Kate. After facing this loss and the heartless discrimination of hospital and funeral home staff, Charlene decided to take a stand. Her dramatic congressional testimony is credited in passing Washington State’s historic Domestic Partnership laws. As Charlene finds her voice to speak out against injustice, her journey takes her across the country, finally meeting with President Barack Obama and securing his commitment to equality for all LGBT Americans.

“for my wife...” tells Charlene’s story against the backdrop of the national debate on Marriage Equality. It is one of courage and determination that inspires the activist in all of us.

For additional information, please contact Krista Tenney tenney@shorelineuu.org.

Sowing idea seeds: I get some of my best ideas for sermons from conversations I have with members. I'd like to have more informal chat meetings with folks outside of committee times. If you are interested in joining me for a brown bag lunch Tuesday April 29th, please RSVP, so I know not to go home for lunch :-)) Or call ahead (to be sure I'm not unavailable) and drop by the office.

— Heather Lynn

**Shoreline and Evergreen UU's Annual Seabeck Retreat: Apr 29-May 1, 2011
At Seabeck Conference Center on Hood Canal**

Re-skilling: What Grandma and Grandpa Knew

AGAIN THIS YEAR: MORE SPACE TO ACCOMMODATE A LARGER GROUP, AND THE OPTION OF PAYING MORE TO STAY IN THE HISTORIC INN OR IN A SINGLE ROOM IN THE ANNEX. PLEASE REGISTER EARLY TO ENSURE YOUR PLACE.

Please note: Any guest children or youth must be accompanied by a responsible parent—add \$30 to registration fee. We have limited space for teens without own parent.

HISTORIC INN / ANNEX

Adults...\$140 Teens 12-16 years...\$90 Children 3-11...\$60 under 3 are free

CEDARS, MAPLES, FIRS, HEMLOCK, & MADRONA

Adults...\$100 Teens 12-16 years...\$80 Children 3-11...\$55 under 3 are free

| | | | | | |
|---|--------------|-------------|-------------|-----------------|-------------|
| Congregation: Shoreline ___ Evergreen ___ | | | | | |
| NAMES (please give kids' ages) | Adult | Teen | 3-11 | under 3 | cost |
| _____ | ___ | ___ | ___ | ___ | _____ |
| _____ | ___ | ___ | ___ | ___ | _____ |
| _____ | ___ | ___ | ___ | ___ | _____ |
| _____ | ___ | ___ | ___ | ___ | _____ |
| I will donate an extra \$ _____ to a scholarship fund | | | | Donation | _____ |
| | | | | Total cost | _____ |
| | | | | Amount enclosed | _____ |
| | | | | Balance due | _____ |

ADDRESS _____ email _____
 _____ Zip _____ Phone _____

SCHOLARSHIP REQUEST _____ SPECIAL HOUSING REQUESTS _____

SPECIAL MEAL REQUESTS (please be specific): _____

Please note: We are trying to keep costs low. We request that ALL participating adults contribute in some way to the program or group activities. Please sign below to indicate how you can help us provide safe, supervised, and fun activities for all participants.

I CAN HELP WITH: Adult program _____ Teens _____ Middle Schoolers _____

Children's Program: Kids' Crafts _____ Kids' Outdoor Adventures _____

Fri Eve Gathering _____ Sat Eve Party _____ Worship Planning _____

Adult & Kids' Crafts _____ Staffing for Children or Teen Program _____

Earliest possible registration will help us with our planning. Complete this form and send it with your check (payable to SUUC) to Chris Poole, 20410 18 NW, Shoreline, WA 98177. You may pay the total amount, or reserve your space by paying a 50% deposit, with the balance due upon arrival at Seabeck (checks only—no cash please). *Partial scholarships available on request.* Questions? Call Chris Poole (206) 542-9271, or Karen Totten (425) 971 6292.

More information on the program is available on the bulletin board or at the Welcome Table.

Are You Prepared?

“After a disaster, you and your family should be prepared to be on your own for at least three days. In some emergencies, such as an influenza pandemic, you may need to prepare for a week or more. Emergency response teams will be very busy and may not be able to provide immediate care to all who need it.” Emergency Resource Guide, Washington Military Department Emergency Management Division

Not a cheerful statement, but nonetheless very true. With the recent events in Japan, New Zealand and Haiti, comes the realization that something similar could and quite possibly **will** happen in our neck of the woods. With that in mind, a group of us met on Sunday, March 20th to discuss ways that SUUC members could begin to prepare individually and for their families, and the SUUC congregation in such a situation.

