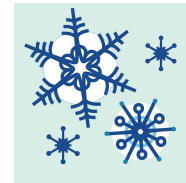


Soundings



THE NEWSLETTER FOR SHORELINE UNITARIAN UNIVERSALIST CHURCH, SHORELINE, WASHINGTON

Worship Services – January 2011

Sunday, January 2, 10:30 a.m.

“What It Means to Open Your Heart to Yourself and to The World around You”

Frank Robinson, LMHC, Guest Speaker

“There is a divinely inspired, soulful, spirit-based place deep inside all of us where we are always at peace, safe, free, secure, clear, strong, gentle, and wise. If we are not feeling these things in our life, it’s not because they are not there. It’s because we’re not where they are! Today’s talk will help you learn some ways to find that place.” After the service Frank has offered to do a one-hour workshop; see page 13.

Sunday, January 9, 10:30 a.m.

“Believe It or Not!”

The Rev. Heather Lynn Hanson, Interim Minister

Sohia Lyon Fahs said, “It matters what we believe.” On the other hand —Alice laughed, “There’s no use trying. One can’t believe impossible things.” “I daresay you haven’t had much practice,” said the Queen. “When I was your age, I always did it for half-an-hour a day. Why, sometimes I’ve believed as many as six impossible things before breakfast.”

Sunday, January 16, 10:30 a.m.

Association Sunday — “Alice in UU Land Celebrates Our Once and Future Faith”

The Rev. Heather Lynn Hanson, Interim Minister

What is the UUA: a movement, an institution, a support system, a vision-shaper? A look back at the “Merger” in 1961, some of the struggles, issues, victories, and changes that have occurred within Unitarian Universalism in this half century, and a glimpse forward. We learn a little about this amazing, evolving organization; our part in its story and its part in ours. Through our Plate Share Offering we will support the UUA’s special projects for UU congregations. Our Choir will sing.

Sunday, January 23, 10:30 a.m.

“Waltzing with Bears”

The Rev. Heather Lynn Hanson, Interim Minister

Next fall we will be looking for the right Bear (minister) to waltz with. But the Bears out there will be looking, too, for the best partner for them. A little humor and some wide-eyed exploration of what it takes to go waltzing with bears. (For a giggle: go to Google and put the title in. You’ll find at least two versions of this goofy kid’s song).

Sunday, January 30, 10:30 a.m.

“Alice and the Mushroom: Which Side to Nibble?”

The Rev. Heather Lynn Hanson, Interim Minister

Alice discovered a mushroom that would make her grow or shrink. Figuring out how much to eat from which side, while the magic mushroom was still within reach, was imperative, so that Alice could explore the rest of Wonderland.

MINISTER'S REPORT

THE REV. HEATHER LYNN HANSON

The Interim Passage ~ New Year Greetings from Heather Lynn



The turning of the year is traditionally a time to take stock.

Businesses must take inventory of their stock, for the sake of filing taxes. The public has a couple months margin in which to balance books and file taxes, but once a year, we should know where we stand.

Your leaders at Shoreline UU Church are doing that now: looking at the resources you have promised with your stewardship pledges, and considering how to meet expectations and set priorities when revenue appears to be very tight this coming year.

However, taking stock is not only about material treasures. This is also a time to weigh the gifts and debts of the past year, and make choices for the future. At the Jewish New Year in September, releasing or forgiving debts, and committing to new or renewed relationships with neighbors and God, is paramount – spiritually necessary before coming to the sacred day of Yom Kippur. Cleaning the slate, so to speak, and clarifying your high resolve for the future opens your path ahead. Although the Jewish tradition is not common to most UUs, you probably recognize the advantage of tying this time of introspection and redirection to a particular day or ceremony.

Now and then I think about what I love about my life and what I wish I could do more – or less of. What I would like to become more like, what old habits I'd be really happier without. My goal is not some level of perfection, but a shift of emphasis, a refocusing of my energy and time. But the silence of doing nothing – being still with everything, and no thing, is a discipline I don't practice well. Ceremony and ritual give me that structure I need.

I invite you to attend a New Year's Turning and Returning ceremony on Wednesday January 5th, to be held in Chrysalis from 6:30 - 8 p.m., and again on Thursday January 6th, 1 - 2:30 p.m. You may come when you can, and leave as you need to. There will be short readings, bits of music, lots of time for silent reflection, and optional simple rituals for renewal and recommitment of time and heart for the new year. Registration is not necessary, but if you are available to help set up or to contribute to either service, please call me.

Whether it is with others, or on a long quiet walk by yourself, I wish you opportunities to clear your mind, to give thanks for what is, and to welcome with quiet assurance the coming year.

With warm thoughts and blessings for you and those you care about,

Heather Lynn

Thinking about Joining SUUC?

New Member Orientation Classes will be held on two Wednesday evenings in January. Session One is January 19, and Session Two will be January 26, both from 6:30-8:30 p.m. Together the two sessions help you understand the roots and traditions of Unitarian Universalism and give you a chance to tell of your own journey and hear others' as you get acquainted. You will learn about SUUC: a little about how it operates, how you can get involved, where things are on campus, and what is expected of those who become voting members.

Please call Rick Wilson, Chair of Membership, or Laurie Radin, our Administrator to let us know your plans. Child care will be provided if requested.

New members will be welcomed into the community one Sunday in February.

