

August 2015



Soundings

Newsletter of Shoreline Unitarian Universalist Church

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August Worship Services

All services at 10:30 a.m.

Sunday, August 2: "Why Church?" Rev. Kate Landis

Sunday, August 9: "The Next Right Thing," Slim Moon, Pulpit Guest. Our Plate Share recipient on the 9th will be North Helpline, a local non-profit dedicated to combating hunger and homelessness in Greater North Seattle.

Sunday, August 16: "In the Beginning," Rev. Kate Landis

Sunday, August 23: "Beginning Again," Rev. Kate Landis

Sunday, August 30, Readers' Theater Group

Minister's Message



Dear Ones,

It is August and the earth is in full flower. I love the deep green of the trees and the bright blooms. I hope you are having a good summer. Life is busy here, but joyful as I am a newlywed and fresh from our honeymoon on the Oregon coast. It was wonderful to explore Oregon and now it is nice to be back with my church family in the heaven that is summer in the Puget Sound.

Last winter the Worship Committee, Committee on Ministry, and I talked to nearly every member and frequent guest about our **Joys and Sorrows** ritual. If you are new to the congregation, Joys and Sorrows is a time near the end of our worship service when individuals are able to share the momentous transitions in their lives--the passing of a parent, for example, a difficult medical diagnosis, or the birth of their child. The Worship Committee was concerned that Joys and Sorrows had become a time for people to make announcements about upcoming events at church or in the community, or for Joys and Sorrows "regulars" to get up and talk nearly every month. As a growing congregation, we wondered how this ritual, while beautiful when shared with a small group like a chalice circle, fit into a service that might include 175 people. I worried about introverts and shy people--was their desire for sharing being met? Was Joys and Sorrows only serving extroverts?

The Worship Committee met with small groups and individuals to talk about what people thought about Joys and Sorrows. Does it serve a spiritual purpose during our communal time together? The majority of congregants felt that yes, Joys and Sorrows is a chance for those with heavy hearts to share the burden, and for those with joyful news to share that happiness. Some people felt that some folks abused the time up front by sharing announcements, and a handful of people were embarrassed by what they considered oversharing. Overall, however, the ritual was considered a positive part of the service.

With this valuable information, we have decided to continue Joys and Sorrows, with the addition of a beautiful piece of art that Kristen Hunt is creating to facilitate silent sharing. A tree with leaves where congregants can write their Joys and Sorrows will serve anyone who doesn't want to stand in front of the congregation. We on the Worship Committee will continue to educate folks that the Joys and Sorrows ritual is not geared toward sharing our everyday life experiences or announcements, with the hope that greater respect for the ritual will result.

It is a great joy for me to share these conversations with you, to contemplate how we can best utilize our time together. I appreciate your gentleness in sharing and the respectful way you listened to each other in small groups. It was an inspiring process!

You may have noticed that our Sunday services are pretty full. What a terrific gift this is, the swelling of our church family. I love the creativity, energy, and kindness brought by our newer folks, and it is rousing to see our free faith reach more people. I hope that it brings them the joy, peace, acceptance, and spiritual succor that it brings me. Every aspect of my life is improved by this faith and this church family, I am so happy we can share this huge gift with all who are seeking.

Our Board of Trustees has established a **Task Force on Worship and Growth** to consider this growth and how we can best welcome all who enter. As our numbers grow will we need to change our seating arrangement? Possibly even add a second service? I know that a second service would be a huge adjustment for our community, especially our volunteers, so please be aware that we are moving slowly on this and collecting lots of data from our own history of having two services in the 1990s, as well as the experiences of other congregations. We will be talking with all the committees and groups in the congregation, as well as working with staff members, and presenting our findings to the board at regular intervals. You will have ample opportunities for updates on our discoveries, as well as plenty of chances to tell us what you think. Stay tuned for more news as it develops, and if you have questions ask me or the generous folks serving on this task force: Bill King, Rebecca Prosser, Catherine Crain, Laura Banks, Paul Borrmann, and Susan Storer-Clark.

I hope you are well and I look forward to seeing you on Sunday morning!

