

# Soundings



THE MONTHLY NEWSLETTER OF SHORELINE UNITARIAN UNIVERSALIST CHURCH, SHORELINE, WA

## JANUARY MINISTER'S MESSAGE REV. KATE LANDIS

Happy New Year!

I am glad we get to venture into 2015 together. Here is to another year of discovery, laughter, and spiritual quest.

Each month our congregation studies a different theme, and January's theme is heresy. What does the word heresy mean to you? To me heresy is an idea so far out of the mainstream that it initially seems insane, even offensive. A heretic is a freethinker, a creative type. Maybe she or he is way ahead of their time, or maybe they just really enjoy shocking people. Have you ever put forth a heretical idea? Who might be a modern-day heretic?



This month we will explore our Unitarian, Universalist, and even Unitarian Universalist heretics. We will talk about what it means to be a covenantal faith, based on community and not conformity of thought. In the meantime, I leave you with this epitaph from Oregonian and poet Edwin Markham, a heretic in word and deed.

Outwitted

He drew a circle that shut me out—Heretic, a rebel, a thing to flout. But Love and I had the wit to win: We drew a circle that took him in!

With love,

Rev Kate

## JANUARY 2015 WORSHIP SERVICES

**Sunday, January 4, 10:30 a.m.: "If I Had a Million Dollars," Noel Bain, Guest Speaker and Member**  
(see p. 5 for description)

**Sunday, January 11, 10:30 a.m.: "Our Unitarian and Universalist Heretics" Rev. Kate Landis;**  
**Spirit Hand will play.**

**Sunday, January 18, 10:30 a.m.: "A Theology in Process," Rev. Kate Landis; Choir Sings**

**Sunday, January 25, 10:30 a.m.: "Audaciously Gentle," Rev. Kate Landis; Choir Sings**

## December Board Meeting Report

*Present: Karen Thompson (presiding, minute taker), Lauren Ploskey, Laura Morghon, Carolyn Threadgill, Bill Roach, Adam Griffith, and Rev. Kate Landis*

### **Approval of SUUC Board October Meeting Minutes – Karen Thompson**

*The Board unanimously approved the SUUC Board of Trustees October meeting minutes.*

### **Approval of SUUC Board November Meeting Minutes – Karen Thompson**

*The Board unanimously approved the SUUC Board of Trustees November meeting minutes.*

*Lauren Ploskey resigned from the SUUC Board of Trustees and the Secretary position, effective immediately.*

### **Finalizing the Agenda for the December 14<sup>th</sup> Congregational Meeting – Paul Borrmann**

### **Social Action Committee Proposal – Bob Beekman**

The Committee would like to do a matching program for distributing the SRE fund to non-profits, preferably with a global and environmental focus due to the nature of the endowment.

### **Sending SUUC Delegates to General Assembly**

General Assembly is in Portland, OR, from June 24, 2015 to June 28, 2015 and it needs to be decided whether SUUC will spend funds from the leadership development budget to send delegates.

### **CARE Team Status**

The CARE Team is experiencing volunteer burnout, currently without a mission statement, and has more CARE Team requests than what is feasible for the current number of volunteers. Board ideas to resolve these problems include: dissolving the CARE Team or put it on hiatus, have coordinators that match requests to volunteers and do not participate in fulfilling requests, organize care by zip code. Laurie Radin to be asked to sort the member directory by zip code.

### **Tent City – Bill Roach**

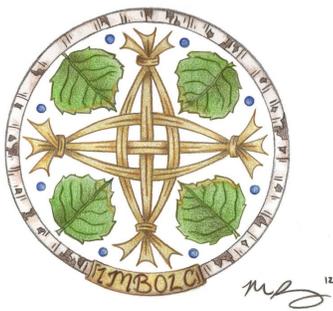
Donations are being collected and the Tent City occupants appreciate them.

*Meeting adjourned by Karen Thompson*

*—Submitted by Lauren Ploskey*

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## Feed Your Creative Fire



As the days lengthen and the warmth of another spring gently (and oh so slowly!) unfurls, join us to celebrate the ancient Celtic holiday of Imbolc, a festival of healing and creative energies.