— Heather Lynn Hanson

It is starting to get busy around here! First, the stewardship drive is done, except for a few of you who we know value this congregation highly and have told us personally that you are planning to sustain SUUC but haven't turned a pledge form in yet. We asked for 10% more in 2011 to spread the cost of the ministerial search over two years, and while many of you at all pledge levels rose generously to the challenge, many of you could not. The budget team met on December 13 to begin resolving the \$38,000 shortfall. We came up with one good but yet undeveloped idea to potentially cover 25% of this, plus a bunch of unappealing ideas for cutting costs.



You recently received a letter soliciting your input on ideas for increasing income as well as priorities in reducing costs. Simply asking for increased pledges is not likely to work, but you can each help by providing ideas for ways to make up for the lower expected income from the auction next year, and by committing your energy to making fundraising events fun, interesting, and effective.

The budget team invites you to be part of the solution by joining us after church on **January 9** to hear about our progress, answer questions, present your ideas, and discuss the issues. The Board hopes to approve the resulting budget on January 12 and a Congregational Meeting to vote on it is set for **January 23**.

Meanwhile, we are approaching the midpoint of our first interim year, and it is time to assess our progress. The Board and the Interim Ministry Support Team will be meeting on January 17 to prepare a detailed report for the UUA and for ourselves. If you have observations or opinions on how we are doing, please let me know or grab any Board or IMST member and bend our ears.

A third project underway is to select the members of the Ministerial Search Committee. A ministerial search is both long and obviously extremely important to the future of this congregation. The Board is developing a process and an application form to spell out the requirements so that we can assemble a team with the necessary skills, energy, and commitment to get us a new minister that best fits our needs. The selection process will culminate in a special Congregational Meeting on **March 20** for you to elect the committee members.

As if those weren't enough, a fourth simultaneous undertaking is the holidays. I sincerely hope that all of you are having a merry, rewarding, family-and friend-filled holiday season!

— Ben Tompkins

Congregational Meeting Notice

The annual Congregational Meeting for approving the 2011 operating budget will be held Sunday, January 23. Join us for a potluck after the church service with the meeting to follow at 12:15 or shortly after, and lasting approximately an hour.

Child care will be provided, but please let the office know a week in advance if you wish to take advantage of this service.

Agenda:

1. Presentation and adoption of the 2011 operating budget.
2. Proposal to reduce the legal quorum requirement in the Bylaws for the Board of Trustees from 5 to 4 members to match the 2009 reduction of the board size from 9 to 7 members .

—Ben Tompkins, President

RELIGIOUS EDUCATION

CHRIS POLLINA – DIRECTOR OF RELIGIOUS EDUCATION



Recently at the Religious Education Committee meeting, we finally had enough time to get through all the pressing issues on our plate and talk about something we'd been tabling for a while – officially deciding on the functions and purposes of the RE Committee. While many of the points we agreed on were things we do already, I think it's useful to have it written out so that people can understand exactly what we do, and what our meetings entail. The points we agreed on were:

- Provide the DRE with a range of ideas and information on the many different aspects of the RE program and help to realize the broader goals of the RE program as defined by the DRE.

- Advise the DRE and provide the DRE with a range of ideas and information on the many different aspects of the RE program.

- Create policy for the RE program as necessary.

- Assist with the creation and execution of occasional extracurricular, family-oriented events (pool parties, holiday events, etc.).

- Assist with planning and advising on children's church days.

- Have a good time at each and every meeting.

And, for the record, we do have a good time at each and every meeting! At the end of our December meeting, Sarah Brock, age 7, told us about her ideas for how we could help give sandwiches to homeless people, which led to a great and energetic brainstorm of the many different directions youth social action projects could go. If you'd like to stop in on an RE Committee meeting, come on the second Sunday of the month from noon until 1:30 p.m. in Chrysalis; we'd love to have you. For parents, childcare is available upon request.

Also, don't forget to check out the RE bulletin board – there's lots of new stuff on it that showcases activities the kids have been doing over in Chrysalis lately. Hope your holidays are warm and full of cheer. Here's looking forward to light slowly returning to our part of the planet in the new year!

Upcoming dates:

Sun, Jan 2 – Children's Church (all ages meet together in Chrysalis)

Sun, Jan 9 – RE Committee Meeting, 12–1:30 p.m. in Chrysalis

Sun, Jan 23 – Congregational Meeting, 12–2 p.m. in the Sanctuary

— *Chris Pollina, shorelinedre@gmail.com / 206-240-5500*

Family Pancake Brunch Fundraiser January 16th!

Looking toward the new year, the Fundraising Committee will be busy getting ready for a Pancake Brunch after our service on January 16. Along with pancakes we will be serving a special treat, egg strata. There will be gluten-free and meatless choices for those with special diet needs. Coffee, tea and juice will be served. Tickets will be \$5 for adults; children 12 and under, free. Kitchen helpers, pancake flippers, food servers, and cashiers will be needed. This is going to be so much fun, a great chance for young people to help, and we would like to coax the men in our congregation to flip those pancakes for us! Please call Helena at 206-784-7105 if you would like to volunteer.



Tradition:

1) Transmittal of elements of a culture from one generation to another, esp. by oral communication. 2) A set of customs and usages transmitted from one generation to another and viewed as a coherent body of precedents influencing the present heritage. 3) A time-honored practice or set of such practices

What are the Shoreline Unitarian Universalist traditions that you hold dear? Which are the ones that you would like to see drop by the wayside? What new ones do you see on the horizon? 2011 is a pivotal year, and your voice and participation will play an important role in those decisions.