Warmly,

Rev Kate

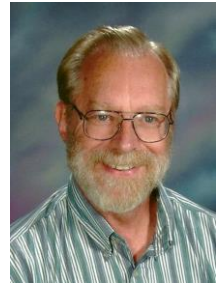
Money Talks--

...but it doesn't have too much to say in August when you all are trying to enjoy the weather.

It's a busy month for me as I prepare a first budget draft, and the Stewardship team is getting ready for the fall's twin campaigns - the regular operating budget one and the campaign to replace Chrysalis. But, except for the few of you who will be contacted about the possibility of your making a major gift to the Chrysalis campaign, I'm not giving you anything financial to think about this month!! (I can't believe I just wrote those words).

Enjoy August. I'll be back in September with PLENTY to say!

Paul Borrmann, VP-Finance



Board Meeting Minutes--July 9, 2015

SUUC Conference Room; prepared by Mandy Ray

*In attendance: Paul Borrmann, Alison Lilly, Juel Erickson, Amanda Ray, Karen Thompson;
Absent: Adam Griffith, Carolyn Threadgill*

Opening

Call to Order:

Karen Thompson presiding.

New Business

Approval of SUUC June Board meeting minutes: Board unanimously approved.

Review of Board Notebooks: Members of the Board who had not previously picked up their notebooks received them this evening. Briefly discussed and recommended that we review on our own time and discuss any concerns at the next Board meeting.

Request by the Music Committee for additional funds (Susan Storer Clark guest): The Music Committee requested an additional \$600 for this year's Music Committee budget to pay for an accompanist at all rehearsals. The specific breakdown for this money is to pay for 15 rehearsals this fall at a rate of \$50 each rehearsal. This totals \$750. There remains \$150 left in the music committee's discretionary fund. The intent of dedicated funds is to have the same person playing at both the rehearsals and the Sunday services. There was brief discussion about increasing the Music Committee's budget for next year for similar reasons, but this was not discussed at length as next year's budget requests should be submitted for the August Board meeting.

Some of the questions raised by the Board members and answers:

- What is the UU Musicians Network? A helpful group for musicians, a network of information with an annual conference with review of new music. Membership has not been pursued this year, at a total of \$80.
- What is the money allotted for the Children's Chorus? This money was earmarked at the minister's request and may still be used for Halloween or Christmas.
- Per Susan, it is the Music Committee's responsibility to ensure there is a Sunday accompanist (members of the Board had believed it was the responsibility of the Worship Committee). They would like to have a dedicated individual (possibly Lucy) responsible for both rehearsals and service music.
- What does the accompanist currently receive? Sunday service accompanist currently received \$3340 for all 52 weeks of the year at \$63/week. Per Susan, union scale for this service is \$150/service and \$75/rehearsal.

- Do we have the money in our budget? Per Paul, we could pull from the undesignated reserve.
- Is there money left over from supplies and sheet music budget? Per Susan, there may be, but Fred made notes that he has intentions to use this money this fall.

Juel and Mandy moved to find \$600 in our budget to fund the Music Committee's request. Further discussion ensued with the addenda that this money would be for a trial period with an accompanist at each rehearsal instead and not a commitment to next year's budget, and to recommend that the \$80 unspent for membership in the UU Musicians Network be used to reach the total of \$600. The Board unanimously passed the motion to allocate \$520 to the Music Committee for the accompanist.

The Committee on Ministry presented its assessment of the Welcome Committee (Roseann London): The Committee was called to create these reports to create a sense of community. The consensus of the Welcome Committee and its members was that welcoming was going well, that they needed more people, but those involved currently were enjoying their ministry. Challenges included crowding and parking, lack of diversity, "mission creep" with poorly defined roles, and individuals not being aware that their role was included in the welcome ministry. The report included the concern that members felt money being spent might not actually be represented in the budget (per Paul, that is the responsibility of the committee chair), including the value of goods bought and then donated by committee members.

Suggestions from the report included developing systems for training, diversity training to create more welcoming opportunities, involve the Welcome Ministry in discussions about future space use and building access (there is not a concern that this is a need presently, but a future suggestion as the new building is being planned). There was also a discussion of how to create more quantitative data and acknowledge the members who provide this ministry.

The GA meeting review: Members of SUUC were offered to attend the GA meeting with the proviso that they come back to discuss their experiences with the Board. Board members welcome to attend but not required. Scheduled for July 19.

