

# Soundings



Newsletter of Shoreline Unitarian Universalist Church

July 2018



## Our Sabbatical Minister

Dear Shoreline Friends,

As your sabbatical minister, I have barely dipped my toes into your church, but what I've found so far is an extraordinarily well-organized system, with outstanding, dedicated leaders and volunteers at every level, as well as a highly caring and competent staff. What a joy it is to be part of your congregation at this time, while Rev. Kate is off taking her well-deserved time away.

And what a refuge this loving congregation is, in these awful times. When we are bombarded with the news of a seemingly unending series of governmental crises and cruelties, the value of a community gathered together to serve a higher purpose cannot be underestimated. Honestly, I don't know how anyone is surviving this era without a community of faith.

I'm available by appointment if you'd like to meet with me one on one for any reason, and I do hope you feel welcome to attend one of my "Drop-In Spiritual Support Group for Being Human" sessions. To be with a small group and talk for an hour about what's in our hearts can be incredibly healing and reassuring. They will be on one Sunday a month after church, and on the following weekdays at 11 a.m.: July 18, August 8, September 12, October 17, November 21.

I'm open to suggestions, as well--please let me if you have an idea you'd like to float past me, or something that needs my attention.

Oh, and PLEASE remember to collect a small amount of water on your summer travels or wherever you are during the hot months. Our water communion service in September will be all the more meaningful if you do this.

In the faith,

*Rev. Amanda Aikman*

Sabbatical Minister

[revamanda@shorelineuu.org](mailto:revamanda@shorelineuu.org)

### July Worship Services--Sundays, 10:30 a.m.

July 1: "Draw the Circle Wide," Catherine Crain, Pulpit Guest

July 8: "The Great Work of Your Life," Rev. Amanda Aikman, Sabbatical Minister

July 15: "Rivers of Life," Lew Witham, Pulpit Guest

July 22: "Hospitality as a Spiritual Expression," Tori Manzer, Pulpit Guest

July 29: "The Kaizen Way," Rev. Amanda Aikman, Sabbatical Minister



## President’s Message

Dear Friends,

I’ve got big shoes to fill, but I’m happy to introduce myself as your new Board President. Having been a member of SUUC for 27 years and served on a variety of committees and on the board itself in the past, I hope these experiences will serve me well as I help serve you for the coming year.

My fellow Board officers are:

Vice President: Catherine Crain

Vice President-Finance: Ryan Dunne

Secretary: Juel Erickson

The other Board members are Dana Doerksen, Bill Hayes, and Homer Henderson.

Each member of the Board has committed to be the liaison between the Board and one or more of our church committees. If you have questions or concerns regarding one of these committees that you’d like the Board to be aware of, please contact the liaison as listed below:

- Aesthetics: Catherine Crain
- Building and Grounds: Bill Hayes
- Congregational Life: Juel Erickson
- Endowment: Ryan Dunne
- Ministry (COM): Homer Henderson
- Music: Catherine Crain
- Neighborhood Groups: Homer Henderson
- Personnel/Staff: Judi Kalitzki
- Rentals: Bill Hayes
- Social Action (SAM): Judi Kalitzki
- Stewardship: Ryan Dunne
- Welcome Team: Juel Erickson
- Worship Planning: Dana Doerksen

As we started planning for Reverend Kate’s sabbatical, I was excited at the opportunity to see how much each of us has to offer our church community. The number of members who will be giving sermons in the next six months is truly exciting and inspirational! And I know that as Chris Pollina looks for RE teachers, as the stewardship campaign kicks off in the fall, as the challenge of designing and planting our new landscape is tackled, and the regular work of keeping this church going continues, we’ll all join together to make sure everything gets done with grace and good spirits.

*Judi Kalitzki*  
President, Board of Trustees

## Director of Religious Exploration



Greetings, all. As I write this, school is wrapping up for the Shoreline School District and I wanted to take a moment to thank everyone who made some of our big intergenerational worship services in the beginning of June. I know that there's a lot going on during this time of year and it is heartening to see so many of you spending your Sunday mornings here at church together. While I know we'll be seeing less of each other over the summer as various events tug us all in different directions, I hope you will try to come on the Sundays when you are around. While the children's program is different during the summer, it's not something I consider as less meaningful or merely "arts and crafts" time-- even when the activities seem as frivolous as making a giant fort or magic tricks, I'm working hard to make sure messages which reinforce the principles of our UU faith are woven throughout each session. We still do need some volunteers for the summer; if you can come down for a couple Sundays this summer and spend some time with the kids and myself, please let me know via email, phone, in person, or just follow this link to the summer RE sign-up page.