The SUUC Pagan Interest Group will be hosting a fun, family-friendly ritual on Wednesday, January 28, at 7 p.m. in the Sanctuary. Stoke the fires of divine inspiration as we explore the meaning of the holiday and its patron saint/goddess, Brigid, with traditional crafts followed by a simple blessing ceremony. We promise lots of bright candles, bold colors and belly laughs to keep you warm through these rain-soaked days of early spring! Plus, at the end of the night, take your creation home to spark your creativity all year 'round!

## A New Chrysalis – The Money Story

Now that the Building Assessment Committee is at work on coming up with an actual proposal for a new building with a cost to be specified, let's see where we are on the finances. As I've previously said, the design and the finances are always in a chicken-and-egg relationship; each informs the other as planning proceeds.

The \$100,000 Davis gift has grown to about \$120,000; that will be available for the project.

The Financial survey handed out at the house meetings (and mailed to those members who did not attend a meeting) produced 79 responses. Experts tell us that even the most successful church building campaigns result in only about 70% of the people contributing, which would be about 85 pledging units for us. 23 responses estimated \$0, but nearly half of these actually said they were unsure of their finances, but would contribute if they could. The total contributions estimated by the 56 who expect to contribute was about \$270,000 (a few people gave ranges instead of one figure). This plus the Davis money comes to almost \$400,000, far short of the total preliminary cost estimate of \$850,000. This is why I announced at the December 14 meeting that I will be talking to many of you in the next few months to see if there is a likelihood that a capital campaign might raise more than the survey indicated.

Finally, how much will our budget allow us to borrow if we cannot raise the full cost? I am working on estimating this, but it may be only about \$150,000-\$200,000. Why? Mostly because we have very few "discretionary" expenses that we can shift into debt repayment, and therefore will need to rely on increases in income. I will discuss this further next month.

*Paul Borrmann*  
*Vice-President, Finance*

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## 2014 SUUC Annual Budget Meeting Report—December 14, 2014

1. Called to order at 12 noon. Rick Wilson, moderating. Fifty-seven voting members checked in & present (quorum met).
2. Minutes from 5/18/2014 Annual Congregational Meeting read by Lauren Ploskey and **approved** with one correction.
4. Budget Proposal 2015, presented by Paul Borrmann. Income and expenses are each budgeted at \$12K higher than in 2014. Income increase is due to increased pledges in fall 2014 campaign. Major change in expense is bringing staff compensation up to UUA suggested guidelines, though total personnel costs are reduced by \$5300 as a result of elimination of the Member Activity Coordinator position in mid-2014. Other expense increases are: employee benefits; denomination support due to growth in membership; non-personnel music expenses; line item for an architect requested by Building Assessment Committee, maintenance support and contribution to maintenance reserve account; improvement in projection of hymns at worship services; and leadership development.

Approval of 2015 Budget as presented **moved by Paul Borrmann and seconded**. Discussion focused on information & clarification. **Passed 55-0-0**.

5. Building Assessment Committee Report presented by Carolyn Threadgill, Chair. Carolyn reviewed progress to date and summarized findings on 5<sup>th</sup> option (new building) from pro bono consultation by an architect with expertise in churches. Cost estimate for a new building is \$850K if we proceed frugally and carefully. Plan is to proceed to a schematic design to present to City of Shoreline in pre-application step, to determine if changes would be needed. The Building Assessment Committee will then present its recommendation at the next Congregational Meeting, currently scheduled for 3/29/2015, and the congregation will vote whether to proceed with a capital campaign.

6. Adjourned at 12:54 p.m.

Respectfully submitted, Eliza Sutton (scribe)

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# RELIGIOUS EXPLORATION

**CHRIS POLLINA – DIRECTOR OF RELIGIOUS EXPLORATION**



I've been doing quite a bit of thinking about the big picture of children's religious exploration in our church lately. Ours is a religion whose principles are very broad and open to interpretation and whose sources of wisdom encompass essentially all religious and humanistic teachings. While I consider an openness to finding wisdom in many traditions and our lack of a rigid doctrine to be overwhelmingly positive features of our religion, they can also lead to difficulties; when each person in a faith can draw on their own favorite traditions and teachings and live out their spirituality in a multitude of ways, there can often end up being little in the way of a common spiritual language between members. This is difficult enough spiritual terrain to navigate for adults and can be downright confusing for children. There is a real risk of children leaving their time in RE with a foggy sense of what UUs believe, what UUs do, or what separates a UU from your run-of-the-mill nice person.