One resource is the Washington Military Department Emergency Management Division website www.emd.wa.gov. This website is filled with information to help you plan and prepare your personal plans, prevention steps, nature and weather tips, and community and home preparations. **We encourage you to begin your plan, and if you have done so already, we commend you!**

Your individual preparations could be as simple as keeping a kit at home, in your car, at work and if you have children, their school or daycare facility. Those supplies should be water, non-perishable

(Continued on p. 12)



Welcome New Members!

On March 13 we welcomed 7 new members into our congregation. Here's a little information about some of them. More bios will follow in the May Soundings.

Joyce McKay is a newcomer to Seattle, living with her daughter in an old elementary school which has been turned into an arts' center. She's from Grass Valley, CA, where she was a UU for more than 10 years. Joyce is a widow with four grown children. In her previous career life she has been a high school English teacher, a business consultant, meeting facilitator and she has worked with non-profits to help them meet their goals. She says she is thrilled to be a part of this UU community!

Joyce VanTuyl lived in San Francisco and Palo Alto for many years and taught Sunday school at the SF Unitarian church and the Palo Alto Unitarian church, where she also served on the board. She retired a year ago as the Braille Coordinator at the Washington Talking Book and Braille Library. Her transcription specialty is math and science. Joyce is the mother of two, grandmother of five, and great-grandmother of 10½.

Ken Ritland was born in New York State, moved to Bellevue in 1955, and went to Newport High School, two years after Rick Wilson. He was raised Lutheran—and was thoroughly indifferent after age 14. He's an Evergreen State College grad, 1976; a self-employed business owner for 40 years, Ken Ritland Painting. He's a regular participant in outdoor sports: biking, skiing, and kayaking. Ken has been a classical violinist for some 20 years, now an active fiddle player. He was introduced to SUUC and our fabulous choir by Susan Pegram, who is now far away in Denver.

Quanah Spencer was born and raised in the Yakima Valley. He has lived throughout the country, in places like Durango and Boulder, CO. He works as an attorney in Seattle where he's lived the past several years. Quanah enjoys spending time with his family, wife **Gwen** and daughter **Cecelia**, reading, running, tennis and other sports. He writes that he is excited to become a member of the Shoreline UU community.

Gwen Spencer was born and raised in Montana, and lived several places before landing in Seattle. She comes from a family that values and works on social justice issues. She appreciates the SUUC community and looks forward to getting to know people here. Gwen is also the proud mother of **Cecelia**, who is 2+ years old, enjoys her “nee-nee”, is really good at jumping and running, is gentle with her many dollies, loves books, the Muppet show, and broccoli. We're told she is also a great storyteller!

Showcasing Africa

At the PNWD District Assembly in February, there were among the exhibitors several organizations related to development in African communities, and one whose global programs have a significant presence and impact in Africa. We highlighted one group, ZAP, in last month's Soundings. Here are the other groups:

The Imani Project has been working for the past 10 years with a group of 19 villages on the coast of Kenya north of Mombassa. The project began as a response to the AIDS epidemic in Africa, and has evolved of necessity into a comprehensive project based on the concepts of community and connection. Committed volunteers support the project worldwide. (www.imaniproject.org)

Thembanathi is a group which have been working in the KwaZulu-Natal area of South Africa since 2003. They are a small nonprofit organization which helps to fund programs that provide services for vulnerable children in rural South Africa, the country with the largest number of HIV infections in the world. (www.thembanathi.org)

OikoCredit is an organization that has been involved for the last 30 years in providing "micro-credit" loans to promote village industry and agriculture. Their business model includes setting up co-op banks at the district level to support and help ensure the continued availability of micro-credit loans to local village projects. (www.oikocredit.org or www.oikocreditusa.org).

If you are interested in getting involved or for further information, please contact me. — *Bill Norton, wknorton@aol.com, 206-632-7177*

Plate Share Offerings

Our monthly Plate Share this month will be held on April 10 to support Cocoon House. The offering is divided so that the selected organization receives 75% of the collection and SUUC receives 25%.

Since 1991, Cocoon House has been Snohomish County's only resource exclusively serving homeless and at-risk youth ages 13-17. They believe every child deserves a home and the opportunity to achieve his or her fullest potential.

March's Plate Share Results: Our plate share donation in March went to support the Family Violence Prevention Fund. We sent them a check for \$378. Thank you for contributing.