Heather Lynn and I have set the following goals for me as your SUUC Membership Activity Coordinator:

- **Promote communication and coordination among church groups and activities**
- **Develop membership opportunities and information**
- **Promote leadership development among membership**

I set up the SUUC Council of Committees meeting in September and worked with Laura McCarty and Laurie Radin to review and establish a working calendar for 2010-11 events and activities. One of the results from this meeting was having a new Fun(d)Raising chair emerge, Helena Parker! Another meeting will be scheduled in March or April to plan for the summer and fall activities.

I meet with Heather Lynn at least weekly and other staff to review issues, concerns and new areas of interest affecting the SUUC congregation. Laurie and I have set up a new SUUC Facebook page, and I am delighted that SUUC events are now regularly featured on the Shoreline Area News blog. SUUC is now a NWF Wildlife Habitat thanks to the RE summer activities that I worked on with Chris Pollina and many SUUC members.

I attend SUUC Board meetings and committee meetings as necessary and with Heather Lynn, work on assigned projects and membership orientations. I am serving on the IMST team and will be developing a Best Practices session on Leadership Development. Getting to know each of you this year has been an incredible pleasure!

—Krista Tenney, Membership Activities Coordinator tenney@shorelineuu.org

The UUA Addictions Ministry

“Craving...[is] the equivalent on a low level of the spiritual thirst of our being for wholeness...”—Carl Jung in a letter to Bill Wilson, Co-founder of Alcoholics Anonymous

Addictions present many challenges. The Unitarian Universalist Association (UUA) recognizes that our faith provides strength and comfort with which to meet those challenges. The Addictions Ministry offers resources and information to support reflection and transparency, and to help those with addictions, their families, and their communities along the path to recovery. The Addictions Ministry Team:

- Holds the vision and maintains the support for Addictions Ministry;
- Calls on leaders and faith communities to better understand and respond to the toll that addictions take;
- Acknowledges that the spiritual growth and search for truth outlined in our Unitarian Universalist (UU) Sources and Seven Principles can help us meet the challenge of addictions.

From the UUA Addictions Ministry website: <http://www.uua.org/leaders/leaderslibrary/addictionsministry/index.shtml>

For more information on the SUUC Addictions and Recovery Ministries, contact Chris Poole at 206-542-9271 or Bill Norton at wknorton@aol.com or 206-632-7177.



Partnerships and Pilgrimages

Over 140 UU congregations in the US and Canada are participating in the UU Partnership Program. They have partner churches in Transylvania, Hungary, India, the Philippines and East Africa.

The partnering process includes visits by members of the North American congregation to their partner church, as well as arranging for visits here by members of the overseas partner. The scheduling and logistics of such pilgrimages are coordinated by the UU Partnership Church Council.

It is possible for a member or members of SUUC to join a group traveling on a pilgrimage from a North American partner church.

Do you have some frequent-flyer miles you could use for traveling overseas? Are you already planning a trip near one of the areas where there are UU partner churches? Connecting with UUs in another part of the world can be a life-changing experience.

For more information on Partner Church pilgrimages, visit www.uupcc.org/trips.html.

For more information on SUUC and the Partner Church Movement, contact Rev. Will Main or Bill Norton.



Help Plan the Auction!

Your input and ideas would be most welcome at the Auction planning session on Monday, January 17, 3:30 p.m., in the Conference Room.

This spring's Auction will be held on Friday, April 8 at 7 p.m. It will feature Events and Services sign-ups, a live auction, entertainment, and delicious food and drink. We have a wonderful core group of experienced "auctioneers" who have already done some preliminary planning. Now is the time to incorporate new ideas and get started on the specifics. If you have experience with auctions in other places, or ideas about how ours can be improved, we would love to have you join us at the January 17 meeting.

For more information, contact Cindy Lyons at lyonscindy@gmail.com or 206-282-5623.



Full Moon Concerts Begin for 2011!!!

Saturday, January 22, 7:30 p.m.

Sin Fronteras

Join us for Latin American traditional and *neuva cancion* rhythms, harmonies, soulful melodies and poetry. Listen to the songs of life, humanity, justice, equality and hope. This joyful group from Chile, Colombia, Mexico and the U.S. will raise your spirits. Tickets at the door \$15; \$10 students/seniors; children free. Season packages available (see flyer in this Soundings for details).

Plans for Ministerial Search Gets Underway

The search process for a new settled minister is a big task, but one for which there's a well-described process and helpful resources available at the UUA website. Selecting seven people for a Ministerial Search Committee (MSC) is our next step. The members of this committee will be performing a very important service over the coming year, which the UUA advises is time-consuming, so that MSC members may need to be relieved of other duties in the congregation while they are doing this work. Our Nominating Committee will be responsible for proposing a slate of willing volunteers for the MSC, for vote at a Congregational Meeting planned for March 20, 2011. Look for more information over the next month.



Its Not Too Late to Register...