I think that in the absence of some specifically defined goals, children in our faith tradition run the risk of receiving an array of good intentioned but disconnected and possibly confusing messages depending on who is teaching them or who the director of religious exploration is at any given time. Given this, I'm setting out to put together a team of long-time UUs in our church to help create a well thought out framework which we can use for years to come in guiding our collective work as religious educators to the children of our church community. I'm greatly looking forward to facilitating this group's work of grappling with big questions, such as:

What do we want all children who go through our program to know?

What are the important stories that children in our church should hear?

What rituals or experiences is it important for children to take part in it and when?

How will we measure our success in each of these arenas?

This is a conversation which should include everyone in the church and I will make sure that this group solicits input from the wider community over the coming weeks and months. I'm looking forward to the completion of this project leading to a greater sense of purpose, focus, and meaning to the children, teachers, and parents of our church community!

Lastly, I am looking forward to going to San Diego from January 8-10 for a three day workshop on youth ministry. My years in youth group were decidedly what hooked me on Unitarian Universalism in the first place and I am excited to bring back a whole slew of new ideas for growing our youth group in the coming years.

See you on Sunday,

*Chris Pollina / [shorelinedre@gmail.com](mailto:shorelinedre@gmail.com)*

## Upcoming Events

**Sunday, January 18 – Family Potluck, noon-2 p.m.**

*A monthly kid-friendly potluck after church. We'll have some special crafts and activities to celebrate the winter holidays during this month's potluck.*



## United We Stand: Tent City Encampment at Haller Lake United Methodist Church

Wow! We are so impressed by the generosity of our congregation. We had so many gifts we were able to give some of them to another Tent City. The folks of SUUC brought a huge number of blankets, warm garments and coats, tarps, tents, a computer, eating bowls and utensils. Also, the Women's Group donated money and toys/experiences for the children in the camp. Several of you have gone by the nearby encampment and visited with the residents, which they appreciate.

In recent weeks, United We Stand (UWS) has been approved for at least the next six months as one of several tent cities in Seattle, and they are expecting their numbers to grow from about 15 now to 35.

They need 80 pallets and plywood to raise the tents off the ground to keep the water out of the tents. Food Lifeline has agreed to give us 50 of the 80 pallets needed for 35 tents.

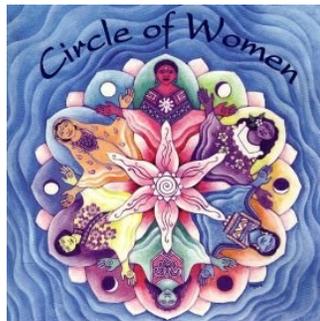
There are certain to be more needs as time goes on, and we will be asking this generous congregation to contribute more to help our neighbors have a safe, dry place to be able to live. Thanks again for your generosity!

—*The SUUC Social Action Committee and Carol Roach and Laura Banks*

## SUUC Women's Circle

The January Women's Circle will be held on January 3rd at 10 a.m. in the Sanctuary. This month will be one of the major gatherings for this circle.

Life is full of change and transition. Some of the most important skills an individual can learn expand the ability to see the present moment clearly, wake up curiosity about the "what ifs" and then create expanded experiences. How? We will be talking about those skills.



Using our circle as the model for learning there will be some questions to consider. Thinking of them ahead of time may be helpful and so here they are:

- What is one quality you have or want within the circle?
- Share a concise statement of your purpose in coming.
- What do you want to gain personally and in congregation?

The circle is a place of safety, inspirations, learning and waking up to being more of who we are with each other. It is always a valuable gathering.

Feel free to bring friends and a simple snack to if you would like. Our space is held in respect and valuing of one another. For more information, call Sharon R. Maynard at 360-682-2970.