Rental Hosts Needed!

Would you like to help the church by serving as a host for our rental groups? This is a paid position, \$50 for up to four hours of your time. Your responsibilities would include representing SUUC to the renters, answering any questions, unlocking the doors (and locking up afterwards), showing where things are (such as the stored tables), showing where the vacuum is so that the renters can clean up after themselves, making sure everything is cleaned up and locked up by the end. We currently have a few rental hosts, but we would like to have some more people so that no one person has too many assignments. There will be a brief training session. Questions? Contact Rick Wilson, 365-7863, or Laurie in the office, 363-7994 or office@shorelineuu.org.



Sunday Dream Group

Meets second Sunday of the month; facilitated by Tricia Davis. We will meet Sunday April 10 right after the service, 12 to 2 p.m. in the East Chrysalis Room. New members are welcome. Please come to share your own dreams or simply participate in the group, searching cooperatively for the meanings in the dreams shared by others. Sharing dreams in a group this way strengthens the fabric of community and helps to meet our desire for belonging and connection. For information please contact Tricia at pmdavis500@aol.com.

COMMUNITY PAGES

Continued from p. 10)

food, some money, a flashlight and batteries, small first aid kit, prescription medicine, a blanket and up to date emergency out-of-state contact numbers. Depending on the amount of space you have to store these, of course, there are other items to include! If you have children or others who depend on you, be sure they know what your plan is in case you are not together when the disaster occurs.

At our meeting, we discussed how SUUC could be involved as a partner with the City of Shoreline, as well as ways we can help our members, such as having the City present a State of Washington “Map Your Neighborhood Program” workshop, times and places to take Basic and Advanced First Aid and CPR classes, possibly storing emergency supplies for our members, and many more topics.

Another meeting is being planned, but the date and time are still TBD. If you are interested in helping, please contact Krista Tenney, Tenney@shorelineuu.org or Laura Banks, laurabanks1@comcast.net

April Schedule of Greeters, Ushers & Coffee Servers

| | Greeters | Ushers | Coffee Servers |
|------------------|---|----------------------------------|---------------------------------------|
| April 3: | Sallianne Davis & Jan Soderling | Barbara Stilson & Paul Borrmann | Sharon Maynard & Victoria Satterfield |
| April 10: | Linda Merriam, Victoria & David Satterfield | Marge Hampton & Christina Horst | Helena Parker & Laura Westbrook |
| April 17: | Barbara Stilson, Jennifer & Sarah Brock | Paul Borrmann & Tracy Monaghan | Jan Soderling & Clint McMahan |
| April 24: | Lex Voorhoeve, Julie & Trevor Houff | Homer Henderson & Tracy Monaghan | Karen Thompson & Rick Wilson |

Shoreline Unitarian Universalist Church

14724 First Avenue NE, Shoreline, WA 98155-6806 206-363-7994 www.shorelineuu.org office@shorelineuu.org

Soundings

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Webmaster: Laurie Radin

Submission deadline for **Soundings** is usually the 20th of the preceding month by 10 a.m. Include your name with submitted materials. Articles are accepted in any readable format, but PC-compatible electronic copies are appreciated. Email articles to office@shorelineuu.org OR place hard copy in the Administrator’s mailbox inside the conference room.

April 2011

Friday, April 1

10:15-11:30 a.m..... Meditation, Nursery

Saturday, April 2

10 a.m.-12:15 p.m... Women's Circle, Chrysalis

Sunday, April 3

10:30-11:30 a.m..... Worship Service, Sanctuary
12-1 p.m..... Church Pals Potluck, Sanctuary
12-2 p.m..... Youth Group, North Portable
12:15-1:30 p.m..... Readers' Theater, Conference Room

Wednesday, April 6

6:30-8 p.m..... Care Team, Conference Room

Thursday, April 7

9:30-11 a.m..... Food for Soul, Forster Residence
All day Auction Preparations, Sanctuary
6-7:30 p.m..... Choir Practice, Sanctuary
7:30-9 p.m..... Connector's Chalice Circle, Conference Rm.
7:30-9 p.m..... Sine Nomine Chalice Circle, North Portable

Friday, April 8

All day Auction Preparations, Sanctuary
0:15-11:30 a.m..... Friday Meditation, Nursery
7-9 p.m..... Auction, Sanctuary