...for the one-day Pacific NW District Conference in Portland, Saturday, February 5. You have missed the "early reg. discount" but you and your child can still attend. Several from SUUC plan to go. Registration FINAL deadline is January 18. There will be no at-the-door registrations this year. Read about it and sign up through www.pnwd.org/districtassembly/registration.aspx

Time for "TLC: Talking, Listening, Cogitating" with Heather Lynn Hanson

For opportunities with folks who want time with the minister, let's try a couple of sessions every month. Sometimes the topic will be: "What in the World?" — an article in a recent UU World magazine or a headline of the day will draw our attention. Other times, we'll have a mini-workshop or seminar on a particular topic. Sometimes we'll hear an idea for a sermon and get to comment on it and make suggestions. Or just palaver.

First Tuesdays - 6:30-8 p.m.; starting February 1.

Fourth Thursdays — 12-1:30 p.m.; brown bag optional.

Let's see what germinates.

Let Music Ring!

The Music Committee has sent a gift of \$400 to First Place, a school here in Seattle for children who are living in shelters. They may be homeless or in difficult, even dangerous situations. The school provides them safety and support, as well as a good education. The congregation's support of the Full Moon Concerts made this possible.

The plan is to purchase instruments to expand the children's participation in music. SUUC will receive a report on what has been purchased and what affect this is having on the children.

—*Julia Black, Chair, Music Committee*

We Care!!

Are you going through a tough time in your life when a little help could ease your burden? You are part of our caring community, so don't hesitate to ask for help! Our Care Team is ready to provide support services, including transportation, brief respite care, support for caregivers, light housecleaning, and meals during a crisis. If you need assistance, you may call the monthly Care Team Coordinator directly or contact the church: 206-363-7994 / office@shorelineuu.org. You will be referred to a Care Team Coordinator who will listen to you and match your needs to someone who will provide the appropriate help. Your request is confidential. The January Coordinator is Eliza Sutton (eesutton@yahoo.com or 206-351-9763). The backup contact is Nancy Macdonald, 206-362-2531.



SIXTH ANNUAL FULL MOON CONCERT SERIES 2011

Presented by Shoreline Unitarian Universalist Church
Produced by Fred West



Jan 22 7:30 pm



Sin Fronteras

Sin Fronteras performs Latin American Traditional and Nueva Cancion music. Immerse yourself in vibrant rhythms, soulful melodies, heart touching harmonies all weaving throughout the uncommon poetry of Latin America's common people. Songs of life, humanity, equality, justice, hope. Our current members are from Chile, Colombia, Mexico and the U. S. <http://www.sinfronteraslive.com/>

Feb 19 7:30 pm



Klapa DoopWella

The group was first formed as a "klapa" to sing folks songs of the Adriatic Sea, but has added many styles of singing over the years. They sing klapa music, doo-wop music, folk songs and are a sure hit. <http://klapa.us/>

Mar 19 7:30 pm

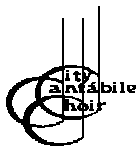


Coffee House

The Wiretappers, with deep musical roots in jazz, bluegrass, western swing, old country and contemporary and funky folk/Americana music will feature some great vocal harmonies. In addition and in true coffee house style, two local singer songwriters will be featured including our own Teresa R. Bain.

Come prepared to eat, listen and rock with the music. <http://www.myspace.com/thewiretappers>

April 30 7:30 pm



City Cantabile Choir directed by Fred West

The Choir will tell commemorate the life and literature of Mark Twain through songs and tales. This is the 101 anniversary of Mark Twain's death and the City Cantabile always creates presentations that are favorites.

Flex ticket: \$45 for 4 admissions, minimum of 3 shows and maximum 2 admission per show

Two Concert ticket: \$25.00

Single tickets: Adults \$15.00 Seniors \$10.00 ~ Children to age 12 are free ~ Call for Groups

Tickets can be ordered at BrownPaperTickets.com or 24/7 ticket hotline: 1-800-838-3006

All concerts on Saturday evening ~ Subject to change without notice

14724 1st Ave NE, Shoreline, WA 98155 • 206-363-7994 • office@shorelineuu.org

**Shoreline and Evergreen UU's Annual Seabeck Retreat: Apr 29-May 1, 2011
At Seabeck Conference Center on Hood Canal**

Re-skilling: What Grandma and Grandpa Knew

AGAIN THIS YEAR: MORE SPACE TO ACCOMMODATE A LARGER GROUP, AND THE OPTION OF PAYING MORE TO STAY IN THE HISTORIC INN OR IN A SINGLE ROOM IN THE ANNEX. PLEASE REGISTER EARLY TO ENSURE YOUR PLACE.

Please note: Any guest children and youth must be accompanied by a responsible parent—add \$30 to registration fee. We have limited space for teens without own parent.

HISTORIC INN / ANNEX

Adults...\$140 Teens 12-16 years...\$90 Children 3-11...\$60 under 3 are free

CEDARS, MAPLES, FIRS, HEMLOCK, & MADRONA

Adults...\$100 Teens 12-16 years...\$80 Children 3-11...\$55 under 3 are free

Congregation: Shoreline ___ Evergreen ___					
NAMES (please give kids' ages)	Adult	Teen	3-11	under 3	cost
_____	___	___	___	___	_____
_____	___	___	___	___	_____
_____	___	___	___	___	_____
_____	___	___	___	___	_____
I will donate an extra \$ _____ to a scholarship fund				Donation	_____
				Total cost	_____
				Amount enclosed	_____
				Balance due	_____

ADDRESS _____ email _____
 _____ Zip _____ Phone _____

SCHOLARSHIP REQUEST _____ SPECIAL HOUSING REQUESTS _____

SPECIAL MEAL REQUESTS (please be specific): _____

Please note: We are trying to keep costs low. We request that ALL participating adults contribute in some way to the program or group activities. Please sign below to indicate how you can help us provide safe, supervised, and fun activities for all participants.

