

September 2015

Soundings

Newsletter of Shoreline Unitarian Universalist Church

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September Worship Services

All services at 10:30 a.m.

Sunday, September 6: "Come As You Are," Bridget Laflin, Pulpit Guest

Sunday, September 13: "Gathering of the Waters," an all-ages service. Please bring a little bit of water to share, a perhaps a thought about what you learned this summer. Rev. Kate Landis

Sunday, September 20: "Looking Forward, Looking Back: 50 years of fellowship, spiritual exploration, and activism at SUUC," Rev. Kate Landis

Sunday, September 27: Rev. Barbara Cornell, Affiliated Minister

Minister's Message

Hello my dear church family, I hope you are well today. It is September, a traditional time for new beginnings, and lots of exciting things are afoot here at SUUC.



This summer I had the pleasure of working with the Task Force on Worship and Growth to consider how we could best serve folks in our expanding congregation. This task force was formed because of a Committee on Ministry report to the Board of Trustees on the terrific book "*Raising the Roof: the Pastoral to Program Size Transition*." The author, Alice Mann, writes that when 80% of desirable seats are full most people will feel like it is too crowded. What are desirable seats? Seats that are farther back than the first two rows, near an aisle. Mann writes:

Worship space is effectively 'filled up' when 80 percent of the desirable seats are full on any regular basis. Yes, an assertive person could walk up to the front pew or climb over several people to take that seat in the center of the row, but there are good reasons those seats remain empty when the rest of the church is full (just think about the way seats fill in a movie theater). Most of us would rather be near the end of a row and a little further back, even if we know our fellow congregant's pretty well. So imagine how the newcomer feels if squeezing in or parading up to the front appear to be the only choices. When your main worship service reaches 80 percent of comfortable capacity (measured at 30 to 36 inches per person), you may be pretty certain that you are discouraging frequent attendance by current members and presenting a 'no vacancy' sign to newcomers (page 20).

Uh-oh! Our most desirable seats are filled pretty early Sunday morning, and the front row is usually almost empty. Seats on the aisles are full but the interior is open. How can we help long-time members and new folks feel welcome if all the 'good' seats are gone? First I request that we all move to the head of the class-let's fill the front of the church first, saving seats in the back half for folks who arrive just before the service begins or need to be near the doors because they have babies or other reasons for needing a quick escape. If you don't usually have to leave the service early, slide on up to the front.

And how about those valuable aisle seats? Well, if you are very tall, need a spot for a cane or walker, or again need a quick escape route, go ahead and grab an aisle seat. Otherwise, let's move on in to the center of the section. We'll save the aisle seats for folks who need them or who come in late.

Now let's get down to the nitty-gritty: the parking lot. Mann writes "Parking is effectively 'filled up' if there is no convenient space obvious to the newcomer who arrives five minutes before the service starts." Double uh-oh. During the school year our lot is often full by 10 a.m. What do our older folks, our folks with canes, on crutches, with balance issues, with new babies-what do they do when the lot is full? They go back home. For many of our members and visitors parking isn't a luxury, it is an absolute necessity. So let's consider our lot open only for folks who really need it. You know if you need to park close to the church or can walk a bit. Parking is plentiful and unrestricted in our neighborhood, so add a short Sunday stroll to your morning and allow someone who absolutely needs the parking lot to have the space.

The Task Force on Worship and Growth was hard at work this summer, and developed even more ways for us to feel comfortable in our growing congregation. The Welcome Team implemented changes in coffee service so there will be less crowding. Kate Beck is going to organize pot-luck dinners and Catherine Crain and Laura Banks are organizing free, just-for-fun events so we can know each other better. The task force heard the concerns of congregants feeling crowded and improvements are starting now. It is going to be a great autumn!

Warmly,
Rev Kate

Director of Religious Exploration

Greetings all! It's certainly been a lively summer at the church! When I came back from my wedding and honeymoon vacation, I was surprised to find eight new children in attendance! In stark contrast to past sleepy summers at SUUC where we could go several weeks without having more than eight or nine children at church, we've regularly had fifteen kids or more. It's made our variety of activities, such as preparing sandwiches for the residents of the United We Stand tent city, working with stories about the mystery of life, and helping out at the community garden, much more lively and energetic enterprises.



