

Soundings

THE MONTHLY NEWSLETTER OF SHORELINE UNITARIAN UNIVERSALIST CHURCH, SHORELINE, WA



MINISTER'S MESSAGE REV. KATE LANDIS

My Dear Church Family,

This month our theme is metamorphosis, an apt topic for this season of new life and for this congregation, as we consider transforming our second building, the appropriately-named Chrysalis. What are the pains and pleasures of metamorphosis? Why is transition, even much-needed, long-awaited transition, so difficult?

A few years ago Sharon Salzberg, a terrific Buddhist writer, penned an article in Shambhala Sun Magazine in which she told this story: Sharon was on a retreat with the board members of the Insight Meditation Society and they were given a game to play in pairs, a game similar to Tic-Tac-Toe. The pairs began playing, trying to block their partner's moves so they wouldn't score points. However one pair decided to play cooperatively, helping each other to score points, and so they outscored all the other pairs.

Somewhere along the line, most of us have picked up the idea that there can only be so many winners, that the spoils are few, and they go to the victors. Most of us feel that when a competitor wins, it means we lose. This is even harder now in the age of Facebook, where every victory by a 'frenemy' (a friend you are competitive with, a friend-enemy) is right in your face, on your screen staring you down. If they won an important contract, a case or an award, it means you did not. To the victor goes the spoils.

However, that perspective is coming from one of scarcity- this idea that there is not enough to go around. The victor gets the spoils and the rest of us are left hungry. That perspective leads us to feel that our 'frenemy' is taking something that rightfully belongs to us—they got our award, our case, our contract. They stole it from our deserving hands. But that award was never ours, really. It never belonged to us so it was never stolen.

Sharon was leading a meditation group at an elementary school when she saw a poster that said "Everyone Can Play." Everyone can play—there are enough spoils to go around. Everyone can play—your 'frenemy' can win this one, there is enough victory for all of us. Professional or personal fulfillment, joy—these are qualities that can come from within and flow freely when we let them. We don't have to scrimp on happiness for each other, because happiness is not in short supply.

This month, let's consider what it would take for happiness and personal fulfillment to flow abundantly into your life. How can you know that victory is not in short supply? What do you need so that you know you are already good enough, that another person's victory doesn't diminish you?

Metamorphosis is both beautiful and painful, and this metamorphosis away from jealousy and into abundance is difficult but so worth it. This April let's transform, shall we?

I look forward to seeing you on Sunday,

Love
Rev. Kate

APRIL 2015 WORSHIP SERVICES

Sunday, April 5, 10:30 a.m.: Easter Celebration; Rev. Kate Landis; Choir Sings

Sunday, April 12, 10:30 a.m.: "The Spiritual Nature of Work" Susan Storer Clark; Special Music

Sunday, April 19, 10:30 a.m.: Honoring Earth Day and Our Blue Boat Home; Rev. Kate Landis; Choir Sings

Sunday, April 26, 10:30 a.m.: "A Spiritual Response to Mental Illness," Elizabeth Dorrell, Pulpit Guest



Get Ready for the Annual Mother's Day Plant Sale/ Fundraiser!

**Saturday, May 9, 11 a.m. - 3 p.m. and
Sunday, May 10 (Mother's Day),
11:30 a.m. - 1 p.m.**

!!! Volunteers Needed !!!

Friday, 5 - 6 p.m.—Tent Set Up: 4 volunteers to put up tent, (this involves pulling tent parts from under the Chrysalis portable, & setting up in the parking lot.

Saturday, 9 - 11 a.m.—Plant Set Up: (involves organizing by edibles/non-edibles, shade/sun lovers, perennials/annuals)

*Saturday, 11 a.m. - 3 p.m.—*4 people to cashier & help keep plant table organized; knowledgeable plant people encouraged!

*Sunday, 11:30 a.m. - 1 p.m.—*up to 4 cashiers

*Sunday, 1 - 2 p.m.—*4 volunteers for tent take-down & put away

Contact Laura Westbrook at wildweeder@gmail.com, or call/text 206-605-2005.

February Board Minutes

Prepared by Adam Griffith

In attendance: Karen Thompson, Paul Borrman, Adam Griffith, Laura Morghon, Bill Roach, Carolyn Threadgill

Absent: Rev. Kate Landis

Opening

Call to Order—Karen Thompson presiding.