I CAN HELP WITH: Adult program _____ Teens _____ Middle Schoolers _____

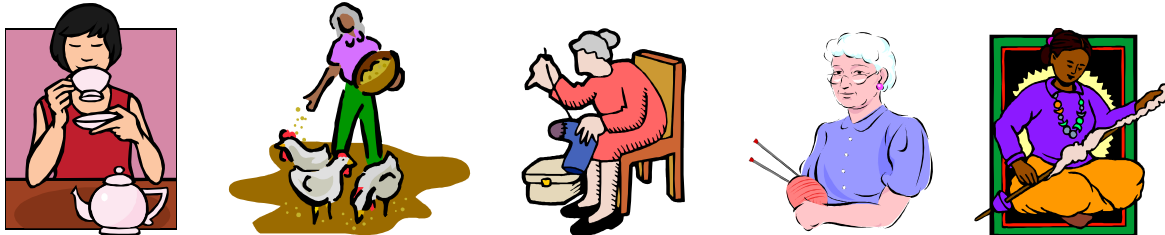
Children's Program: Kids' Crafts _____ Kids' Outdoor Adventures _____

Fri Eve Gathering _____ Sat Eve Party _____ Worship Planning _____

Adult & Kids' Crafts _____ Staffing for Children or Teen Program _____

Earliest possible registration will help us with our planning. Complete this form and send it with your check (payable to SUUC) to Chris Poole, 20410 18 NW, Shoreline, WA 98177. You may pay the total amount, or reserve your space by paying a 50% deposit, with the balance due upon arrival at Seabeck (checks only—no cash please). *Partial scholarships available on request.* Questions? Call Chris Poole (206) 542-9271, or Karen Totten (425) 971 6292.

DEADLINE FOR REGISTRATION IS SUNDAY, March 27, OR ASAP



Re-Skilling: What Grandma and Grandpa Knew

April 29-May 1, 2011

At The Seabeck Conference Center, Seabeck, Washington

Many of us have forgotten or were never taught basic living skills. Technology, machines and the easy availability of products in nearby stores make us dependent, not independent. Sometimes mass produced goods are better, but often they are not. Homemade bread and butter with jam is an excellent example! Join us for a fun-for-all-ages weekend, as we not only teach each other but also record the lessons to be passed on to others. Children will be encouraged to participate in whatever they wish.

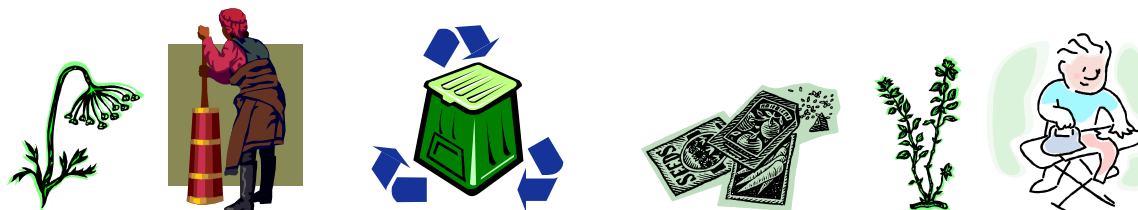
We are still early in the planning stages. Do you have a skill you could teach us about? We'd love to hear your proposal. See Chris Poole (206) 542-9271 or Jennie Lindberg (206) 818-7650 for how to participate. Here are some of the skills that could be on our agenda:

Darning socks
Sewing on a button
Hemming
Ironing a shirt
Making butter

Saving seeds
Composting
Identifying Native plants
Herbal remedies & making herbal tea
Home made modeling clay

Raising chickens
Fixing a bicycle
Spinning wool into yarn
Growing salad sprouts
Your skill and talent?

Register for our Seabeck Retreat by Sunday, March 27, 2011, using the registration form on reverse side. Partial scholarships available on request.



Check-in at Seabeck Conference Center is Friday, April 29th, 7-9 p.m., following dinner on your own, or join us for the potluck dinner at 6:30 p.m. in Colman Center – bring your own utensils for the potluck. Five family style meals provided in the lovely dining room. Our retreat goes through Sunday lunch. You will receive a confirmation letter with directions and the schedule by April 27th. For a preview of our retreat, see the SUUC website at www.shorelineuu.org for our Seabeck Video. Join us – don't miss out!

The Women's Circle has Two Events in January

Our regular Circle will be held on the second Saturday of the month, January 8, from 10 a.m. to 12:15 p.m. This has become a time to create a deepening and sharing that has come to mean so much to this community.

Come and join whenever you have the opportunity. You are always welcome.

We meet in Chrysalis and love having you with us.

You can sign up to be included on the monthly email list for the Women's Circle at the Welcome Table.

Also:

You're Invited! The January SUUC Women's Circle is Hosting an All Day Retreat!

Journey: Walking the Spiral Path Together



A journey that will create a circling spiral to celebrate your personal voice and to honor its value within our sisterhood.

This day-long journey is designed to move you into greater personal clarity while participating in story, dance, ritual, conversation and creativity. Come and experience the power and joy that is added to a women's life because of her place in a community of sisters. Everyone is invited to be a part of this circle of loving, generous and wise women.