## Learning About and Joining SUUC

If you're curious and would like to know more about Shoreline Unitarian Universalist Church, mark your calendars for an orientation meeting led by Rev. Kate on Saturday, February 21. Also, the next Ingathering ceremony for new members will be Sunday March 8. More details to come in next month's Soundings.

## January 4th Sermon

In his sermon "If I Had a Million Dollars," Noel Bain, guest speaker and SUUC member, will be speaking about how a retreat center in the Pacific Northwest could expand our mission and values, and be a focus of spiritual renewal. In this service, he asks us to reflect on some of our Unitarian Universalist values and sources: our third principle of acceptance and encouragement to spiritual growth, our source of spiritual teachings of earth-centered traditions, and direct experience of that transcending mystery and wonder.

## Celebration Sunday!

On the 4th of January, we will celebrate all the good events happening in your life this month – birthdays, anniversaries, graduations. Really, any special event! Email Rick Wilson [rickwilson7863@msn.com](mailto:rickwilson7863@msn.com) so he can post what you are celebrating if you are unable to be here on the 4th. Want to show off your amazing baking skills? Reimbursement is \$40.00 if you would like to provide treats for our monthly celebration (please contact Helena Parker at [hellenarae@comcast.net](mailto:hellenarae@comcast.net) or 206-784-7105).

### **Think you might enjoy being on the Music Committee?**

The Music Committee works to support music in our worship services, and to provide a variety of musical experiences in our congregation. We currently have six members, and can take as many as three more members, people who are interested in music. You don't have to be able to sing or play, just have an interest, and be able to meet with us on the first Thursday of each month. Think you might like to do that? Let Susan Storer Clark know: 206-801-7027, or [songsue30@gmail.com](mailto:songsue30@gmail.com).



### **Would you like to sing or play music in one of our worship services?**

The Music Committee would like to hear from you! If you're too shy to share music by yourself, we might be able to help you join a small group. The first date we have available for some of our home-grown music is January 25, and we usually have one or two Sundays a month available for different members to share their gifts. Intergenerational groups and young performers are particularly welcome. Please get in touch with Susan Storer Clark, 206-801-7027, or [songsue30@gmail.com](mailto:songsue30@gmail.com).

### **Side By Side from the Mental Health and Recovery Team**

*by Barbara Cornell*

For people in recovery, emotional enmeshment is common. Emotional enmeshment refers to being overly involved in the emotional climate of another person, so much so that their feelings are our feelings. It follows (however irrationally) that if the other is sad, we must do whatever we can to make him or her feel better. Family or friends of addicts, alcoholics or people with behavioral addictions can get sucked into trying to control or manipulate the person because of this enmeshment. The classic example is pouring the alcohol down the drain so the alcoholic won't drink. There just won't be anything to drink here, so that will get him or her to stop drinking. The problem with that type of thinking is that we're not in control of other people, however difficult that may be to believe. In recovery, slowly but surely, we can learn that each person is responsible for his or her own happiness (as well as their thoughts, attitudes, feelings, and actions). We are responsible for our happiness and if we're trying to control others or manipulating people, we must be very unhappy. It is for us to shift our focus from that other person (and his or her feelings, behavior, health, future, etc.) to ourselves and to our lives. In order to do that, we need to learn how to detach emotionally.

Detachment has a few different meanings and it's often a confusing concept for this reason. It doesn't mean turning one's back on a loved one or not caring anymore. Our love, empathy and caring are important. What we need is some space where we're so enmeshed. Instead of thinking of the other person first thing every day, we can start a new morning ritual that gives us time to meditate or pray or read something inspiring. If we do think of our loved one, send him or her a blessing or a good wish for a good day and then get on with our day. Some space, that's what detachment means. Creating some emotional space is important, so that we can live our lives and to let others live theirs. Sometimes, detachment means physically leaving the room. Sometimes it means withdrawing from a conversation or not engaging in an argument. Detachment isn't easy, but over time we can learn how to put space between ourselves and our loved one.