I've scheduled a few important events into the schedule for the coming months and want to let you all know about them:

**Sunday, July 29, noon-1:30 p.m.--Religious Exploration Salon**--From Wikipedia: "A salon is a gathering of people under the roof of an inspiring host." I'll try to live up to this descriptor and host a gathering for anyone who is interested in the past, present, and especially the future of our church's RE program. Do you have ideas you'd like to see implemented on Sunday or outside of Sunday? Areas where you feel our RE program may be falling short? A desire to discuss the goals and larger philosophical ideas of RE? Do you just like talking and eating fancy foods with friendly people from our church? Then I hope you will come down for this event. Please let me know if you'd like to attend this event so I can prepare accordingly. And if you can't make it to this one, don't worry; this will be a recurring event.

**Sunday, September 9, noon-1:30 p.m.--Orientation to Religious Exploration**--This is a regularly offered gathering primarily aimed at families who are new to our church in which myself and several congregants talk about the goals and vision for our RE program, the scope of what we offer at various ages, and ways you can encourage your child's spiritual development both inside and outside of our church's walls. Childcare offered, RSVPs greatly appreciated.

**Friday, October 12, 6-8 p.m.--Video Game Party!** After having a chance to vote on ideas which were submitted through the Idea Box, the kids have spoken, and they have said: video games are fun! =) We'll have some different TVs and video games set up in different rooms as well as board games on offer as well as a lot of snacks, or maybe even a dinner if someone would like to spearhead this! I'm not as big on video games as I was when I was 12 so, if you can help make this happen, please let me know!

I also wanted to mention that we're going to be doing things a little differently for K-8th RE classes in the coming year. We've often seen a pretty big drop-off in RE attendance in the month of May which can make for a kind of

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sad ending to the year's classes. This year, instead of trying to fight this trend, I'm going to offer some all-ages programming for the RE days in May with some time to break out into age specific groups and end RE classes at the end of April. Because of this we'll be reducing the number of RE volunteers in each class from six to four, which I'm really excited about because I think it will foster closer relationships between the children/youth and the adults who spend time with them on Sunday mornings as well as easier communication between teaching teams. I look forward to seeing how this plays out in the coming months!

Hope you all have a pleasant, warm summer full of friends, fun, relaxation, and meaningful engagement with our world--it needs a lot of healing and I know all of you have something wonderful to offer!

Chris Pollina

[shorelinedre@gmail.com](mailto:shorelinedre@gmail.com)



## Pastoral Care During Sabbatical

There are many needs that emerge during any week here at the church. Thanks to lots of resources in our congregation the Sabbatical Task Force has created a plan to meet these many varied needs.

Rev. Carmen (photo on the left) and I (Rev. Barbara, on the right) will be doing what we call at the hospital, triage for all pastoral care needs. That means, we'll collect the needs and distribute each one to the place where we have a plan to meet that specific need. Some will go to our Neighborhood Groups (see article from Jo Moore), some to the Lay Pastoral Care Team and some will need a minister to respond. In those cases, Rev. Carmen and I will respond. Each month, the contact person for pastoral care will rotate throughout Rev. Kate's sabbatical. The listing will be printed in the order of service (with our contact info), the newsletter and the weekly email. If you have any questions, you can always contact Laurie in the office (206-363-7994 or [office@shorelineuu.org](mailto:office@shorelineuu.org)) and she will direct the information to the Minister on call.

### Here's the Schedule:

July: Rev. Barbara

Aug.: Rev. Carmen

Sept.: Rev. Barbara

Oct.: Rev. Carmen

Nov.: Rev. Barbara and

Dec. (until 12/15): Rev. Carmen

We're here if you need us!