I'm also happy to report that in mid-August, the roster of children's Religious Exploration teachers is officially complete! We've again got a good mix of folks returning to teaching this year and people stepping into the team for the first time. I'd like to thank the new teachers for taking the plunge: Anna S, Mel W, Judi K, Tam K, Shannon S, Susan S, Robin B, Rebecca P, Dianne C, and Aureole L, thank you all for giving the gift of your time and talents to the children and youth of our community!

Children in the 3rd-5th grade group will be using a curriculum called Spirit of Adventure, which is made with the active child in mind. Activities will focus on some less discussed ways of living out and expressing UU values, such as through sports, science, cooking, building, and more. I'm hoping the group can find a few occasions throughout the year to do something outdoors-y that takes longer than a standard one-hour Sunday morning program will allow for; as I am far from an expert in this arena, I welcome any ideas you may have about something that would make for a fun afternoon or evening with children of this age! Youth in grades 6 and higher will spend their Sunday mornings delving into the moral, ethical, and philosophical questions brought about by two classic TV shows, The Simpsons and The Twilight Zone. I'm really looking forward to seeing some young minds blown by the cutting social commentary of The Twilight Zone in particular! Lastly, our youth group will be restarting this year on Sunday evenings, for youth in grades seven and higher. The youth group will be doing a variety of activities that will touch on areas of spirituality in practice, social justice work, and just-plain-fun and silly times. I'm so glad that our numbers of youth are beginning to grow to the point where youth group is again feasible!

There's loads of other things a-brewing at our church presently, but alas, this is all the space I have for this month! I hope that these last days of summer provide you all with some rest and repose before the next chapter of your lives begins. Take care of yourselves and each other.

Chris Pollina
shorelinedre@gmail.com

Upcoming Events

Sunday, September 13 - Gathering of the Waters Intergenerational Worship

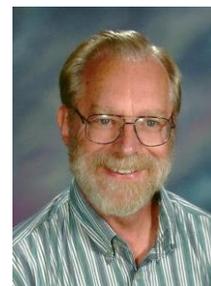
We ask everyone to gather a small amount of water that has some significance to you (ocean water from a trip to the coast, water from your rain barrel to symbolize time you spent in the garden, etc.) to mix with everyone else's water during the Gathering of the Waters ritual this day.

Sunday, September 20 - First day of 2015-16 Religious Exploration classes!

Sunday, September 20 - Family Potluck, noon-2 p.m.

Our monthly kid-friendly potluck. Bring a dish to share, games, and anything else

For the Next 50 Years!



That is the theme for this fall's combined Capital Campaign and annual pledge campaign for the operating budget. As we prepare to celebrate our 50th birthday in 2016, we not only look back, but we look at where we stand today, and where we want to be in the coming years.

The goal for the Capital Campaign is **\$500,000** in pledges or gifts to be given by the end of 2018. The goal for our operating budget campaign will be **\$197,000**. That is about \$11,000 more than the total I estimate we will receive in 2015 pledges. We are a growing congregation (almost 30% in the past 3 years), and this presents us with some exciting challenges.

Again this year we will be inviting all our members and pledging friends to attend one of the 20 individual 90-minute house meetings to be held between September 27 and October 25. Last year over 100 members, three-fourths of those invited, attended at least one meeting.

Why is it important for all in our community to attend?

- With many new members, we need to meet and get to know each other.
- We should be aware of issues like staff compensation and building needs.
- Your leadership needs **everyone's** input.
- **YOU WILL HAVE FUN**, and you'll be glad you came!

So, as Rosemary Clooney said in the 50's: "**C'mon a My House.**" Sometime soon after September 20 you will get an invitation to do just that.

Paul Borrmann
VP- Finance

Board Meeting Minutes

August 13, 2015 7-9 p.m., SUUC Conference Room, prepared by Adam Griffith

In attendance

Paul Borrmann, Juel Erickson, Amanda Ray, Karen Thompson, Adam Griffith, Carolyn Threadgill

Absent: Alison Lilly

Opening

Call to Order - Karen Thompson presiding.