Sunday, April 10

10:30-11:30 a.m..... Worship Service, Sanctuary
12-2 p.m..... Youth Group, North Portable
12-2 p.m..... Dream Group, East Chrysalis Room
12-1:30 p.m..... RE Committee, Chrysalis
12-1 p.m..... Readers' Theater, Conference Room

Monday, April 11

1-2:30 p.m..... Monday Chalice Circle, Nursery

Tuesday, April 12

11:30-12:30 p.m..... Book Group, Nursery
7-9 p.m..... Women's Group, East Chrysalis Room

Wednesday, April 13

11 a.m.-12:30 p.m... Music Committee, Conference Room
7-9 p.m..... Board Meeting, Conference Room

Thursday, April 14

6-7:30 p.m..... Choir Practice, Sanctuary
7:30-9 p.m..... Worship Planning Comm., Conference Room

Friday, April 15

10:15-11:30 a.m..... Meditation, Nursery
12-1 p.m..... Senior Brown Bag Lunch, Conference Room
1:30-2:30 p.m..... Membership Committee, Conference Room
7:30-8:30 p.m..... Readers' Theater, Conference Room

Sunday, April 17

10:30-11:30 a.m..... Worship Service, Sanctuary
12-2 p.m..... Youth Group, North Portable
12:30-2:30 p.m..... Hayes' Auction Event, Sanctuary
4:30-6:30 p.m..... Katherine Jesch Workshop, Sanctuary

Wednesday, April 20

10 a.m..... SOUNDINGS DEADLINE

Thursday, April 21

9:30-11 a.m..... Food for Soul, Forster Residence
6-7:30 p.m..... Choir Practice, Sanctuary
7:30-9 p.m..... Connector's Chalice Circle, Conference Rm.
7:30-9 p.m..... Sine Nomine Chalice Circle, North Portable

Friday, April 22

10:15-11:30 a.m..... Meditation, Nursery
4 p.m.— Youth Group Sleepover, Sanctuary

Saturday, April 23

—4 p.m. Youth Group Sleepover, Sanctuary
9 a.m.-12 p.m..... Spring Yard Clean-Up
7:30-9 p.m..... Harp Concert, Sanctuary

Sunday, April 24 (EASTER)

10:30-11:30 a.m..... Worship Service, Sanctuary
12-1 p.m..... Piano-Side Chat with Board, Sanctuary
12-2 p.m..... Youth Group, North Portable

Monday, April 25

1-2:30 p.m..... Monday Chalice Circle, Nursery

Thursday, April 28

6-7:30 p.m..... Choir Practice, Sanctuary

Friday, April 29

SEABECK WEEKEND BEGINS
10:15-11:30 a.m..... Meditation, Nursery

Saturday, April 30

SEABECK WEEKEND

Note: "Meetings with the Minister" for April have been cancelled.

If you want to see the complete calendar (including rentals) go to the church website, www.shorelineuu.org and look for it under "services and activities."

**SHORELINE UNITARIAN
UNIVERSALIST CHURCH**

14724 First Avenue NE
Shoreline, WA 98155
206-363-7994

Email: office@shorelineuu.org
Website: www.shorelineuu.org

Rev. Heather Lynn Hanson, *Interim Minister*
Chris Pollina, *Director of Religious Education*
Youth Ministry Coordinator
Frederick N. West, *Music Director*
Krista Tenney, *Member Activities Coordinator*
Laurie Radin, *Administrator*

Board of Trustees:

Ben Tompkins, President; Laura
McCarty, Vice President; Dawn Daring-
ton, Heidi Henriksen, Julie Houff, Eliza
Sutton, Karen Thompson

Vision:

*To become a leading voice of liberal religion in
the Northwest,
by continuing to act locally, while thinking
regionally, nationally, and globally.*

Mission:

***SUUC is a caring community
that celebrates the growth of mind
and spirit and inspires us to create a
more just world.***

Values:

*Affirm and promote the UU Principles.
To grow our human and financial resources in
service of our mission and vision.*

**SHORELINE UNITARIAN
UNIVERSALIST CHURCH**

has declared its buildings
and grounds a
Weapons-Free Zone

SUUC is a UUA-certified
Welcoming Congregation. We
welcome diversity of ability, age, class,
culture, ethnicity, gender, race, reli-
gious and nonreligious backgrounds,
and sexual orientation.



OUR CONGREGATION is a member of the Unitarian Universalist Association

Soundings

**Shoreline Unitarian
Universalist Church**
14724 First Avenue NE
Shoreline, WA 98155-6806