Rev. Carmen Ten Eyck-McDowell, [rev.carmen.mcdowell@gmail.com](mailto:rev.carmen.mcdowell@gmail.com) or 425-765-9064

Rev. Barbara Cornell, [uubcornell@gmail.com](mailto:uubcornell@gmail.com) or 206-510-5690

## Are You Ready to Branch Out?

SUUC is like a growing tree, spreading its branches. Perhaps you haven't gotten to know the whole tree. Beginning on September 30 you will have an opportunity to explore the various and sundry branches such as these: Appreciating Elderhood, Evening Book Group, Congregational Life Committee, Bridge Group, Greensong, Readers Theater, Worship Planning, Men's Group, and many more.



We're calling this event "Branching Out." Starting on September 30 and several Sundays in October these various branches will be available in the six classrooms in the Davis Building after worship. You can get some coffee and then visit any room that interests you (where there will be eats) and chat with folks who are active in each branch.

**IMPORTANT: If you would like your branch to be among those scheduled in this series, please contact us.** Or perhaps you would like to start a new branch? If so, this is an opportunity to recruit others who are interested. You can speak to any member of the Task Force for Branching Out: Bill King, Juel Erickson, Peggy Williams Scott, Rick Wilson, Krista Tenney. Or you can just email Bill at [bking@western.edu](mailto:bking@western.edu) with the name of a contact person. We need your commitment by July 25 so we can complete our planning. We will provide some guidelines for you.

Are you ready to go out on a limb?

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## "Won't You Be My Neighbor?"

With this year's movie about the beloved "Mister Rogers," we'll be hearing that phrase a lot. And what a better reminder about SUUC's Neighborhood Groups! These are the geographically assigned clusters of members and friends who can assist each other with simple actions (providing a ride, cooking a meal, feeding a pet, etc.) and also just be "neighborly." While we leave the pastoral care and counseling responsibilities to Revs Barbara and Carmen and the pastoral associates, we can do the easier tasks to support our community. And summer is a perfect time for folks to get together to be better acquainted with each other and just have fun before a specific need arises--perhaps a picnic in the park or at church, a pool party, a movie. The recently published SUUC Directory reminds you to which group you belong. If you have an idea for a neighborhood event, or have a need, you can contact your group leader, or me, Jo Moore, [jottingjo@gmail.com](mailto:jottingjo@gmail.com), 206-364-9636.

### Here are the groups:

- group 1: James Lucal, [lucalj@comcast.net](mailto:lucalj@comcast.net), 206-227-3129
- group 2: Nancy Curtis, [nancycurtis7@comcast.net](mailto:nancycurtis7@comcast.net), 206-747-0602
- group 3: ? need to find someone
- group 4: David Metting, [david.metting@gmail.com](mailto:david.metting@gmail.com), 425-628-8940
- group 7: Kate Beck, [katejbeck@gmail.com](mailto:katejbeck@gmail.com), 206-898-7100
- group 8: Anne Martin, [espanne@hotmail.com](mailto:espanne@hotmail.com), 206-363-4035
- group 9: Rick Wilson, [rickwilson7863@msn.com](mailto:rickwilson7863@msn.com), 206-799-3054
- group 10: Adam Griffith, [greyguy3@gmail.com](mailto:greyguy3@gmail.com), 425-791-8629

## Great Lay-led July Sunday Sermons You Will Want to Hear

**July 1** features **Catherine Crain** delivering her sermon, “Draw the Circle Wide” in which she explores how her Mexican host family taught a profound lesson in giving and receiving. This experience occurred some years back and its relevance continues today. Catherine is a “graduate” of Rev. Kate’s recent sermon writing series. Come to hear how ideas and memories are transformed to a meaningful message.

**July 15** has **Lew Witham** delivering his annual summer sermon titled “Rivers of Life.” Lew searches deep within to craft a thought-provoking experience for us. Here is what he says about his 2018 offering: “The sharing of brief personal vignettes will attempt to illuminate the figurative rivers we confront through various stages of life. At earlier stages, we may lack the wisdom to choose our courses and sail them smoothly. Later on, worn vessels though we may be, our better bearings come from an acquired resourcefulness in navigating life’s many tributaries.” Too good to miss!

**July 22** has our own **Tori Manzer** in the pulpit. Another of Rev. Kate’s “graduates,” Tori says she took inspiration from others in the sermon writing series to find this timely topic; “Hospitality as a Spiritual Expression.” Tori summarizes her sermon like this: “Whether we give or receive, hospitality can soften our lives, open our hearts and remind us of what is essential. It’s about tending to others or receiving with gratitude. It’s about sharing, it’s about simple comforts and it’s about the magic that can happen when relaxing with others.” If you are hosting or being hosted this summer, then Tori has words to guide you.