CUUPS (Covenant of UU Pagans) update: Alison states she and Chris Doerksen had received the documents necessary to proceed. The next Pagan Interest Group meeting is scheduled for 7/21 at which time they will get group approval.

50th Anniversary is coming: So far neither Rick nor Helena are interested in leading the charge. No one else seems highly motivated. Paul to approach others and the rest of us are encouraged to brainstorm and ask around.

Board Retreat: Tentatively still scheduled for September; need to confirm with Reverend Kate who was not in attendance. Karen to follow up.

Personnel and salary: Committee on Ministry requested that the Board review Rev. Kate's salary as the church continues to grow. Paul advised that the UUS contains guidelines and recommendations regarding ministers' salaries that include geographic area of the country, size of the church and number of years of experience. Paul will forward the link to the Board members. Paul and Karen will meet with Catherine Crain, Chair of the COM, to discuss this.

Meeting concluded early at 8:45 p.m.

Music Director Notes

Dear SUUC Congregation,

As you know, our church choir has grown in skill and passion over the last two years as we have embraced singing twice a month at our services. It seems that attendance peaks when there is good singing.

I am writing to ask those of you who love to sing to come join the fun this year. It does help if you have some ability to read music but this is not required. You do have to be able to carry a tune, but what I offer is a chance to really grow as a singer and musician. There are a lot of very talented folks among us who share their skills from time to time. Some of you have still not come forth to sing in the choir though. If you all come together and embrace the joy of



singing in one fabulous choir, we will be a truly powerful and exciting voice for inspiring our congregation and realizing the gift of vocal harmony. Good harmony in the choir radiates harmony outward like the ripples on a pond.

I am officially calling the SUUC choir, 'Powerful Voices.' Please add your voice this year! Rehearsals are every Thursday, 6-7:35 p.m. beginning again September 10. We usually sing first and third Sundays. This year we will be singing the very upbeat and rockin' *Missa Luba* (African Mass) with marimba ensemble.

Yours in song, Fred West

*Come, Come, whoever you are
Wanderer, worshipper, lover of singing,
Ours is no caravan of despair,
Come join us in song.*



Social Action Ministry

SUUC Social Action Ministry Announcements

Social Action Ministry Monthly Meeting, Saturday, August 8

All interested SUUC congregants are invited to the Social Action Ministry meeting on Saturday morning, August 8, (the second Saturday of the month), 9:30 a.m., in the Church Conference Room. Topics will include a progress report on our Sno-King Meaningful Movies including possible scheduling of "Princess Angeline" (a film on Chief Seattle's daughter suggested by Edie Loyer Nelson), a progress report on our summer Social Action project with our CRE kids, planning for a fall repeat of our popular course on Economic Inequality, a review of the content and design of a new Social Action brochure, and review of a proposed survey of our congregants views and attitudes on Social Justice activities. Check the Social Action blog (on the Northwest UU Justice Network site <http://www.nwuujn.org/topics/view/5548de810cf2ab913fd7e70b/>) a couple days before the meeting for an updated agenda. Or subscribe to the SUUC Social Action twice-a-month e-Blast e-mailing by contacting Bob Beekman (rlbeekman@gmail.com).

SUUC Service Project at Food Lifeline: August 18



Food Lifeline is a great way to beat the heat on a summer night like Seattle has been experiencing. (I am writing this from Albuquerque, NM, where it has been cooler than Seattle since I have been here and greener than I ever remember it.)

There is still so much need to help get rid of hunger and Food Lifeline is working hard at it in so many ways with food repacking (into smaller sizes) for food banks and grocery rescuing and being involved with the national organization that helps move donated food around the country so that it is used most efficiently. Food Lifeline is also involved in food advocacy on local, state, and national levels.

August Date: Tuesday August 18, 2015. The project begins promptly at 6 p.m. and ends at 8. (Please don't arrive after 6:05 because the doors lock and we won't be able to hear you knock.) Everyone welcome, please remember to wear closed-toe shoes.

Address: Food Lifeline is at 1702 NE 150th Street (near the former Fircrest School area). Turn east on NE 150th off 15th Avenue NE in Shoreline. Drive a short distance and watch for the driveway into the Food Lifeline parking lot and warehouse on the left. There's a small Food Lifeline sign to mark the turn.