This month the support group for Family and Friends of people who have lived an experience of mental illness will be meeting on January 26 from 6:30 to 8 p.m. in the Conference Room. You are invited to join us. If you have any questions or would like to learn more about our team's efforts in our congregation or in the district, contact co-chairs Chris Poole, 206-542-9271 or email Barbara Cornell at [uubcornell@gmail.com](mailto:uubcornell@gmail.com).



## Economic Inequality Study/Action Series Starting in March

A series of five study/action sessions on Economic Inequality is being offered for all SUUC congregants in March by members of the Social Action Committee. This is our church's participation in the first year of the UUA's 2014-2018 Congregational Study/Action Issue on *Escalating Economic Inequality*. The CSAI proposal on *Escalating Economic Inequality* was the top vote-getter when Shoreline UUC voted on the six CSAI proposals last February, and it was also the top vote-getter when adopted at the 2014 UUA General Assembly.

**Main Study Resources (loaner copies of books will be available in the church library):**

Videos: [inequality.org/t/video](http://inequality.org/t/video) by Chuck Collins, Richard Wilkinson, and more, on [inequality.org](http://inequality.org) web site by the Institute for Policy Studies

Book, collection of essays: *The Wealth Inequality Reader* edited by Dollars & Sense and United for a Fair Economy

Book, collection of essays: *Divided: The Perils of Our Growing Inequality* edited by David Cay Johnston

### Topics by Session:

- *Session 1:* What are the Facts? Economic Inequality by the Numbers
- *Session 2:* Why Should We Care? The Consequences of Economic Inequality
- *Session 3:* How Did We Get Here? Recent Causes and History of Economic Inequality
- *Session 4:* How Do We Fix the Problem? Policies to Reduce Economic Inequality
- *Session 5:* Can We Move the Needle? Actions We Decide To Take Now

**The exact dates and times are not yet set, so, if you are interested, contact Bob Beekman (206-527-7340 or [rlbeekman@gmail.com](mailto:rlbeekman@gmail.com)) with the weekday evenings or weekend times that will work for you. Let us know soon!**



## Photo Club Meeting

The Shoreline Unitarian Photography Club will meet January 15, from 6:45-7:45. They will be back to meeting the first Thursday of the month at 6:45-7:45 in February and beyond. The photography assignment for this month is "Heresy." New members are always welcome; bring pictures to share at the meeting. Contact Adam Griffith 425-381-5488 or at [shadowcatcher6@lycos.com](mailto:shadowcatcher6@lycos.com) with comments and questions.

## Shoreline UU Men's Association

SUUMA (Shoreline Unitarian Universalist Men's Association) will meet for breakfast at the Wedgwood Broiler, 8230 35th Ave NE, on Saturday, January 17, 9-11 a.m. Reservations have been made at the Wedgwood Broiler for all monthly breakfast meetings in 2015 on the third Saturday of each month. All SUUC men are welcome to participate. For more information, contact Bob Beekman, 206-527-7340 or [rlbeekman@gmail.com](mailto:rlbeekman@gmail.com).

## SUUC Evening Book Group Meets January 7 “The owl of Minerva flies at dusk.”



For our January 7 meeting, the Evening Book Group (aka “The Owls of Minerva”) will be making the reading selections for the rest of its 2015 monthly meetings. Group members are asked to come prepared to suggest and to briefly explain one or two (or even three) possibilities for 2015 books. We normally focus on non-fiction, but we have occasionally selected interesting, off-the-beaten-path novels. We prefer books that will be available to members in paperback by the month before they are scheduled for discussion. We prefer readings available as e-books. Our one hard and fast rule is that the person suggesting a book must have already read it. The January 7 selection of the 2015 readings will be accompanied and facilitated by light seasonal refreshments.

The meeting on January 7 will be from 7 to 8:30 p.m. in the Conference Room. For any further information, contact Bob Beekman, 206-527-7340, [rlbeekman@gmail.com](mailto:rlbeekman@gmail.com).

## Dictionaries Wanted

We are still collecting paperback dictionaries and other reference books for the Books to Prisoners program. There is a box in the hall next to the Food Lifeline collection box. Consider looking for these books whenever you are in a thrift store or used book store. Thank you!

## SUUC Service Project at Food Lifeline



What is your commitment to ending hunger in 2015? The issue is food distribution, not food shortage. 30-40% of food in America ends up in landfills.