**Reverend Amanda** is also in the pulpit two Sundays; **July 7** and **July 29**.

You will not want to miss the Sundays in July! Come and be in community at SUUC.

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## Community Announcements

### An Amazing Thing Has Happened!

Our Pacific Western Region has gifted our SUUC Mental Health and Recovery Team with the remaining funds of PNWD Addiction Ministry Team. The team went defunct several years ago and the funds have just been sitting in the bank and the Region decided that was not a good use of the money. The check has arrived, and the amount is \$1679.67. There are many possible ways to respond to this generous gift to our program. This is the topic for our discussion July 23, 2018 from 8:15 to 9:15 p.m. (after our July Friends and Family meeting) in the church conference room. It is not our expectation that we’ll make any decisions right away. What we need is to gather together with others who care about this ministry to do some reflecting on this windfall. All who are willing to engage in a reflection on the best use of these funds are welcome to attend. If you have any questions or comments, please contact Rev. Barbara Cornell [uubcornell@gmail.com](mailto:uubcornell@gmail.com) or Chris Poole 206-542-9271.

## The Women's Group Will Meet Saturday, July 7, 10 a.m.-noon in Threadgill Hall

The subject is "your favorite places," presented by Cynthia Bagley. We are a welcoming congregation; this is a group for women of all ages and for those who identify as female. Contact Deva Powell at [devaroo@gmail.com](mailto:devaroo@gmail.com) or Marguerite Chin at [divaroy@comcast.net](mailto:divaroy@comcast.net).

## Under-Used Resource?

Our church has a library of nearly 300 volumes. Imagine the possibilities for individual members, and for our various programs, from the resources of an up-to-date library. A work group to consider best uses for the church library is being headed up by choir member Chas Talbot, with the assistance of our Administrator, Laurie Radin, who is the de facto librarian.

If you'd like to participate, email or phone Chas: [chas5@earthlink.net](mailto:chas5@earthlink.net) or 206-310-4873.



## GreenSong invites you to join our celebration of the mid-summer holiday Lammas, also known as Lughnasad, on Sunday, July 29, at 6 p.m.

Note that this is a time change from our usual events. The first of the pagan harvest festivals, Lammas is a time to gather with loved ones, celebrate the arrival of the grain crops, and engage in friendly competitions. According to lore, this holiday is the origin of county fairs and highland games. Families are welcome and there will be child-friendly games and activities planned. Light refreshments will be provided, and guests are encouraged to share a song, story, or game as part of our celebration. Blessed Be!

## Dear Baristas: "Many Hands Make Light Work"

Serving coffee in the new Davis Building has been fun! This summer, we are dividing the barista position into two shifts:

- Before church (9:30-10:25), 1-2 baristas will brew and serve coffee.
- After church (11:35-12:30), 2 baristas will serve coffee, start the dishwasher, deposit the coffee money, lock the Davis Building, and feel free to leave the rest of the cleanup for me (Carrie).

Thank you in advance for claiming shifts: before church only, after church only, or both times! Please sign up at <http://tinyurl.com/suuc-coffee/> or contact Carrie Cameron at [permitted2shine@gmail.com](mailto:permitted2shine@gmail.com) or 425-773-1776.



## Shoreline UU Men's Group

The Men's Group will meet for breakfast at the Wedgwood Broiler, 8230 35th Ave NE, on Saturday, July 21, 9-11 a.m. All SUUC men are welcome at our monthly breakfast meetings on the third Saturday of each month. For information contact Dick Volkman, [richard.volkman@att.net](mailto:richard.volkman@att.net), 206-281-7944.



## SUUC Evening Book Group Meeting July 5 “The owl of Minerva flies at dusk.”

The Evening Book Group (aka “The Owls of Minerva”) will meet on Thursday, July 5, from 7 to 8:30 p.m. in Threadgill Hall, the social hall of our new Davis Building. (We normally meet the first Wednesday of each month, but that’s a holiday this month.) The book under discussion was suggested by Barbara King: *Born a Crime: Stories from a South African Childhood* by Trevor Noah.