Next month's date is September 15, 2015. We go every third Tuesday of the month and we would love to have YOU join us. Carpooling can be arranged.

Please sign up in the hall at the Social Action bulletin board or by contacting Laura "FoodBanks" (laurabanks1@comcast.net or 206-235-3611 by phone or by text).



Community Announcements Hike and Ritual

Join the Pagan Interest Group for a hike and ritual at Cougar Mountain on Saturday, August 15, to deepen our appreciation for the seventh principle - the interconnected web of all existence. We will meet in the SUUC parking lot at 10 a.m., then caravan to Cougar Mountain in Bellevue. We'll start at the peak, hike downhill through the park to a massive Big Leaf Maple, do a brief ritual, have a picnic (bring your own lunch) and then hike back up. This event is geared toward those able to hike uphill for a couple of miles. If you are interested in attending but need a lower impact option, please contact chrisdoerksen@comcast.net.



SUUC Orientation Opportunity is Coming!

Hey - interested in finding out more about SUUC and Unitarian Universalism ---- and maybe joining our great, growing community? On Saturday, August 1, from 9 a.m. until noon, Rev. Kate will lead an orientation conversation and you are invited! Brunch will be served and we will have child care, if requested. Everyone is welcome and if you have questions or comments or want to reserve your spot, contact Sue Leisy at quiltz07@gmail.com. Looking forward to seeing you there!



Family Potluck August 23

We'll be having a monthly family potluck/harvest festival at Twin Ponds Community Garden, just a block north of SUUC and across the street (14915 1st Ave NE). We'll be holding the potluck on the fourth Sunday instead of the third, **August 23**. People of all ages will come together to pick vegetables to be delivered to a local food bank and enjoy the blessings of good food, good friends, and the opportunity to do something good for the community in a beautiful setting. There are three picnic tables with benches and a few scattered chairs but it would be wise to bring a picnic blanket/foldable chair just in case. If you need to drive over to bring food or supplies, there is a parking lot right next to the garden. Please bring a substantial dish for the potluck that will serve small portions to 8 people.



Let's Make Some Communal Art!

This summer when you see something that wakes you up, that hits you in a spiritual place, that is what you think of as holy, take a picture of it and send it to Laurie in the office! She will compile our photos of Sacred Stuff all summer, so send her a pic and, if you'd like, a brief description at office@shorelineuu.org. Let's inspire each other!



August 2nd Party

To celebrate and honor the marriage of our Rev. Kate and Jay, and the marriage of Chris, Dir. of Religious Exploration, and Amanda, we will have a reception, Sunday, August 2nd after the service. For those of you interested in giving something to the newlyweds, baskets will be provided for cards and monetary gifts. To sign up to bring some food or to volunteer to help, please go to the website <http://www.signupgenius.com/go/10c094aacaf23a5f94-wedding>. I hope you will all help to make this a very special party. If you have any questions, please contact Helena Parker at 206-784-7105 or hellenarae@comcast.net.



Pulpit Guest on August 9

Slim Moon spent most of his adult life in the music business. As founder of the independent label Kill Rock Stars, he helped launch the careers of many notable artists including Elliott Smith, the Decemberists, and Sleater-Kinney. He left the music business in 2011 to follow the call to Unitarian Universalist ministry. He is a student at Meadville Lombard Theological School and recently completed a ministerial internship at First Unitarian Church of Portland. He will soon be a Worship Fellow with the Church of The Larger Fellowship. Slim lives in Battle Ground with his wife Dr. Portia Sabin and their young son.

Shoreline UU Men's Association

SUUMA (Shoreline Unitarian Universalist Men's Association) will meet for breakfast at the Wedgwood Broiler, 8230 35th Ave NE, on Saturday, August 15, 9-11 a.m. We will discuss the word "masculinity" at this meeting. All SUUC men are welcome at our monthly breakfast meetings on the third Saturday of each month in 2015.

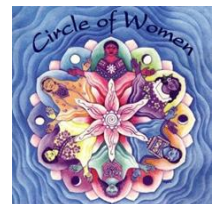
Baristas Needed This Month

WANTED: Sunday Baristas! August 9, 16, 23, 30 and beyond! Sign up to serve coffee at www.tinyurl.com/suuc-coffee or contact Carrie Cameron at permitted2shine@gmail.com or 425-773-1776.