New Business

Approval of SUUC January Board meeting minutes—Board unanimously approved.

The Board briefly discussed the UUA's response to Rev. Kate's performance evaluation. The UUA made several relevant remarks about our congregation, and we will discuss these in greater detail when Kate is able to return to the meeting.

The Board again discussed the possibility of Barbara Cornell becoming an affiliated minister to SUUC. According to the UUA, this would involve appointing a Committee on Ministry dedicated to her which would include a minimum of five people, with some coming from SUUC and some from her place of employment. The Board wishes to confer with Barbara Cornell to get her thoughts on the matter, and obtain a more specific proposal from her on how she wants to proceed.

The Church decided to donate one of our canopies to the Tent City. This canopy will be replaced if needed, but not until a demand for it surfaces.

The BAC reported that they now have a pre-application appointment with the city of Shoreline; March 24th. During this meeting they will learn of potential issues that may arise and what permits will be required and what they will cost.

The BAC has had Chrysalis tested for asbestos and it was found in both the ceiling and the floor. They now have a good bid for demolition of the building that includes asbestos removal. They have also engaged the services of a civil engineer to aid in the building process.

The Board voted to pay \$750 towards the construction of a fence to surround the back yard area of the church, which is a requirement for the Winding Willow preschool. This fence will run between the extant fence and Chrysalis, between Chrysalis and the sanctuary, and on the far side of the sanctuary to the existing fence.



Money Talks – April 2015

Let us help you attend the UU General Assembly in Portland!

Each year our denomination's General Assembly (GA) is a source of inspiration, renewal, and ideas for several thousand UUs from all across the country. This year it is being held just a short hop down the road, in Portland, OR, from June 24 to 28, a great opportunity for Shoreline folks to draw from this well.

Because attending the GA can inspire folks to enhance and improve their congregation's ministry, the congregation has set aside some money in the budget to help members pay the registration fee. Rev. Kate and the Board hope many of you will attend. Just contact me by April 15 if you are interested. (*See page 10 for more information on GA.*)

*Paul Borrman
VP-Finance*

Report from the Religious Exploration Big Picture Team

I'd like to tell you about a new group at Shoreline UU Church which is working to develop a mission statement and action plan for the Children's Religious Education program at Shoreline UU Church. So far, the RE Big Picture Team has met twice and brainstormed what we believe our children should learn and do as they grow up in our church. We are developing these brainstorms into a plan which will be used to guide our teachers and congregation in creating a cohesive and intentional RE experience for our children and youth before presenting our work to the greater church community for more input and fine tuning.

The task force consists of Chris Pollina, Teresa Bain, Laura Banks, Adam Griffith, Kim Hayes, Kristina Selset, and Rick Wilson. Please feel free to talk to any of the individuals involved and keep an eye out for the full church presentation of the plan!

Laura Banks

PCC Scrip Cards Available

If you shop at PCC stores, please consider purchasing a \$50 scrip card. When you get the card from us, you use it at the store like cash, and SUUC earns 5% of your expenditure. The cards are rechargeable, so you can keep using it and the church can keep benefitting. See Laurie in the church office to buy a card, office@shorelineuu.org.

Congregational Meeting and New Building Recommendation

Come one, come all to church on May 17! After the service, we will have a delicious potluck lunch and our semi-annual meeting to elect new Board members to fill open terms. Also, come hear the final recommendation of the Building Assessment Committee for replacing Chrysalis and the portables. All members, friends, and visitors are invited to join the fun (though only members can vote on issues). We look forward to seeing YOU on Sunday from noon to 1 p.m.-ish, May 17.

*Carolyn Threadgill
BAC Chair*

Shoreline UU Men's Association

SUUMA (Shoreline Unitarian Universalist Men's Association) will meet for breakfast at the Wedgwood Broiler, 8230 35th Ave. NE, on Saturday, April 18, 9-11 a.m. The April theme word for discussion is "metamorphosis." All SUUC men are welcome at our monthly breakfast meetings on the third Saturday of each month in 2015.