Will you bring food items for the Food Lifeline box in the foyer? Will you volunteer at Food Lifeline repacking large commercial food donations into family-size, usable amounts?

Will you pledge to use all the food you buy so it doesn't end up in the landfill? Will you donate money to Food Lifeline (you can set up a one-time or monthly recurring donation to Food Lifeline at <https://foodlifeline.cjoinme.org/tabid/575261/Default.aspx>)? Will you buy prepackaged bags of shelf-stable items at QFC that will be donated to Food Lifeline? Do you want to host a food drive in your neighborhood and get your children involved in helping to stop hunger?

When: **January 20, 2015, 6-8 p.m.**

Where: Food Lifeline  
1702 NE 150th St.  
Shoreline, WA

Turn east off NE 15th St. on to NE 150th and take the first left into the parking area. Go beyond the state labs on the left and Food Lifeline is directly in front of you. It is important to be there by 6 p.m. because the front door is locked at 6:05 p.m. and sometimes cell phones don't work very well inside the facility. Be sure to wear closed-toe shoes.

**Next month's date: February 17, 2015** (We always go on the third Tuesday of the month, so mark your calendars for all of 2015 accordingly!)

Sign up on the bulletin board in the foyer (FLL likes to have an idea of how many of us are coming) and feel free to call Laura FoodBanks at 206-235-3611 or email me at [aurabanks1@comcast.net](mailto:aurabanks1@comcast.net) with any questions or comments.

## Chamber Music Group



Calling all musicians who want to play chamber music for fun: the Chamber Music Group will be meeting Saturday, January 10, 4-7 p.m. in the Sanctuary. All skill levels and instruments (including voice) are welcome. The less accomplished musicians will be able to play at the beginning of this time and the more accomplished musicians will be able to play a little later in the evening. If you plan to participate, please contact Barbara Rader, 206-898-5403 or [rader@seanet.com](mailto:rader@seanet.com), to let her know what instrument you play and your approximate skill level.

## Social Action Meetings—January 4 and 25

The normal end of December meeting of the Social Action Committee has been moved to Sunday, January 4, after church and coffee time, starting at noon in Chrysalis. Likely topics are:

- Quick reports (mostly of project successes):
  - ◊ Winter holiday tent city residents gift project
  - ◊ Food Lifeline volunteer night for December and for 2015
  - ◊ Faithify crowd funding for Living Legacy Project for 50th Anniversary of Selma
  - ◊ Plate share recipient nominations received by Lew Witham in November
  - ◊ Responses on SAC e-Blast/blog readership
- Review and vetting of nominated non-profits for SRE donations
- Planning for campaign for February donations to selected non-profits (previous item) with SRE matching
- How to better network and cooperate with other area UU activists on communicating, organizing, and doing Social Justice action and thinking (greater use of NWUUN? Use for SAC blog and e-Blasts?)
- How to engage more SUUC congregants in Social Action participation — and especially in Social Action leadership and planning
- Long term leadership team for SUUC SAC?
- Possible application for UUA Social Justice award
- Looking ahead — dates and times of following meetings, action items due and likely agenda items

The next meeting of the Social Action Committee is scheduled for Sunday, January 25 (at noon, after church and coffee time as usual).

All SUUC congregants are invited to the Social Action Committee meetings. Check the Social Action blog (<http://suucsocialactions.blogspot.com>) a couple days before each meeting for an updated agenda. Or subscribe to the Social Action Committee's twice-a-month e-Blast emailing. (To subscribe, contact Bob Beekman, [rlbeekman@gmail.com](mailto:rlbeekman@gmail.com)).

## 2015 Plate Shares

During most months of the year, a moment is set aside on one Sunday for recognizing a local non-profit agency, through donation of 75% of that morning's offering. We call these "Plate Share" Sundays.

Annual voting for a new slate of Plate Share recipients will take place at church on consecutive Sundays, January 4 and 11. The ballot will not include organizations recognized during the past two years. Non-profits to be voted on will be a mix of those newly nominated by church members, and some that we have recognized in the past.