Looking ahead, the book for our August 1 meeting will be *The Undoing Project* by Michael Lewis, discussion to be led by Paul Borrmann.

Anyone is welcome to join our monthly book group discussions--even if you haven’t finished reading the book for that month! More information needed? Contact Bob, 206-527-7340, [rlbeekman@gmail.com](mailto:rlbeekman@gmail.com).

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## Social Action Ministry



### Upset about our government’s treatment of immigrant families?

**Messages:** You can send your message of protest and opposition. Here (<https://www.usa.gov/elected-officials>) is the web page where you start your look for contact information for elected U.S. officials, including President Donald Trump, House Speaker Paul Ryan, Senate Majority Leader Mitch McConnell, Senators Patty Murray and Maria Cantwell, and your own Representative. (If you don’t know who is your Representative in Congress, use this web page <http://app.leg.wa.gov/DistrictFinder/>. Be sure to click on “Congressional” for the “Type of District.”). Here is the link to the web page for getting contact information for the Justice Dept. (Attorney-General Jeff Sessions): <https://www.justice.gov/contact-us>. And here is the link to the web page for getting contact information for the Dept. of Homeland Security. (Secretary Kirstjen Nielsen): <https://www.dhs.gov/direct-contact-information>

**June 30 Demonstrations:** The local gathering for the nationwide Saturday, June 30 demonstrations will be outside the SeaTac Detention Center, 2425 S. 200th St., Seattle, WA 98198. About 140 adult immigrants, separated from their children at the border, are incarcerated there. Some information sources on this event says it will start at 10 a.m.; others say 11 a.m. I suggest arriving well before 11 a.m. Also, keep checking the info on the MoveOn website (<https://act.moveon.org/event/families-belong-together/19992/signup/?source=&s=>).

**On-going news and opportunities:** Locally NWIRP is the continuing resource for news and for opportunities to act personally and also to donate (<https://www.nwirp.org> and particularly <https://www.nwirp.org/updates-and-frequently-asked-questions-regarding-asylum-seekers-detained-at-the-federal-detention-center-in-seatac/>). The UUA is soliciting money donations for the RAICES Family Reunification and Bond fund (<https://www.uua.org/pressroom/press-releases/unitarian-universalist-association-condemns-family-separation-us/mexico>). And the ACLU is also in the fight (<https://www.aclu.org>).

## Social Action Ministry Planning Meeting July 14

SUUC members who want to support our church's Social Action Ministry (SAM) are invited to meet on Saturday, July 14, from 9:30 to 11 a.m. in Threadgill Hall, the social hall of our new Davis Building. We will be discussing plans for SAM participation in the church's "activity fair" in September and other ways to raise the awareness of this vital ministry and to recruit new participants. We will also address the crisis with the separation of families at the border, the Poor People's Campaign, financial and volunteer support for various partnerships (Shoreline Community Dinners at Ronald United Methodist Church, Sno-King Meaningful Movies at the Edmonds UUC, NWuuJN, WA UU Voices for Justice, Faith Action Network of Washington) and planning for fall activities and projects. People with other concerns or project proposals are encouraged to attend.



## July Meaningful Movie: "A Plastic Ocean"

Sno-King Meaningful Movies' July film is a powerful documentary. It begins gently with the search for the great blue whales in the Indian Ocean--only to find plastic floating in their waters. This leads to a quest for other places and other researchers around the world showing the impact of plastics on numerous



places on land and sea. Many people know something about this topic from other sources, but this film gets into how microplastics get into small fish and then work up the food chain to us. Plus, they absorb toxins which are then absorbed by the fish and those then move up the chain to us. The film ends with some positive steps being taken to reuse plastics but stresses the urgent need to stop the production of single use plastics. Its length makes it a great opportunity to have a serious discussion of the dangers posed by the massive production of single use plastics with our special guests who are both working on this issue.

Dr. Kriss Kevorkian is a thanatologist, deaducator, climate leader, writer, and international speaker on issues of end-of-life care, environmental grief and ecological grief. Jeni Woock is a Gig Harbor council member who is working on this issue.