SUUC Women's Circle

The Shoreline UUC Women's Circle will meet Saturday, August 1 at 10 a.m. in Chrysalis. All SUUC women and friends are invited. The theme will be meditation and Isis Charest will be leading the discussion. It's a meeting that could change your life!



 *Thanks, Volunteers!* 

The people listed below are among those who help make your Sunday morning experience at SUUC a cheerful, welcoming one. Give them a thank you when you see them, and, if you would like to join one of the teams, contact the team leaders or the office.

GREETERS:

Leaders: Cheryl Udd & Nancy Curtis

Bernice Ege-Zavala
Andy Landis
Barbara Thake
Bruce Campbell
Carolyn Brenner
Fran Campbell
Joan Brooks
Megan Watson
Sue Leisy
Chris Prosser
Dianne Carreri
Laraine Volkman
Lauren Ploskey
Rebecca Prosser
Richard Volkman
Rick Wilson
Sharon Greenman
Zach Ploskey

USHERS:

Leader: Homer Henderson
Paul Borrmann
Shirley Beresford
Jeremy Corvialis
Ryan Dunne

Christina Horst
Alison Leigh Lilly
Jeff Lilly
Anne Martin
Donald Patrick
Zoey Phillips
Barbara Stilson

WELCOME CORNER:

Leader: Bridget Laflin
Rick Wilson
Cheryl Udd
Sue Leisy
Homer Henderson
Paul Borrmann
Dana Doerksen
Juel Erickson
Helena Parker

COFFEE BARISTAS:

Leader: Carrie Cameron
Amanda Ray
Barb Fisk
Bev Hesterberg
Bill Roach
Bruce Adair
Bruce Hunt
Cal Spangler
Chris Doerksen

Dana Doerksen
Darian Smolar
Doug Collins
Eva Monsen
Helena Parker
Jade Alia
Jeanne Aldrich
Jerome Lutge
Jill Patten
Juel Erickson
Julian Collins
Kathy Reid
Kristen Hunt
Mason Collins
Nick Aldrich
Noel Bain
Rick Wilson
Shelley Anderson
Susan Corvialis
Susan Storer Clark
Vicki Brodine
Tamami Matsuzaki
Teresa Bain
Terry Zimmerman
Tori Manzer
Valerie Sammons
Zoey Phillips



Do You Like to Knit? Join us August 26!

Calling all knitters to get together every fourth Wednesday of the month at 7 p.m., to knit and talk! Looking forward to seeing you in the Church Conference Room. -*Rebecca Prosser and Karen Thompson*



New Workshop Starting in Fall

Honoring Our Grief: a workshop for those grieving a sudden death through homicide, suicide or accident. This is a weekend program that incorporates mindfulness practice, education about the process of grief related to sudden death, sharing our stories and developing a ritual to say good-bye. It is designed for people who are mourning the sudden loss of a loved one, no matter how long ago, especially those who feel haunted by the death in some way. The workshop will be held this fall (it will include a weekend and one day follow-up 2-3 weeks later). If you or anyone you know would like more information, please contact Jean Berolzheimer at jeanberolz@gmail.com or 206-307-6674.

Collecting Paperback Reference Books

Books To Prisoners (BTP) gratefully accepts donated paperback books: references, e.g., dictionaries, high school and college text books plus westerns, true crime, mysteries are in high demand. Bring used or new donations of paperbacks to the BTP box located beneath our name tags. Dianne Carreri will whisk them away to BTP for you. BTP, located at University Christian Church at 15th Ave NE & NE 50th St., hosts work events where volunteers open a prisoner's request letter, select a book from the BTP stacks, writes a brief note back to the prisoner then wraps and mails their new book. Parking for a modest fee is across the street. BTP is so in demand, the letter you open will be at least 4 months old. Consider contributing time.



SUUC Evening Book Group Meeting August 5 "The owl of Minerva flies at dusk."

The August 5 meeting of the Evening Book Group (aka "The Owls of Minerva") will discuss *In the Garden of Beasts: Love, Terror, and an American Family in Hitler's Berlin* by Erik Larson. The meeting will be from 7 to 8:30 p.m. in the Church Conference Room.