New Business

Approval of July Board Meeting Minutes - Board unanimously approved.

Evaluation of the Dome - Cal Spangler presented his findings on the condition of the dome. There is a soft spot in the roof on the orchard side of the building. Roofers were hired, and they found extensive rot in this area. It was determined that a moisture resistant membrane was installed under the roofing which is contraindicated for domes: it is possible that there is further rotting throughout the dome. Re-roofing the whole dome would cost in the \$25,000-

35,000 range, which would not include repairing any hidden damage to the roof triangles. The Building and Grounds Committee plans to use a moisture probe to determine what if any leakage is occurring elsewhere in the dome, while trying to track down the roofers who incorrectly installed the roof.

Social Action Survey - Bob Beekman presented a proposal to use the church email list to send out a survey to gauge the church membership's interest in social action. The Board unanimously moved to allow them to do so.

Intern Minister - Kate Landis has been offered the chance to work with an Intern Minister here at SUUC. This would be a three-year commitment. The board moved unanimously to allow Kate to decide whether she wants to do this or not.

2016 Budget - Paul Borrmann presented a first draft of a 2016 budget and proposed that the Stewardship Campaign goal for this fall be set at \$197,000. A discussion followed concerning Rev. Kate's salary and the proper interpretation of the UUA guidelines for fair compensation. It was decided that the Board could not proceed without more information from the UUA and the pending recommendation from the Personnel board. A budget meeting was scheduled for Monday, August 24, 7 p.m. in the Sanctuary.

BAC Committee - The BAC committee requested \$16,000 from the Davis fund to complete phase I of the new building process. This action is required to begin work on the building in summer 2016, and includes funds for a survey and for civil engineering work and some architectural work. If the capital campaign for the new building is unsuccessful, this work will still be useful if the building is erected in the more distant future. The Board unanimously approved this request.

50th Anniversary Celebration - the Board moved to discuss this during the annual Board Retreat.

Side by Side

...a column from Mental Health Ministry

September is National Recovery Month. This month, let's celebrate sobriety. Let's celebrate living fully, especially while living with a mental illness. Let's celebrate seeing beyond survival and moving into a future of setting new goals, having healthy relationships that bring intimacy and meaning into our lives and living our dreams. YES! Recently I found a list of fundamental components of recovery, as shared on the King Co. Mental Health website. These are my top four: **Self-direction**: people lead, control and find their own recovery path with providers as partners. **Holistic**: services support a person's whole life: mental health, substance or behavioral issues, physical health, spirituality, community, housing, employment, education, creativity, having friends and family support. **Respect**: acceptance and appreciation of everyone including protecting individual rights and eliminating discrimination and stigma. Last, and certainly not least, **Hope**: everyone, their families, friends, providers and others encourage the belief that people can and do recover.

If there is any way that we can be supportive of you and your family please reach out to us, the co-chairs of the Mental Health Ministry team here at Shoreline UU, Chris Poole at 206-542-9271 or Barbara Cornell at uubcornell@gmail.com

Chris and Barbara also serve on the district Addiction's Ministry Project or (AMP). AMP will be putting on a conference October 10, 2015 in Olympia, WA. To learn more, go to the district website from this link:

<http://library.pnwd.org/EVENTS-PROGRAMS/Addictions%20Ministry%20Project/Addictions%20Ministry%20October%202015%20flyer%20rv.pdf>

The support group for Family and Friends of those with a lived experience of mental illness for September will be held in the conference room at church on September 28, 2015 from 6:30 to 8 p.m. You are invited!

Report from the Task Force on Worship and Growth

Background: During the past year, attendance at services in our sanctuary has sometimes filled more than 85% of the seating. This is a level that experts on congregational habits consider "crowded," a situation that prompts mild discomfort from some attendees, and enough discomfort for first-time attendees that they may not come back. This can cause membership to stop growing, and even to shrink. It has also been clear for some time that there is not enough parking for everyone on Sunday mornings, so the task force was convened to look at measures that might alleviate the crowding, including the possibility of scheduling two services every Sunday. Members of the task force include Rev. Kate Landis, Laura Banks, Paul Borrmann, Susan Storer Clark, Catherine Crain, Bill King, and Rebecca Prosser.