**When?** Saturday, July 14 at 7 p.m. Doors open at 6:30 for refreshments and conversation.

**Where?** Edmonds Unitarian Universalist Congregation, 8109 224 Street

## July Sunday Volunteers

### July 1:

Greeters: Xander Leishman and Jacqueline Lamont  
Ushers: Ryan and Zoey Dunne  
Barista: Earl Davis  
AV Tech: Ben Tompkins

### July 8:

Greeters: Marguerite Chin and Barbara Stilson  
Ushers: Jennifer Merrill and Robert Plaag  
AV Tech: Eric Scott  
Video: Rich Clark

### July 15:

Greeters: Earl Davis and Betsy Heiland  
Ushers: Homer Henderson and Belle Moore  
AV Tech: Eric Scott  
Video: Rich Clark

### July 22:

Greeters: Carolyn Brenner and Bronte Anderson  
Ushers: Dianne Carreri and Homer Henderson  
Video: Jerald Forster

### July 29:

Greeters: Jessie Strauss and Myrtle Bishop  
Ushers: Paul Borrmann and Anne Martin  
Video: Jerald Forster

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## Shoreline Unitarian Universalist Church

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### 2018 Board of Trustees:

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Juel Erickson, Secretary; Dana Doerksen; Bill Hayes; Homer Henderson,

Rev. Kate Landis, Minister

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Rev. Amanda Aikman, Sabbatical Minister .

[revaikman@gmail.com](mailto:revaikman@gmail.com)

Rev. Barbara Cornell, Affiliated Community Minister (C)

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Rev. Carmen TenEyck-McDowell, Affiliated Community Minister (C) 425-765-9064

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Chris Pollina, Director of Religious Exploration

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Laurie Radin, Church Administrator

(W) 206-363-7994 [office@shorelineuu.org](mailto:office@shorelineuu.org)

# July Calendar of Church Events

## Sunday, July 1

10:30-11:30 a.m. Worship Service, Sanctuary  
11:30 a.m.-1 p.m. Reader's Theater Meeting, Emerson  
12-1:30 p.m. SUUC Atheists, Conference Room

## Tuesday, July 2

7-9 p.m. Board Meeting, Conference Room

## Thursday, July 5

7-8:30 p.m. Evening Book Group, Threadgill Hall  
7:45-9 p.m. Music Committee, Sanctuary

## Friday, July 6

12-1:30 p.m. Appreciating Elderhood, Sanctuary  
7-10 p.m. Bridge Group, Brown Room

## Saturday, July 7

10 a.m.-12:30 p.m. Women's Group, Threadgill Hall  
5-7 p.m. Weekly Game Night, Conference Room

## Sunday, July 8

10:30-11:30 a.m. Worship Service, Sanctuary  
12-1 p.m. Amanda's Drop-In Group, Emerson Room

## Wednesday, July 11

7-8:30 p.m. Welcome Team, Conference Room

## Saturday, July 14

9:30-11 a.m. Social Action Ministry, Threadgill Hall  
5-7 p.m. Weekly Game Night, Conf. Room

## Sunday, July 15

10:30-11:30 a.m. Worship Service, Sanctuary

## Wednesday, July 18

11 a.m.-12 p.m. Amanda's Drop In Group, Emerson Room  
7-9 p.m. Worship Planning Meeting, Conference Room  
7-10 p.m. Bridge Group, Threadgill Hall

## Friday, July 20

10-11:30 a.m. Charites Chalice Circle, King Residence  
12-1:30 p.m. Appreciating Elderhood, Sanctuary

## Saturday, July 21

9-11 a.m. Men's Group, Wedgwood Broiler  
5-7 p.m. Weekly Game Night, Conference Room

## Sunday, July 22

10:30-11:30 a.m. Worship Service, Sanctuary  
11:30 a.m.-1 p.m. GreenSong Brown Bag Lunch, Conf. Rm.

## Monday, July 23

6:30-8:30 p.m. Family & Friends Support Group, Conf. Rm.

## Saturday, July 28

5-7 p.m. Weekly Game Night, Conference Room

## Sunday, July 29

10:30-11:30 a.m. Worship Service, Sanctuary  
12-2 p.m. RE Salon/Kid's Council, Emerson or Sanctuary  
6:30-9 p.m. GreenSong Gathering: Lammas, Sanctuary

## Monday, July 30

6-8 p.m. Pastoral Care Associates, Brown Room