January 29, 10 a.m. to 5 p.m. in the Sanctuary. \$10 donation for supplies. Bring a potluck luncheon item for sharing.

If you have questions or need childcare, call Sharon Maynard at 425-774-1142.

Reserve your space by calling Sharon or signing up at the Welcome Table on Sunday so we can get a number count.

Mindfulness Meditation at SUUC

Teacher Cynthia Westby, friend of SUUC, has 30 years meditation experience and 10 years experience teaching mindfulness. 8-week class taught in two sessions, at Shoreline UU on Mondays, 7-9 p.m. January 3, 10, 17, 24; February 28; and March 7, 14, 21. \$90 per 4-week session. Contact Cynthia cynthia.claire@comcast.net or 206-714-2814.

World Storytelling Day

(Sneak preview of coming attractions)

As you may recall from our celebration last year, March 20 is the date for the annual World Storytelling Day. It is scheduled in relation to the Spring Equinox (in the Northern Hemisphere. The day is related to the Autumnal Equinox in the Southern Hemisphere.) Let's plan for a special observance in 2011.

Please contact Bill wknorton@aol.com / 206-632-7177, Frogwoodfrog123@comcast.net, or Cynthia Westby cynthia.claire@comcast.net with ideas and suggestions.

Plate Share Offerings

Plate share for January will be held on January 16 to support "Association Sunday." The offering will be divided between SUUC and the UUA Association Sunday Fund for special projects supporting congregational strength and growth. Proceeds from the 2010-11 special collections at Association Sunday services around the country will be used to ensure that Unitarian Universalism thrives for generations to come through initiatives like Leap of Faith, a pilot project establishing mentoring relationships between selected congregations.

Thanks for the Dec. Plate Share!

Our plate share donation on December 12th of \$684.13 has been sent to the YWCA program for emergency shelter from domestic violence. Thank you for sharing your gifts with them!

Baroque Music at Julia's



Lex Voorhoeve tries out Julia Black's harpsichord at another successful Auction Event
Seven lucky people had their ears delighted and their palates pleased by a fortuitous purchase from last spring's church auction. It was an afternoon of Baroque music at Julia Black's condo. She entertained in her living room on her beautiful harpsichord, playing music by Handel, Rameau,

Couperin, Scarlatti and Bach.

Not only did she play and give us information on the composers, but she also opened up her instrument and showed us its inner workings, which include small items called "jacks," which pluck the sound from it. And then she produced a lovely dessert, augmented with a sip of sherry.

The fortunate participants were Lex Voorhoeve, Marjon Riekerk, Barbara Rader, Joyce Allison, Joan Kerns, Kathryn Kerns and Molly Holmes.

What event or service will you give to the next church auction, to be held on April 8?

Save the Date: Saturday, January 8, 2011

Please join Earth Ministry and faith communities around the state in working to pass four bills in the Washington State Legislature's 2011 session!

Environmental Priorities Coalition Legislative Workshop

When: Saturday, January 8, 9:30 am - 2:45 pm

Where: Seattle Pacific University, Gwinn Room

Cost: \$20 with lunch, \$10 without lunch, and \$10 for students with lunch.

Register: <http://www.gifttool.com/registrar/ShowEventDetails?ID=1608&EID=8267>

This annual event is your opportunity to be involved as the state's leading conservation groups prepare for the upcoming legislative session. There will be experts on hand and a panel of state legislators to answer questions about this year's Environmental Priorities. There will also be helpful break-out sessions on how to use social media to get your voice heard and be your own citizen lobbyist. Also, new this year, there will be a session titled Activism 2.0, for folks who are ready to take their activism to the next level to help build the environmental movement. Earth Ministry's LeeAnne Beres will lead a breakout session on the Coal Free Future for Washington campaign, and Jessie Dye will lead a session on How to Lobby.

SUUC Service Project at Food Lifeline

In December, our Youth Group aided us. Here's hoping we can get them to join us again and get others to join us regulars. Don't forget the food and check donations to the Food Lifeline boxes in the hallway outside the Sanctuary.

Welcome to 2011! Remember Y2K—doesn't it just seem like yesterday? So much has happened and yet so little has changed in a lot of ways. We still haven't solved the problem of everyone having enough to eat; in fact, it has gotten worse. One of my clients who has a full-time job as a medical technician has to go to her local food bank once a week in order to make ends meet. Please join us for our monthly repacking project at Food Lifeline on the third Tuesday of each month.

January Date: **Tuesday, January 18.**

The project begins promptly at 6 p.m. and ends at 8 p.m. (Please don't arrive after 6:05 because the doors lock and we won't be able to hear you knock.) Potluck at 5:30 for those who care to eat together (please make those arrangements among yourselves). Everyone welcome, please remember to wear close-toed shoes.

Food Lifeline at 1702 NE 150 Street (near the former Fircrest School area). Turn east on NE 150th off 15th Avenue NE in Shoreline. Drive a short distance and watch for the driveway into the Food Lifeline parking lot and warehouse on the left. There's a small Food Lifeline sign to mark the turn.

Next month's date is February 15. Please sign up at the Welcome Table or by contacting Laura Banks (laurabanks1@comcast.net or 206-235-3611).