Procedure: First the members read a publication by the Unitarian Universalist Association's New Congregation and Growth Resources on adding a worship service, which included an extensive discussion of reasons to do it and how to go about it. Members then discussed overcrowding and the possibility of adding a second service, in meetings of church committees and in more informal settings.

Preliminary findings: Task force members did not find great concern about overcrowding at services, with the exception of complaints about parking. They did find resistance to the idea of going to two services, and almost nobody with great enthusiasm for the idea.

Preliminary decision and direction forward: Task force members agreed that there is no support at the moment for going to two services, but that when such support begins to show itself, that the congregation should be prepared to deal with it effectively.

- Parking: The Board continues reaching out to neighboring churches to rent parking spaces to SUUC on Sundays. Meanwhile, we should become more serious about carpooling and having regular attendees park on the street rather than in the lot. Notices in our regular forms of communication and announcements during services may help with that. Neighborhood groups will be encouraged to help formation of carpools.
- Crowding in the services. Worship associates and ushers will be trained to recognize overcrowding, and stop the services momentarily to shepherd those standing in the back into available seats. Greeters and Welcome Table volunteers will be encouraged to ask visitors if they found parking easy and the sanctuary welcoming. Also under consideration: having the children process in for the services, and remain in the front of the sanctuary for the chalice lighting and the story, and then being "sung out," so that they don't occupy seats that then become suddenly empty, leaving the seats for others who may be staying for the entire service.

Obviously, this process has only just begun and may continue for some time. It is important to keep in mind that IF there is a change to two services, there would be a year-long process before it is implemented, and then it would probably only be on a year-long trial basis.

Continuing discussion is encouraged. Please feel free to contact any and all members of the task force with your ideas and concerns.

Rev. Kate Landis, minister@shorelineuu.org

Laura Banks, laurabanks1@comcast.net

Paul Borrmann, kdonn55@comcast.net

Catherine Crain, Catherine_crain@comcast.net

Susan Storer Clark, songsue30@gmail.com

Bill King, bking@western.edu

Rebecca Prosser, beccaprosser@gmail.com

SUUC Social Action Ministry Announcements



Saturday, Sept. 12, Social Action Ministry Meeting Cancelled

Because of the September 12 morning memorial service for our friend and fellow congregant, Christina Horst, the usual monthly meeting of the Social Action Ministry meeting on that day is cancelled. Our next scheduled meeting will be on Saturday, October 24, at 9:30 a.m., in the Church Conference Room.

In the meantime, people who would like to develop some options for our October 24 decision on this year's SUUC Winter Holiday Giving Program are asked to contact Laura Banks (laurabanks1@comcast.net or 206-235-3611 by phone or by text). If you would like to indicate your interest in attending and carpooling for the October 10 all-day Justice Summit in Bellingham, contact Bob Beekman (206-537-7340, rbeekman@gmail.com).

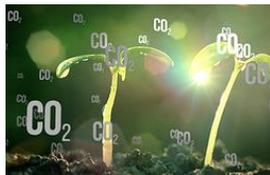
For other SUUC Social Action Ministry news, check the Social Action blog (on the Northwest UU Justice Network site <http://www.nwuujn.org/topics/view/5548de810cf2ab913fd7e70b/>). Or subscribe to the SUUC Social Action twice-a-month e-Blast e-mailing by contacting Bob Beekman (rbeekman@gmail.com).