Plate Share

Our next Plate Share Sunday will be April 12. During that morning's worship service, we will recognize People for Puget Sound, a nonprofit that works to protect and restore the health of our land and waters through education and action.

RELIGIOUS EXPLORATION

CHRIS POLLINA – DIRECTOR OF RELIGIOUS EXPLORATION



Lots of stuff has been happening in the RE program lately. For a lesson on “the power of reaching out,” our 3rd-5th grade class created a petition in support of “Breakfast After the Bell,” a bill with the aim of helping get free breakfasts to all hungry children in Washington. In 10 days, they collected 74 signatures, many of which were from you fine folks of the SUUC community – thanks for helping sign this petition and spread the word! The petitions are soon to be delivered to our local representatives.

Also, on March 15, there were twelve kids in the nursery/preschool class and another three in the Sanctuary/Quiet Room! While in many ways this is a great problem to have, it made for a very hectic day for our nursery/preschool teachers of the day: *thanks Monica and Joel!* In order to ensure that children in the nursery are safe (and that our nursery staff doesn’t go crazy!), we’ve decided to instate a 12 child maximum for the nursery and to adopt a “co-op” style system of parent support on days when there’s a large number of children in the nursery, and extra hands and hearts are needed to care for the youngest members of SUUC. More information will be coming to parents of nursery/preschool aged children soon; however, if you like babies, toddlers, and preschoolers and are willing to help out on busy days, please let me know!

Finally, while it’s still a ways off, I hope that, to the extent your schedule allows, you will all save the date of June 7 to come to church, as we’ll be having a special service in which we’ll honor this year’s RE teachers and highlight the accomplishments of their RE classes over the previous nine months. During this intergenerational service, we’ll also be celebrating the high school seniors who are moving into adulthood as well as the 13 children and youth who are moving up to a new class this year! This is a big transition for all of the classes and especially for the kids of our church, as last year we only had five children change classes, so I hope everyone can come together to make a real celebration out of this special occasion in their lives and in the life of our church.

That’s all for now—see you on Sunday!

Chris Pollina / shorelinedre@gmail.com

Upcoming Events

Sunday, April 5 – Easter Intergenerational Worship

Sunday, April 19 – Family Potluck, Noon-2 p.m.

A monthly kid-friendly potluck after church. The board games have been a big hit lately – bring your favorite or enjoy some from the church’s/Chris’ collection!

Friday-Sunday, April 24-26 – Seabeck Retreat Weekend

Sunday, April 26 – K-8th Grade Children’s Church Activity

This Sunday is often a day of lower attendance due to the majority of folks being at the annual Seabeck retreat, so we’ll be combining grades K-8 for a special “Children’s Church” day. Previous Children’s Church days have included making the Junk Mandala as well as creating the handprint chalice and flame which lives in the foyer of the Chrysalis.



It Has Arrived!

It's time to sign up for some amazing events and activities offered by SUUC members for you and your friends to enjoy! Signup sheets will be on display at church for the first two Sundays of the month (April 5 and 12) on a first-come, first-served basis. The signup sheets will have full details about dates and times, as well as a full description of the event or service being offered. If you cannot come to church one of those two days, come on by during the week (Monday through Thursday between 9 a.m. and 3 p.m.). Questions? Contact Kate Beck katejbeck@gmail.com or Rick Wilson rickwilson7863@msn.com.



Social Action Monthly Meeting, Saturday, April 11

“Don’t be afraid of some change!” We are trying a new day of the week and month, a new time, and a new room for our monthly Social Action meetings, starting Saturday morning, April 11 (second Saturday of the month), 9:30 - 11 a.m., in the church Conference Room.

We have some new ideas for social action activities and projects; bring yours too! Check the Social Action blog (<http://suucsocialactions.blogspot.com>) a couple days before each meeting for an updated agenda. Or subscribe to the SUUC Social Action twice-a-month e-Blast e-mailing. (To subscribe, contact Bob Beekman, rlbeckman@gmail.com).

SUUC Service Project at Food Lifeline

As many of you may know, our 3rd-5th graders are learning about advocacy, both political and food advocacy. They are learning our principles in action, particularly the **second principle: Justice, equity, and compassion in human relations, and the fifth principle: the right of conscience and the democratic process within our congregations and in society at large.** They organized a petition drive for the Breakfast After the Bell program, which, if funded by legislature, will provide breakfast for low income students even if they can't arrive before school begins and get breakfast. 75 people “signed” the online petition. **Go 3rd-5th graders of SUUC!** Any questions, ask Chris Pollina, DRE.