Highlights from December 8th Board Meeting

Financials: We were budgeted for \$7K deficit at the end of this year, but there is actually a \$3K surplus (there have been more rentals than anticipated); expenses for December may reduce this surplus, but \$2-3K may carry over to 2011. However, pledges for 2011 are below anticipated (\$128K at the time of the Board meeting, compared with \$166K budget for 2011, including ministerial search expenses).

Facility use: We've been discussing facility use by members, one question being when a gathering would warrant a rental fee (to cover cleaning & garbage costs). Member group meetings are an integral part of our function, and most of the pledges by members & friends are for "operations", including heat, light, and staff salaries. We're putting together a draft policy on this.

Pacific Northwest District (PNWD) Assembly, 2/5/2011 in Portland: Ben, Heather Lynn, and Eliza are planning to attend, and we understand that several SUUC choir members are also planning to attend. Dr. Ysaye Barnwell of Sweet Honey in the Rock will lead the keynote presentation.

Ministerial Search: According to our Bylaws, the Nominating Committee proposes members for the Ministerial Search Committee. Our Board president and vice president, Ben and Laura, will be meeting with the Nominating Committee and Heather Lynn. We anticipate that one early step will be turning the search committee criteria from the UUA website into an application.

Upcoming workshops and meetings: January 9 for a budget discussion with the congregation, January 23 is a Congregational Meeting (to approve budget). Heather Lynn is planning an Appreciative Inquiry workshop February 27, a workshop in early March on new styles of conflict management, and tentatively planning workshop on dynamic congregation growth (date to be determined). Congregational Meeting planned for March 20 to elect Ministerial Search Committee.

— *Eliza Sutton, Secretary*

Sunday Dream Group

Meets second Sunday of the month; facilitated by Tricia Davis. We will be meeting Sunday, January 9 right after the service, 12 - 2 p.m. in the East Chrysalis Room. New members are welcome. Please come to share your own dreams or simply participate in the group, searching cooperatively for the meanings in the dreams shared by others. Sharing dreams in a group this way strengthens the fabric of community and helps to meet our desire for belonging and connection. For information please contact Tricia at pmdavis500@aol.com.

Workshop:

"The Manly Art of Surrender"

After the service on January 2, speaker Frank Robinson has offered to do a one hour workshop. It will be a one hour experience of learning how to "Let Go" of attachment to the past, the future and even how things stand right now. Learn a one breath meditation that can instantly take you to that place way deep down inside all of us (a place I know you already know) where we are naturally at peace, free, safe, strong, clear, gentle, and wise. If you are not feeling these things it is not because they are not there. It is because you are not where they are. It is something you can do every ten to fifteen minutes throughout your entire day and can change the way you experience your life. "Letting go" does not mean giving up, not caring, or losing your passion or your sense of direction. It is about connecting with your deeper self where you will find your backbone, gentleness, intuition, creativity, wisdom, clarity, and so much more.

This event is intended for anyone who is interested in learning a new tool to help reclaim ownership of the quality of their life experience.

Frank Robinson, LMHC, is a licensed therapist, author public speaker, columnist, seminar leader for personal/spiritual growth and relationship workshops, a consultant to businesses and organizations doing spirit-based team building, conflict resolution, communication skills training and executive coaching. He has been in practice for 36 years. His book *Finding Your Soul: At Work, At Home, And When You're Alone!* will be for sale after the service (\$15).

Focusing on Strengths at SUUC

Jerald Forster will facilitate a kick-off session Sunday afternoon, January 9, for those who are interested in exploring approaches to Focusing On Strengths (FOS) at SUUC. This 90-minute session will take place 15 minutes after the Congregational Meeting on the 9th, in the Conference Room. Sandwich ingredients and fruit will be available.

This FOS session will include some descriptions of what *Strengths-Focused Relationships*, and a *Strengths-Focused Congregation*, would be like. Activities that would enable SUUC participants to focus on strengths will be described and sampled during brief experiential interactions. There will be time for participants to ask lots of questions and to give initial reactions/suggestions to the approaches being proposed.



January Schedule of Greeters & Ushers

January 2	Greeters: Sallianne Davis & Jan Soderling	Ushers: Tracy Monaghan & Homer Henderson
January 9	Greeters: Linda Merriam & Jeannette Blankenship	Ushers: Barbara Stilson & Christina Horst
January 16	Greeters: Barbara Stilson & Rose Lagerberg	Ushers: Tracy Monaghan & Molly Holmes
January 23	Greeters: Lex Voorhoeve & Marilyn Thompson	Ushers: Barbara Stilson & Marge Hampton
January 30	Greeters: Ann Martin & Bev Millison	Ushers: Paul Borrmann & Molly Holmes

Shoreline Unitarian Universalist Church

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Soundings

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Submission deadline for **Soundings** is usually the 20th of the preceding month by 10 a.m. Include your name with submitted materials. Articles are accepted in any readable format, but PC-compatible electronic copies are appreciated. Email articles to office@shorelineuu.org OR place hard copy in the Administrator's mailbox inside the conference room.