Survey of SUUC Congregants' Interests and Views Regarding Social Justice Activities



SUUC congregants have been sent an e-mail on about August 24 for your participation in a brief on-line survey of interests and views regarding church social justice activities -actual or potential. We would like to hear responses from all of you -even if social action is not your thing! The survey e-mails were sent from Bob Beekman on behalf of the SUUC Social Action Ministry and with SUUC Board approval. The survey is anonymous although you have the option of giving your name and contact information if you wish. The survey closes on Sept. 20. So please respond now if you have not already done so. Hard copies of the survey form are available in the church entry hall after Sunday services through Sept. 20 if you prefer filling out the survey on paper rather than on-line. If you do not have the e-mail with the link to the survey or you need more information, contact Bob Beekman (206-527-7340, rbeekman@gmail.com).

"Green World Rising" at Sno-King Meaningful Movies, Sept. 12



Leonardo DiCaprio and Thom Hartmann explore climate change doom, hope, and restoration in a connected series of four short films.

Saturday, September 12, 2015, 7 p.m., at Edmonds UU Church, 8109 224th St. SW, Edmonds, WA 98026. Free admission (donations welcomed).

Discussion following the film with Laurel Wolf of Carbon Washington (carbonWA.org), sponsor of I-732 (the Carbon Tax Initiative).

And Coming on October 3: "Princess Angeline," a locally produced film about the life of Chief Seattle's daughter, with a follow-up discussion about the Duwamish Tribe's on-going struggle for Federal recognition with our own Edie Loyer Nelson, a member of SUUC and of the Duwamish Tribe!

Sno-King Meaningful Movies are presented bi-monthly at the Edmonds Unitarian Universalist Church, by a partnership of the Shoreline UU Church's Social Action Ministry, the Edmonds UU Church Peace and Justice Committee, and the Snohomish County Peace Action Committee.

Repeat of Shoreline's Economic Inequality Study/Action Series Scheduled at University Unitarian Church, Sept. 28-Nov. 2



The repeat of SUUC's popular *Escalating Inequality Study/Action Series* is now scheduled for 6 Monday evenings from Sept. 28 through Nov. 2, at the University Unitarian Church. Meetings will be from 7 to 8:30 p.m. in the Knattvold Room. This series is open to anyone interested, but particularly to all area UUs wanting an informative, provocative, and energizing way of participating in the UUA's 2014-2018 Congregational Study/Action Issue on this topic. SUUC members who could not attend last spring on Thursday evenings, this is your chance! For details on the series, on the two books used, and on how to register your intention to attend, see this blog post

(<http://www.nwuujn.org/view/news/55bebf720cf28fc4cc4ccc96/?topic=5548de810cf2ab913fd7e70b>).



Register for Oct. 10 NW UU Justice Summit in Bellingham

Registration for the Fifth Annual NW UU Justice Summit is now open. This year's summit will be all day on Saturday, October 10, in Bellingham. The summit will address a full range of social justice issues, but Bellingham Unitarian Fellowship, as the host congregation, will showcase its alliance with the Lummi Tribe on several issues, particularly opposition to coal trains and the proposed coal terminal at Cherry Point. Information on the Summit is available on-line at

<http://www.nwuujn.org/topics/view/552bf40f0cf2cf51fd0ec314/>. You can register at the door on the day of the summit, but it would be nice to give the Summit hosts some advance notice by registering on-line at

<http://www.nwuujn.org/topics/view/51cbfc9ef702fc2ba812fe11/>. If you need more information or are interested in carpooling or sharing overnight lodging in Bellingham, contact Bob Beekman (206-527-7340, rbeekman@gmail.com).

Collecting Paperback Reference Books

Books To Prisoners (BTP) gratefully accepts donated paperback books: references, e.g., dictionaries, high school and college text books plus westerns, true crime, mysteries are in high demand. Bring used or new donations of paperbacks to the BTP box located beneath our name tags. Dianne Carreri will whisk them away to BTP for you. BTP, located at University Christian Church at 15th Ave NE & NE 50th St., hosts work events where volunteers open a prisoner's request letter, select a book from the BTP stacks, writes a brief note back to the prisoner then wraps and mails their new book. Parking for a modest fee is across the street. BTP is so in demand, the letter you open will be at least 4 months old. Consider contributing time. Contact info:

Bookstoprisoners.net/volunteer/



SUUC Service Project at Food Lifeline: September 15

Have you been saying to yourself "I really want to go volunteer at Food Lifeline and take the kids" but you just haven't been able to get there yet? Well you will have a few more opportunities to come join us at Food Lifeline because they are moving to South Park in Spring 2016. They are very excited because they will have double the space of their two current locations.