—Lew Witham



## Class Reminder

"Compassionate Listening – a Course for Self-Healing," meets in the Sanctuary on the third Wednesdays of these months: February, March, and April, from 7 to 9 p.m. Email Cheryl at [swtchery10@gmail.com](mailto:swtchery10@gmail.com) for more information or just plan on showing up.

To receive the weekly email **Carrie's Commentaries** with insightful reporting on prior Sunday sermons as well as Joys and Sorrows, please email [permitted2shine@gmail.com](mailto:permitted2shine@gmail.com)

To subscribe to the twice-a-month e-mailings of the **SUUC Social Action "e-Blast,"** or just to get information about the Social Action blog and e-Blasts, contact Bob Beekman ([rlbeekman@gmail.com](mailto:rlbeekman@gmail.com)).

## Join a Chalice Circle for Friendship & Discussion

The Second Tuesday Evening Chalice Circle meets in Chrysalis at 7 p.m. each month. There is room for more people—come see what it's all about or call Sue Leisy at 206-313-7721 with any questions.

There is also an Afternoon Chalice Circle which meets second Tuesdays, 1:30-3 p.m. in the Nursery. Please drop by or contact Fran Campbell, 206-417-0663.

# CHURCH NEWS & ACTIVITIES



## We Care!!

Are you going through a tough time in your life when a little help could ease your burden? You are part of our caring community, so don't hesitate to ask for help! Our Care Team is ready to help coordinate support from within the church community, including rides, brief respite care, support for caregivers, light housecleaning, and meals during a crisis—or to help you locate support services outside of church. If you need assistance, leave a confidential message with Laurie in the church office at [office@shorelineuu.org](mailto:office@shorelineuu.org) or 206-363-7994 and she will relay it to the Care Team coordinator. Please allow the Care Team 48-72 hours to reply (72 hrs. for messages left Friday or Saturday). If a more pressing need should arise, please contact Rev. Kate directly.

### January Schedule of Sunday Volunteers

	<b>Greeters:</b>	<b>Ushers:</b>	<b>Coffee Baristas:</b>
<b>January 4:</b>	Shelley Anderson & Nancy Curtis	Paul Borrmann & Homer Henderson	Rick Wilson & Juel Erickson
<b>January 11:</b>	Megan Watson & Andy Landis	Shirley Beresford & Donald Patrick	Bev Hesterberg & ??
<b>January 18:</b>	Barbara Thake & Bernice Ege-Zavala	Jeremy Corvalis & Anne Martin	Tori Manzer & Kathy Reid
<b>January 25:</b>	Sue Leisy & Carolyn Brenner	Christina Horst & Barbara Stilson	?? Here's your chance!



### Shoreline Unitarian Universalist Church

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[northmanwest@earthlink.net](mailto:northmanwest@earthlink.net)

Chris Pollina, Director of Religious Exploration .....(C) 206-240-5500  
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#### *Soundings*

Editor, Layout Artist: Laurie Radin  
 Proofreader: Joyce Van Tuyl

Submission deadline for **Soundings** is usually the 20th of the preceding month by 10 a.m. Include your name with submitted materials. Email articles to [office@shorelineuu.org](mailto:office@shorelineuu.org).

# January 2015

## Friday, January 2

12-2 p.m. .... Appreciating Elderhood, Sanctuary

## Saturday, January 3

9:30 a.m.-1 p.m. .... Women's Circle, Sanctuary

## Sunday, January 4

10:30-11:45 a.m. .... Worship Service, Sanctuary  
12-1:30 p.m. .... Pagan Group Planning Mtg., Conf. Room  
12-1:30 p.m. .... Social Action Comm., Chrysalis

## Tuesday, January 6

7-8:30 p.m. .... Care Team Meeting, Kate's Office

## Wednesday, January 7

6:30-8 p.m. .... Wednesday Potluck, Nursery  
7-8:30 p.m. .... Evening Book Group, Conference Room

## Thursday, January 8

6-7:30 p.m. .... Choir Rehearsal, Sanctuary  
7:45-9 p.m. .... Music Committee, Nursery