For our September 2 meeting, the reading will be *The Divide: American Injustice in the Age of the Wealth Gap* by Matt Taibbi. Everyone is welcome to join our meetings on the first Wednesday of each month -- even if you haven't finished reading the book for the month! If more information is needed, contact Bob Beekman, 206-527-7340, rlbeekman@gmail.com.

To subscribe to the twice-a-month e-mailings of the **SUUC Social Action "e-Blast,"** or just to get information about the Social Action blog and e-Blasts, contact Bob Beekman (rlbeekman@gmail.com).

To receive the weekly email **Carrie's Commentaries** with insightful reporting on prior Sunday sermons as well as Joys and Sorrows, please email permitted2shine@gmail.com

August Calendar

Sat., August 1

9 a.m.-noon New Member Orientation
10 a.m.-12:15 p.m. Women's Circle

Sun., August 2

10:30-11:45 a.m. Worship Service & Children's Activities, Sanctuary
12-2 p.m. Wedding Reception, Sanctuary

Wed., August 5

6:30-8 p.m. Weekly Potluck, Orchard
7-8:30 p.m. Evening Book Group, Conference Room

Thurs., August 6

7:45-9 p.m. Music Committee, Conference Room

Fri., August 7

12-2 p.m. Appreciating Elderhood, Sanctuary

Sat., August 8

9:30-11:30 a.m. Social Action Meeting, Conference Room

Sun., August 9

10:30-11:45 a.m. Worship Service & Children's Activities, Sanctuary

Mon., August 10

7-8 p.m. Grounds Meeting, Chrysalis

Tues., August 11

7-9 p.m. Tuesday Evening Chalice Circle, East Chrysalis

Wed., August 12

6:30-8 p.m. Weekly Potluck, Orchard
7-8:30 p.m. Welcome Team Meeting, Conference Room

Thurs., August 13

7-9 p.m. Board Meeting, Conference Room

Sat., August 15

9-11 a.m. Men's Group, Wedgwood Broiler

Sun., August 16

10:30-11:45 a.m. Worship Service & Children's Activities, Sanctuary
12-1:30 p.m. New Teacher Orientation, Chrysalis

Tues., August 18

6-8 p.m. Food Lifeline Project
6-8 p.m. Weekly Game Night, Chrysalis

Wed., August 19

6:30-8 p.m. Weekly Potluck, Orchard
7-8:30 p.m. Worship Planning Committee, Conference Room

Thurs., August 20

10 a.m. Soundings Copy Deadline

Fri., August 21

10-11:30 a.m. Charites Chalice Circle, Hesterberg Residence

12-2 p.m. Appreciating Elderhood, Sanctuary

Sun., August 23

10:30-11:45 a.m. Worship Service & Children's Activities, Sanctuary

11:45 a.m.-12:30 p.m. Pagan Group Check In, Conference Room

11:45-1 p.m. Family Potluck, Twin Ponds Community Garden

Mon., August 24

6:30-8:30 p.m. Family and Friends Support Group, Conference Room

Tues., August 25

6-8 p.m. Weekly Game Night, Chrysalis

Wed., August 26

6:30-8 p.m. Weekly Potluck, Orchard

7-9 p.m. Knitting Group, Conference Room

Sun., August 30

10:30-11:45 a.m. Worship Service & Children's Activities, Sanctuary

August Sunday Volunteers

August 2

Ushers: Jeremy Corvialis & Homer Henderson

Greeters: Nancy Curtis & Joan Brooks

Baristas: Rick Wilson & Juel Erickson

August 9

Ushers: Alison and Jeff Lilly

Greeters: Andy Landis & Megan Watson

Baristas: Tori Manzer & ?

August 16

Ushers: Shirley Beresford & Donald Patrick

Greeters: Rick Wilson & Richard Volkman

Baristas: ? & ?

August 23

Ushers: Paul Borrmann & Barbara Stilson

Greeters: Sue Leisy & Carolyn Brenner

Baristas: ? & ?

August 30

Ushers: Ryan Dunne and Zoey Phillips

Greeters: Chris & Rebecca Prosser

Baristas: ? & ?