January 2011

Sunday, January 2

10:30-11:30 a.m. Worship Service, Sanctuary
12-1:30 p.m. Green Justice Meeting, Conference Room
12-2 p.m. Youth Group, North Portable
12-1 p.m. Frank Robinson Workshop, Sanctuary

Thursday, January 6

9:30-11 a.m. Food for the Soul, Forster Residence
6-7:30 p.m. Choir Practice, Sanctuary
7:30-9 p.m. Thursday PM Chalice Circle, North Portable
7:30-9 p.m. Connector's Chalice Circle

Friday, January 7

10:15-11:30 a.m. Friday Meditation, Nursery

Saturday, January 8

10 a.m.-12:15 p.m. ... Women's Circle, Chrysalis
1-3 p.m. OWL, Chrysalis

Sunday, January 9

10:30-11:30 a.m. Worship Service, Sanctuary
12-2 p.m. Youth Group, North Portable
12-1:30 p.m. RE Committee, Chrysalis
12-2 p.m. Dream Group, East Chrysalis Room
12-2 p.m. Tentative: Budget Meeting, Sanctuary

Monday, January 10

1-2:30p.m. Monday Chalice Circle, Nursery

Tuesday, January 11

7-9 p.m. Women's Group, East Chrysalis

Wednesday, January 12

11 a.m.-12:30 p.m. ... Music Committee, Conference Room
7-9 p.m. Board Meeting, Conference Room

Thursday, January 13

10-11:30 a.m. Thursday AM Chalice Circle, Nursery
6-7:30 p.m. Choir Practice, Sanctuary
7:30-9 p.m. Worship Planning Committee, Conf. Room

Friday, January 14

10:15-11:30 a.m. Meditation, Nursery
10:30 a.m.-noon Book Group? Nursery
5 p.m.— OWL Sleepover, Sanctuary

Saturday, January 15

— 1 p.m. OWL Sleepover ends, Sanctuary
1-3 p.m. OWL, Sanctuary

Sunday, January 16

10:30-11:30 a.m. Worship Service, Sanctuary
12-1:30 p.m. Green Justice Meeting, Conference Room
12-2 p.m. Youth Group, North Portable
12-3 p.m. Pancake Brunch, Sanctuary

Monday, January 17

3:30-5:30 p.m. Auction Planning Meeting, Conference Room
7-9 p.m. Board/Interim Review, Conference Room

Tuesday, January 18

6-8 p.m. Food Lifeline

Wednesday, January 19

6:30-8:30 p.m. Membership Orientation part 1, Chrysalis

Thursday, January 20

9:30-11 a.m. Food for Soul, Forster Residence
10 a.m. SOUNDINGS DEADLINE
6-7:30 p.m. Choir Practice, Sanctuary
7:30-9 p.m. Thursday PM Chalice Circle, Chrysalis
7:30-9 p.m. Connector's Chalice Circle

Friday, January 21

10:15-11:30 a.m. Meditation, Nursery
12-1 p.m. Senior Brown Bag Lunch, Conference Room
1:30-2:30 p.m. Membership Committee, Conference Room

Saturday, January 22

9 a.m.-noon IMST Appreciative Inquiry, Conference Room
1-3 p.m. OWL, Chrysalis
7-9 p.m. Full Moon Concert, Sanctuary

Sunday, January 23

10:30-11:30 a.m. Worship Service, Sanctuary
12-2 p.m. Potluck & Congregational Meeting, Sanctuary
12-2 p.m. Youth Group, North Portable

Monday, January 24

1-2:30p.m. Monday Chalice Circle, Nursery

Wednesday, January 26

6:30-8:30 p.m. Membership Orientation part 2, Chrysalis

Thursday, January 27

10-11:30 a.m. Thursday AM Chalice Circle, Nursery
6-7:30 p.m. Choir Practice, Sanctuary
7:30-9 p.m. IMST Meeting, Conference Room
7:30-9 p.m. Thursday PM Chalice Circle, Chrysalis

Friday, January 28

10:15-11:30 a.m. Meditation, Nursery

Saturday, January 29

10 a.m.-noon Care Team Meeting, Conference Room
10 a.m.-5 p.m. Women's Retreat, Sanctuary
1-3 p.m. OWL, Chrysalis

Sunday, January 30

10:30-11:30 a.m. Worship Service, Sanctuary
12-2 p.m. Youth Group, North Portable

**SHORELINE UNITARIAN
UNIVERSALIST CHURCH**

14724 First Avenue NE
Shoreline, WA 98155
206-363-7994

Email: office@shorelineuu.org
Website: www.shorelineuu.org

Rev. Heather Lynn Hanson, *Interim Minister*
Chris Pollina, *Director of Religious Education*
Youth Ministry Coordinator
Frederick N. West, *Music Director*
Krista Tenney, *Member Activities Coordinator*
Laurie Radin, *Administrator*

Board of Trustees:

Ben Tompkins, President; Laura
McCarty, Vice President; Dawn Daring-
ton, Heidi Henriksen, Julie Houff, Eliza
Sutton, Karen Thompson

Vision:

*To become a leading voice of liberal religion in
the Northwest,
by continuing to act locally, while thinking
regionally, nationally, and globally.*

Mission:

***SUUC is a caring community
that celebrates the growth of mind
and spirit and inspires us to create a
more just world.***

Values:

*Affirm and promote the UU Principles.
To grow our human and financial resources in
service of our mission and vision.*

**SHORELINE UNITARIAN
UNIVERSALIST CHURCH**

has declared its buildings
and grounds a
Weapons-Free Zone

SUUC is a UUA-certified
Welcoming Congregation. We
welcome diversity of ability, age, class,
culture, ethnicity, gender, race, reli-
gious and nonreligious backgrounds,
and sexual orientation.



OUR CONGREGATION is a member of the Unitarian Universalist Association

Soundings

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