We will miss them when they move because I don't see us in the north end trying to make our way southbound on I-5 on a weekday evening to volunteer there.

So be on the lookout for a new exciting food project that we can participate in. If anyone has any ideas, I am happy to take them to the Social Action Ministry and see what we can do.

September Date: Tuesday September 15, 2015. The project begins promptly at 6 and ends at 8 p.m. (Please don't arrive after 6:05 because the doors lock and we won't be able to hear you knock.) Everyone welcome, please remember to wear closed-toe shoes.

Address: Food Lifeline is at 1702 NE 150th Street (near the former Fircrest School area). Turn east on NE 150th off 15th Avenue NE in Shoreline. Drive a short distance and watch for the driveway into the Food Lifeline parking lot and warehouse on the left. There's a small Food Lifeline sign to mark the turn.

Next month's date is October 20, 2015. We go every third Tuesday of the month and we would love to have YOU join us. Carpooling can be arranged.

Please sign up in the hall at the Social Action bulletin board or by contacting Laura "FoodBanks" (laurabanks1@comcast.net or 206-235-3611 by phone or by text).

Community Announcements

Memorial for Christina Sept. 12

A memorial service for our beloved member Christina Horst will be held on at 10 a.m. in our Sanctuary. An English-tea style reception will follow the ceremony. bringing refreshments to contribute. If you would like to help arrange and serve the treats please let Laurie in the office know (office@shorelineuu.org). We will miss Christina's bright smile and tremendous sense of fun.



September 12th
Please consider

Celebration Sundays

Do you have something really momentous to celebrate, coming up? Well here's an opportunity for you to celebrate with the whole church. Each month, on the first Sunday, the Welcome Team coordinates a celebration for significant events in our lives occurring in that month. We provide a whiteboard to write whatever events, as well as treats. We'll be happy to have you provide treats and we'll have a special announcement for who the generous person is and their special event. Isn't that a great idea? Contact the office, office@shorelineuu.org, or Rick Wilson, rickwilson7863@msn.com, to schedule. Cheryl and Darryl Udd already have October - it's their 50th wedding anniversary!

New Member Orientation

We have a lot happening here at SUUC. Would you like to get involved, or just know more about us? Reverend Kate and the Welcome Team will be hosting an Orientation to our church and Unitarian Universalism, Saturday, October 10, from 9 a.m. to noon, in the Sanctuary. Light refreshments will be served and child care is available. Please call the office, or Rick Wilson (206.799.3054 or rickwilson7863@msn.com) to enroll and to request child care. Then, on Sunday, October 18, the Welcome Team will be leading an ingathering of new members during Sunday service. Call the office or Rick Wilson if you would like to be included.



SAVE THE DATE! April 22-24, 2016

Shoreline, Evergreen and Westside UU Congregations and Saltwater, Tahoma, and Olympia UU Congregations Join Together for our Annual Seabeck Retreat!

Building Community with Puget Sound UU Congregations

Shoreline, Evergreen and Westside UU Congregations, together with Saltwater, Tahoma, and Olympia UU Congregations, have begun preparations for a joint retreat, with more interconnectedness among nearby UUs. We celebrate this opportunity to connect and reconnect and to know more intimately our fellow UUs around Puget Sound.

Together we will return to the beautiful Seabeck Conference Center on Hood Canal for our Annual Seabeck Retreat. This year, we make a stronger commitment to accommodating all who want to come by contracting for exclusive use of the entire campus.

We look forward to intergenerational collaboration, leadership, interconnectedness and diversity as we move forward to bring UU congregants into covenant with one another, as our ministers and religious educators have done for years. Please join us for this attractive possibility!

Registration opens on February 1, 2016. Each congregation will have a registration table, so watch for this. Your Seabeck Planning Team has begun meeting regularly to make our Seabeck Retreat even better than before. There will be numerous opportunities to participate. All ages are welcome. Scholarship assistance is available. We are happy to assist people with online registration.