Only 11% of food donations are high quality protein. This amount falls way short of the USDA recommended 6 oz. of protein per day to maintain a healthy diet. Let's fill up the box with plenty of healthy protein foods and other foods. Also feel free to donate cash to Food Lifeline (<https://foodlifeline.org/donation>), the largest food bank program in Washington, and they will use donations to buy food that is most needed.

THERE WILL BE NO FOOD LIFELINE PROJECT ON APRIL 21, OUR REGULAR THIRD TUESDAY DATE DUE TO A FOOD LIFELINE CONFLICT. The next Food Lifeline date will be May 19, 2015.

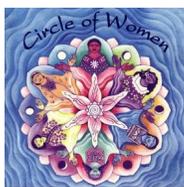
Any questions, ask Laura FoodBanks at 206-235-3611 or email me at laurabanks1@comcast.net.



April 5th Celebration Sunday

We will be celebrating all of your joyous April occasions on Celebration Sunday. Please notify Rick Wilson (rickwilson7863@msn.com) if you have a special day coming up this month so we may add it to our list of birthdays, anniversaries, graduations, and other amazing times in the lives of our congregation! Treats will be served!

Women's Circle



The SUUC Women's Circle will discuss a topic influential to our lives—the phases of the moon—

on April 4, Saturday at 10 a.m.

Who knows the mysteries of cycles more than we do? Babies are drawn forth by the full moon. Tides are moved by the power of the moon. Against our wills, PMS occurs long after it makes sense.

Please come and if you would like, bring a snack.



NEW: Weekly Game Night

Thursdays 6-8 p.m. Learn and play the popular card game, [Dominion](#), and feel free to bring other games, too! Your host: Jerome Lutge (jrlutge@gmail.com). Food and snacks welcome! Place: Chrysalis.

2015 Annual Retreat at Seabeck April 24-26, 2015 "Peace – It Starts in Here"

A focus on our First UU Principle in which we affirm and promote the inherent worth and dignity of every person, with Barbara Cornell, M.Div.

***We still have room for YOU! This retreat is designed to get to know people, but it won't be the same without YOU!
See below to register NOW!**

Some of the other workshops being offered by retreat participants:

"Non-violent Communication for Parents and Teachers"

"Pagan Q&A Panel," A panel of Pagan-identified UUs will discuss Paganism and its intersection with UU.

"Self Foot Massage, Hand Wash, and Partner Hand Massage"

"Selma: Then and Now," Sharing my personal experiences marching in Selma, and discussing current civil rights issues.

"Songs of Peace"

"The Zen of Tango," I will use dancing the tango as a metaphor for living in the moment and being connected. This session will involve some dance exercises.

"Traces of the Trade," A showing of the film "Traces of the Trade" and a discussion about what Faith Communities can do to stand for justice and speed racial reconciliation.

"What Ya Reading?"

"Yin Yoga," relaxing yoga practice in which poses are held for longer durations in order to target connective tissue, a fantastic practice for exercising joints, suitable for all levels of ability.

Please register online <http://goo.gl/g1hSpf> or request a paper registration form. Scholarship assistance is available. Just check the box if you need financial help. We join together to relax and learn, find joy in being with friends old and new, and experience the lovely surroundings that are just across Puget Sound from us. We can't wait to be together "for more than just coffee hour!"



SUUC Evening Book Group Meeting April 1

“The owl of Minerva flies at dusk.”



The April 1 meeting of the Evening Book Group (aka “The Owls of Minerva”) will discuss *An Eerie Silence: Renewing Our Search for Alien Intelligence* by Paul Davies—a really interesting, thoughtful book on the science of a subject susceptible to unscientific notions and enthusiasms. (No April Fool’s pranks, please.) The meeting will be from 7 to 8:30 p.m. in the church Conference Room.