## Saturday, January 10

4-7 p.m. .... Chamber Music Group, Sanctuary

## Sunday, January 11

10:30-11:45 a.m. .... Worship Service, Sanctuary

## Tuesday, January 13

1:30-3 p.m. .... Chalice Circle, Nursery  
7-9 p.m. .... Tues. Evening Chalice Circle, East Chrysalis

## Wednesday, January 14

6:30-8 p.m. .... Wednesday Potluck, Nursery  
7-8:30 p.m. .... Welcome Team Meeting, Chrysalis  
7-9 p.m. .... Board Meeting, Conference Room

## Thursday, January 15

6-7:30 p.m. .... Choir Rehearsal, Sanctuary  
6:45-7:45 p.m. .... Photo Club, Conference Room  
7-8:30 p.m. .... Witnessing Whiteness, Sanctuary

## Friday, January 16

10-11:30 a.m. .... Charites Chalice Circle, Udd Residence  
12-2 p.m. .... Appreciating Elderhood, Sanctuary

## Sunday, January 18

10:30-11:45 a.m. .... Worship Service, Sanctuary  
12-2 p.m. .... Monthly Family Potluck, Sanctuary  
12-1:30 p.m. .... Pagan Group Planning Mtg., Conf. Room  
12-1:30 p.m. .... Small Group Conversations, Chrysalis, Youth Portable, Nursery

## Monday, January 19

10:30 a.m. -noon .... Morning Book Group, Nursery

## Tuesday, January 20

10 a.m. .... SOUNDINGS Copy Deadline  
6-8 p.m. .... Food Lifeline Project, Food Lifeline Location

## Wednesday, January 21

6:30-7:30 p.m. .... Wednesday Potluck, Nursery  
7-8:30 p.m. .... Worship Planning Committee, Conf. Room

## Thursday, January 22

6-7:30 p.m. .... Choir Rehearsal, Sanctuary

## Sunday, January 25

10:30-11:45 a.m. .... Worship Service, Sanctuary  
12-1:30 p.m. .... Small Group Conversations, Sanctuary  
12-1:30 p.m. .... Social Action Committee, Chrysalis

## Monday, January 26

6:30-8:30 p.m. .... Family and Friends Support Group, Conf. Room

## Wednesday, January 28

6:30-7:30 p.m. .... Wednesday Potluck, Nursery  
7-9 p.m. .... Pagan Group, Sanctuary

## Thursday, January 29

6-7:30 p.m. .... Choir Rehearsal, Sanctuary  
7-8:30 p.m. .... Witnessing Whiteness, Conference Room



**SHORELINE UNITARIAN  
UNIVERSALIST CHURCH**

14724 First Avenue NE  
Shoreline, WA 98155-6806  
206-363-7994  
Email: office@shorelineuu.org  
Website: www.shorelineuu.org

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Rev. Kate Landis, *Minister*  
Chris Pollina, *Director of Religious Exploration*  
Frederick N. West, *Music Director*  
Laurie Radin, *Church Administrator*

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*Board of Trustees:*  
Karen Thompson, President  
Bill Roach, Vice President  
Paul Borrmann, Vice President-Finance  
Laura Morghon  
Carolyn Threadgill  
Adam Griffith

**Vision:**

*To become a leading voice of liberal religion  
in the Northwest, by continuing to act  
locally, while thinking regionally, national-  
ly, and globally.*

**Mission:**

*SUUC is a caring community that  
celebrates the growth of mind and spirit  
and inspires us to create a more just world.*

**Values:**

*Affirm and promote the UU Principles.  
To grow our human and financial resources  
in service of our mission and vision.*

**SHORELINE UNITARIAN  
UNIVERSALIST CHURCH**

has declared its buildings  
and grounds a  
**Weapons-Free Zone**

SUUC is a UUA-certified  
**Welcoming Congregation.** We  
welcome diversity of ability, age, class,  
culture, ethnicity, gender, race,  
religious and nonreligious backgrounds,  
and sexual orientation.



**OUR CONGREGATION** is a member of the Unitarian Universalist Association

**Soundings**

**Shoreline Unitarian  
Universalist Church**  
14724 First Avenue NE  
Shoreline, WA 98155-6806