Sincerely, Your 2016 Seabeck Retreat Team:

Chris Poole, Renee Palermo, Ramonda Sosa, Amy Hance-Brancati, Kat Sperry, Tanya Baker, Karen Jackson, Stina Lane-Cummings



SUUC Evening Book Group Meets September 2

"The owl of Minerva flies at dusk."

The book for the September 2 meeting of the Evening Book Group (aka "The Owls of Minerva") will be *The Divide: American Injustice in the Age of the Wealth Gap* by Matt Taibbi. The meeting will be from 7 to 8:30 p.m. in the Church Conference Room. For our October 2 meeting, the reading will be the novel *Birds Without Wings* by Louis de Bernieres. Anyone is welcome to join our meetings on the first

Wednesday of each month -even if you haven't finished reading the book for the month! If more information is needed, contact Bob Beekman, 206- 527-7340, rlbeekman@gmail.com.

Plate Share for Month

On September 13 our Plate Share recipient will be DAWN (Domestic Abuse Women's Network). We will learn about DAWN's service to women and their families who are breaking free from domestic violence.



It's Official!

The SUUC Pagan Interest Group (known to some as SUUNPIG) met this spring in self-assessment and brainstorming sessions, and agreed to continue and pursue recognition by the church and by the Covenant of Unitarian Universalist Pagans (CUUPS), a national organization affiliated with the UUA. We have achieved both of these goals and are entering a new life as GreenSong CUUPS!

Look for our events in this and future Soundings as well as in eBulletins and Orders of Worship. Join us any time or reach out to us at greensongcuups@gmail.com.

GreenSong Open Mic Night

Calling all musicians, poets, singers and storytellers! Join us for a potluck evening of food and fellowship at 7 p.m. on Wednesday, September 23, as we explore the connection between mindfulness, art and community. Everyone is welcome! Perform your own work, bring a favorite song or story to share, or just let the spirit move you as you listen to the inspiring work of others. We'll begin our evening with an introductory discussion of the 7th century Irish meditative practice, the Cauldron of Poesy, followed by a traditional Druidic "eisteddfod"- a festival of storytelling, music, performance and, of course, good food and friends!

SUUC Women's Circle Cancelled

The Shoreline UUC Women's Circle will not meet this month due to the memorial service for Christina Horst on Sept. 12.

Yard Work Party Cancelled

Laura Westbrook has cancelled the Sept. 12 planned grounds work party due to the memorial service for Christina Horst. The next time will be Saturday, Oct. 10.

Chalice Circle Openings

The Second Tuesday Chalice meets in Chrysalis at 7 p.m. on Tuesday, September 8. Call Sue Leisy at 206-313-7721 with questions if you would like to join.



Chamber Music Group

Playing music is one of my greatest joys particularly when I am able to play with other musicians in a relaxed atmosphere without an audience. Whatever instrument you play and whatever your level of expertise, please join us in playing classical chamber music. I have an extensive library (primarily baroque era) but you are welcome to bring your own sheet music. We have fun playing together and enjoying a light dinner and conversation. I hope to see you on Saturday, September 12 from 4 to 7 p.m.



Do You Like to Knit?

Join us September 23!

Calling all knitters to get together every fourth Wednesday of the month at 7 p.m., to knit and talk! Looking forward to seeing you in the Church Conference Room. -*Rebecca Prosser and Karen Thompson*

SUUC Men's Group

SUUMA (Shoreline Unitarian Universalist Men's Association) will meet for breakfast at the Wedgwood Broiler, 8230 35th Ave NE, on Saturday, September 19, 9-11 a.m. We will discuss "how my thinking changed" at this meeting. All SUUC men are welcome at our monthly breakfast meetings on the third Saturday of each month in 2015.

To subscribe to the twice-a-month e-mailings of the **SUUC Social Action "e-Blast,"** or just to get information about the Social Action blog and e-Blasts, contact Bob Beekman (rbeekman@gmail.com).