For our next meeting on May 6, we will discuss *Mountains Beyond Mountains: The Quest of Dr. Paul Farmer, a Man Who Would Cure the World* by Tracy Kidder. At that May 6 meeting, we will also schedule books for three or four of the following dates—June 3, July 1, August 5, September 2—based on participants’ summer vacation plans. Selections to be scheduled for summer will include the following three books and, if we plan four meetings, we will choose another from a “contingency list” of books.

Summer date TBD—*The Center Cannot Hold: My Journey Through Madness* by Elyn Saks

Summer date TBD—*In the Garden of Beasts: Love, Terror, and an American Family in Hitler’s Berlin* by Erik Larson

Summer date TBD—*The Memory Chalet* by Tony Judt

Anyone is welcome to join our meetings on the first Wednesday of each month—even if you haven’t finished reading the book for the month! If more information is needed, contact Bob Beekman, rlbeekman@gmail.com or 206-527-7340.

What Lights Your Fire?

What is it that interests you about Paganism? Is it the concepts of deity? The practice of active magic? The connection to our natural world? Or, do you just want to know more of what it’s all about? Explore and discover this month when the SUUC Pagan Interest Group goes to Seabeck! We’ll be offering a panel discussion answering both compiled and spontaneous questions. If you have questions you’d like to submit ahead of time, please give them to Jeff Lilly or send them to firefly.jelly@gmail.com. Please note that we will not have a fourth Wednesday meeting; instead, we’ll be preparing for the weekend. We hope to see you at the retreat!



Share your SUUC Photos!

We’ve recently created a private online group for SUUC members and friends to share their photos taken at church and church-related events. Share your photos, new and old, with other members. Laurie in the office may also use your shared photos in future newsletters and other promotions.

The group is on Flickr and you can log in with an existing Yahoo ID or create a new (free) login name. When you upload your photos you can decide whether to make them private or public—if they include other people’s children, then we recommend you make them private. You will soon be receiving an invitation to join via Flickr. You can also request an invitation from Laurie at office@shorelineuu.org

Music File Cabinets Wanted

Our church music needs a new home. We are looking for two newish four-drawer cabinets. If you, or anyone you may know, is cleaning out an



office or has access to two lightly used cabinets; our music would love to move into them. Please call Cheryl Udd 206-362-1203 and let her know they are available or leave a message. Thank you.



Chamber Music Group

Calling all musicians who want to play chamber music for fun: the Chamber Music Group will be meeting Saturday, April 11, 4-7 p.m. in the Sanctuary. All skill levels and instruments (including voice) are welcome. The less accomplished musicians will be able to play at the beginning of this time and the more accomplished musicians will be able to play a little later in the evening. If you plan to participate, please contact Barbara Rader, 206-898-5403 or rader@seanet.com, to let her know what instrument you play and your approximate skill level.

To subscribe to the twice-a-month e-mailings of the **SUUC Social Action "e-Blast,"** or just to get information about the Social Action blog and e-Blasts, contact Bob Beekman (rlbeekman@gmail.com).

To receive the weekly email **Carrie's Commentaries** with insightful reporting on prior Sunday sermons as well as Joys and Sorrows, please email permitted2shine@gmail.com

Side By Side from the Mental Health and Recovery Team

by Barbara Cornell

This month we wanted to share a lovely tool from 12 Step recovery groups called the Three A's. The three A's are: Awareness, Acceptance and Action. The order of these words is very important. If we try to take action without having awareness or acceptance, our actions might not help the situation, ourselves or others. Many people choose to take charge, push their favorite agenda, all while remaining numb to his/her feelings and the feelings of others. This is the path to insanity. The Three A's point us in a different direction. Awareness comes first. Often, awareness means we are opening our eyes and minds to our reality. However ugly, beautiful, painful or frustrating, we need to see what's happening, what's going on in our lives and recognize how we are feeling about it all. Feelings are such an important part of our reality. Sometimes the most important thing to realize in awareness is how very little we can control. The next A is acceptance. Acceptance can bring sanity, humility and some peace into our lives. With humility, we can see how hard it is to be a human being and have some empathy for ourselves and others. With humility we can focus on the parts we can control, how will we respond to our reality? With fear and anger or compassion and gratitude? We can choose. Finally, when we've done the work through awareness and acceptance, then we're ready for the last A: action. This is a pretty important step! Maybe it will be an action to set a healthy boundary, if needed. Or perhaps our action will be to pursue our dream, to take small steps toward it every single day. Whatever action we take, may it reflect our best clear thinking for ourselves and for others.