To receive the weekly email **Carrie's Commentaries** with insightful reporting on prior Sunday sermons as well as Joys and Sorrows, please email permitted2shine@gmail.com

September Calendar

Tues., September 1

6-8 p.m. Weekly Game Night, Chrysalis

Wed., September 2

6:30-8 p.m. Weekly Potluck, Orchard

7-8:30 p.m. Evening Book Group, Conference Room

Thurs., September 3

6-7:30 p.m. Nursery Teacher Orientation, Nursery

7-9 p.m. Stewardship Committee, Conference Room

7:45-9 p.m. Music Committee, Nursery

Fri., September 4

12-2 p.m. Appreciating Elderhood, Sanctuary

Sun., September 6

10:30-11:45 a.m. Worship Service & Children's Activities, Sanctuary

Mon., September 7

Labor Day Holiday - Church Office Closed

Tues., September 8

7-9 p.m. Tuesday Evening Chalice Circle, East Chrysalis

Wed., September 9

6:30-8 p.m. Weekly Potluck, Orchard

7-8:30 p.m. Welcome Team Meeting, Conference Room

Thurs., September 10

6-7:30 p.m. Church Choir Rehearsal, Sanctuary

7-9 p.m. Board Meeting, Conference Room

Fri., September 11

6-7 p.m. New Teacher Orientation, Conference Room

Sat., September 12

10 a.m.-12 p.m. Christina Horst Memorial, Sanctuary

10-11 a.m. New Teacher Orientation, Nursery

4-7 p.m. Chamber Music Group, Sanctuary

Sun., September 13

10:30-11:45 a.m. Worship Service & Children's Activities, Sanctuary

12-2 p.m. Youth Group Kick-Off Event, Chrysalis, Youth Portable, Orchard

Mon., September 14

7-8 p.m. Grounds Meeting, Chrysalis

Tues., September 15

6-8 p.m. Food Lifeline Project
6-8 p.m. Weekly Game Night, Chrysalis

Wed., September 16

6:30-8 p.m. Weekly Potluck, Orchard
7-8:30 p.m. Worship Planning Committee, Conference Room

Thurs., September 17

6-7:30 p.m. Choir Rehearsal, Sanctuary

Fri., September 18

10-11:30 a.m. Charites Chalice Circle, S. Anderson's Residence
12-2 p.m. Appreciating Elderhood, Sanctuary

Sat., September 19

9-11 a.m. Men's Group, Wedgwood Broiler

Sun., September 20

10 a.m. Soundings Copy Deadline
10:30-11:45 a.m. Worship Service & Children's Activities, Sanctuary
12-1 p.m. Family Potluck, Twin Ponds Community Garden

Tues., September 22

6-8 p.m. Weekly Game Night, Chrysalis

Wed., September 23

6:30-8 p.m. Weekly Potluck, Orchard
7-9 p.m. Knitting Group, Conference Room
7-9 p.m. GreenSong Open Mic, Sanctuary

Thurs., September 24

6-7:30 p.m. Choir Rehearsal, Sanctuary

Sun., September 27

10:30-11:45 a.m. Worship Service & Children's Activities, Sanctuary
11:45-12:30 p.m. CUUPS Group Check-In, Conference Room

Mon., September 28

6:30-8:30 p.m. Family and Friends Support Group, Conference Room

Tues., September 29

6-8 p.m. Weekly Game Night, Chrysalis

Wed., September 30

6:30-8 p.m. Weekly Potluck, Orchard or Nursery

September Sunday Volunteers

September 6

Ushers: Paul Borrmann & Anne Martin
Greeters: Nancy Curtis & Joan Brooks

Baristas

September 13

Ushers: Jeremy Corvialis & Barbara Stilson

Greeters: Andy Landis & Megan Watson

Baristas: Kathy Reid

September 20

Ushers: Alison & Jeff Lilly

Greeters: Sharon Greenman & Bernice Ege-Zavala

Baristas

September 27

Ushers: Ryan Dunn & Zoey Phillips

Greeters: Sue Leisy & Carolyn Brenner

Baristas: Rick Wilson & Juel Erickson