This month the support group for Family and Friends of people who have a lived experience of mental illness will be meeting on April 27 from 6:30 to 8 p.m. in the Conference Room. You are invited to join us. If you have any questions or would like to learn more about our team's efforts in our congregation or in the district, contact co-chairs Chris Poole, 206-542-9271 or email Barbara Cornell at uubcornell@gmail.com.





The Board of Trustees of
Shoreline Unitarian Universalist Church
requests the honor of your presence at the

Ordination
of
Barbara Ann Cornell

Sunday, May 17, 2015, 5 o'clock in the afternoon

at Shoreline Unitarian Universalist Church
14724 First Avenue Northeast
Shoreline, Washington 98155

Reception to follow

Please respond to RSVPCornell@comcast.net
by May 1, with name and number attending.





UUA GENERAL ASSEMBLY PORTLAND, OREGON | 2015

Are you planning to attend the General Assembly in Portland, June 26-28?

(1) **Keep your eye on www.uua.org/ga.** See the complete program with workshop times and descriptions, and the tentative agenda of business coming before this GA. You'll also see opportunities for side trips and tours, learn about the children's programs, get help planning your travel, and much more.

(2) **Register for General Assembly now.** Registration is open, and while you can register any time between now and GA, you save money by registering before May 1. You'll find all the information you need at <http://www.uua.org/ga/registration/index.shtml>

(3) **Plan and reserve your lodging at GA.** You'll have a choice of hotels, dormitories, or home hospitality. Housing reservations are open. You can sign up for housing anytime this spring, but the early bird is likely to get the best choice of nests. Just go to <http://www.uua.org/ga/travel/index.shtml>

April Schedule of Sunday Volunteers

	Greeters:	Ushers:	Coffee Baristas:
April 5:	Shelley Anderson & Nancy Curtis	Homer Henderson & Christina Horst	Terry Zimmerman
April 12:	Megan Watson & Andy Landis	Shirley Beresford & Donald Patrick	Bev Hesterberg
April 19:	Barbara Thake & Bernice Ege-Zavala	Paul Borrmann & Barbara Stilson	Kathy Reid & Helena Parker
April 26:	Carolyn Brenner & Sue Leisy	Homer Henderson & Anne Martin	??

Shoreline Unitarian Universalist Church

14724 First Avenue NE, Shoreline, WA 98155-6806 206-363-7994 www.shorelineuu.org office@shorelineuu.org

Rev. Kate Landis, Minister.....(W) 206-363-7994 ext. 1
minister@shorelineuu.org

Frederick N. West, Director of Music.....(C) 206-523-1200
northmanwest@earthlink.net

Chris Pollina, Director of Religious Exploration.....(C) 206-240-5500
shorelinedre@gmail.com

Laurie Radin, Church Administrator(W) 206-363-7994 ext 2
office@shorelineuu.org

Soundings

Editor, Layout Artist: Laurie Radin
Proofreader: Joyce Van Tuyl

Submission deadline for **Soundings** is usually the 20th of the preceding month by 10 a.m. Include your name with submitted materials. Email articles to office@shorelineuu.org.

April 2015

Wednesday, April 1

6:30-8 p.m..... Wednesday Potluck, Nursery
6:30-9 p.m..... Seabeck Planning Meeting, Youth Portable
7-8:30 p.m..... Evening Book Group, Conference Room

Thursday, April 2

9-10:30 a.m..... Barbara's Ordination Planning, Nursery
6-8 p.m..... Weekly Game Night, Chrysalis
6-7:30 p.m..... Choir Rehearsal, Sanctuary
7-8:30 p.m..... Economic Inequality Group, Conf. Room
7:45-9 p.m..... Music Committee, Nursery

Friday, April 3

12-2 p.m..... Appreciating Elderhood, Sanctuary

Saturday, April 4

10 a.m.-12:15 p.m. . Women's Circle, Chrysalis

Sunday, April 5

10:30-11:45 a.m..... Worship Service, Sanctuary

Wednesday, April 8

6:30-8 p.m..... Wednesday Potluck, Nursery
6:30-9 p.m..... Seabeck Planning Meeting, Youth Portable
7-8:30 p.m..... Welcome Team Meeting, Sanctuary
7-9 p.m..... Board Meeting, Conference Room

Thursday, April 9

6-7:30 p.m..... Choir Rehearsal, Sanctuary
6-8 p.m..... Weekly Game Night, Nursery

Saturday, April 11

4-7 p.m. Chamber Music Group, Sanctuary

Sunday, April 12

10:30-11:45 a.m..... Worship Service, Sanctuary

Monday, April 13

7-8 p.m..... Grounds Meeting, Chrysalis

Tuesday, April 14

1:30-3 p.m..... Chalice Circle, Nursery
7-9 p.m..... Tuesday Evening Chalice Circle, East
Chrysalis

Wednesday, April 15

6:30-7:30 p.m..... Wednesday Potluck, Nursery
7-9 p.m..... Compassionate Listening Class, Sanctuary
7-8:30 p.m..... Worship Planning Committee, Conf. Room

Thursday, April 16

6-7:30 p.m..... Choir Rehearsal, Sanctuary
6-8 p.m..... Weekly Game Night, Chrysalis

Friday, April 17

10-11:30 a.m..... Charites Chalice Circle, Udd Residence
12-2 p.m..... Appreciating Elderhood, Sanctuary

Saturday, April 18

9-11 a.m. Men's Group, Wedgwood Broiler

Sunday, April 19

10:30-11:45 a.m..... Worship Service, Sanctuary
12-1 p.m..... Family Potluck, Sanctuary

Monday, April 20

10 a.m. Soundings Articles Due
10:30 a.m.-noon Morning Book Group, Nursery
6:30-8:30 p.m. Family and Friends Support Group, Conf.
Room

Wednesday, April 22

6:30-7:30 p.m..... Wednesday Potluck, Nursery
6:30-9 p.m..... Seabeck Planning Meeting, Youth Portable

Thursday, April 23

6-7:30 p.m..... Choir Rehearsal, Sanctuary
6-8 p.m..... Weekly Game Night, Nursery

Friday, April 24 & Saturday, April 25: Seabeck Retreat!

Sunday, April 26

Seabeck Retreat!
10:30-11:45 a.m..... Worship Service, Sanctuary
12-1:30 p.m..... Social Action Committee, Chrysalis

Monday, April 27

6:30-8:30 p.m..... Family and Friends Support Group, Conf.
Room

Wednesday, April 29

6:30-7:30 p.m..... Wednesday Potluck, Nursery

Thursday, April 30

6-7:30 p.m..... Choir Rehearsal, Sanctuary
6-8 p.m..... Weekly Game Night, Nursery

**SHORELINE UNITARIAN
UNIVERSALIST CHURCH**

14724 First Avenue NE
Shoreline, WA 98155-6806
206-363-7994
Email: office@shorelineuu.org
Website: www.shorelineuu.org

Rev. Kate Landis, *Minister*
Chris Pollina, *Director of Religious Exploration*
Frederick N. West, *Music Director*
Laurie Radin, *Church Administrator*

Board of Trustees:
Karen Thompson, President
Bill Roach, Vice President
Paul Borrmann, Vice President-Finance
Adam Griffith, Secretary
Laura Morghon
Carolyn Threadgill

Vision:

*To become a leading voice of liberal religion
in the Northwest, by continuing to act
locally, while thinking regionally, national-
ly, and globally.*

Mission:

*SUUC is a caring community that
celebrates the growth of mind and spirit
and inspires us to create a more just world.*

Values:

*Affirm and promote the UU Principles.
To grow our human and financial resources
in service of our mission and vision.*

**SHORELINE UNITARIAN
UNIVERSALIST CHURCH**

has declared its buildings
and grounds a
Weapons-Free Zone

SUUC is a UUA-certified
Welcoming Congregation. We
welcome diversity of ability, age, class,
culture, ethnicity, gender, race,
religious and nonreligious backgrounds,
and sexual orientation.



OUR CONGREGATION is a member of the Unitarian Universalist Association

Soundings

**Shoreline Unitarian
Universalist Church**
14724 First Avenue NE
Shoreline, WA 98155-6806

